



Continuing Medical Education
Yale CME

Pulmonary, Critical Care and Sleep Medicine Grand Rounds

Presented by: Department of Internal Medicine, Section of Pulmonary, Critical Care and Sleep Medicine

Challenges of Diagnosis and Treatment of OSA in Pregnancy

12/15/2021 3:00 PM – 4:00 PM EST | Online

Obstructive Sleep Apnea (OSA) is a common yet under recognized condition in pregnancy. The prevalence of OSA can be as high as 19%, one in five, pregnant patients yet few are evaluated and treated for this condition. The usual screening questionnaires for OSA have poor predictive value in pregnancy and providers are predominantly Obstetricians who may not know to look for it. Diagnosis and treatment of OSA in pregnancy is critically important as those who go untreated are at higher risk of hypertension, pre-eclampsia and gestational diabetes. This lecture will review the challenges in screening, diagnosis and treatment of OSA in pregnancy and highlight areas for improvement.



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Host: Klar Yaggi, MD

Program Goal:

1. The audience will know what screening questionnaires are better to identify pregnant patients at risk for OSA
2. The audience will learn the consequences of leaving OSA untreated in pregnancy
3. The audience will know how to treat OSA in pregnancy.

Target Audience: Critical Care Medicine, Sleep Medicine, Pulmonology Medicine

Financial Disclosure Information:

Richard Matthay, MD, Course Director for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

Deborah Lovejoy, coordinator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

Klar Yaggi, MD, moderator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

Carolyn D'Ambrosio, MD, faculty for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

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