New Haven Neighborhood Guide

Class of 2019,

★ = YNHH/YPH/CMHC

★ = St. Raphael's Campus

= West Haven VA

Hello and welcome to New Haven! Starting residency is an exciting time, but the moving process can be stressful – particularly if you're new to the area. To help ease this transition, we've put together a New Haven guide complete with neighborhood descriptions (courtesy of Ryan Blum, PGY-3), current residents' apartment buildings, approximate cost of a one-bedroom in that building, and resident contacts if you have any questions. Hopefully this provides a good starting point as you begin your search for housing. Again, welcome and we can't wait to see you in June!

-Yale PRA Amity New hallville Quinnipiac Prospect Beaver Hills Meadows Hill East Rock Westville Dixwell Edgewood **Dwight** Fair Haven Downtown Vest River Fair Haven Wooster Sq/ Heights Mill River Hill Long Wharf Annex ast Shore

Downtown New Haven



Plusses include proximity to three of our four main hospital sites (YPH, YNHH, and CMHC), as well as all of Yale and food/culture/etc. More city-style apartment complexes without many outdoor features. Rent can vary from a bit more to a lot more compared with some of these other places, but you are steps from the hospitals, from dining and theater, music venues, and so on. Look especially between State St. and Howe St., N. Frontage to Chapel.

Apartments:

38 Crown Street, New Haven, CT 06510

Website: http://pmcpropertygroup.com/properties/38-crown-street

Pros: -walking distance to work, bars/restaurants, and the local organic grocery store (Elm City)

- -quieter than being right on the Green
- -laundry in-unit
- -impressive building maintenance staff for any issues that come up
- -10 minute walk to 300 George St., 12 minute walk to YPH, 15 minute walk to YNHH

Cons: -area of downtown that used to be less nice and is now undergoing a lot of development

Cost of a 1-bedroom: \$1475

Contacts: -JP De Aquino Lima, PGY-1, joao.deaquinolima@yale.edu

-Katie Klingensmith, PGY-3, katherine.klingensmith@yale.edu

900 Chapel Street, New Haven, CT 06510

Website: http://pmcpropertygroup.com/properties/residence-court

Pros: -location right on the New Haven Green

- -lots of restaurants and bars nearby (with Chipotle in the building!)
- -doorman to hold packages
- -gym in building (New Haven Fitness), \$43/month with free yoga classes
- -apartments have their own balcony/deck

Cons: -noisier due to its central location downtown

-maze to get to your apartment

-parking is extra

Cost of a 1-bedroom: \$1425

Contacts: -Brian Frankel, PGY-3, brian.frankel@yale.edu

360 State Street, New Haven, CT 06510

Website: http://www.360statestreet.com/

Pros: -amenities include a 6th floor lawn, pool, library, gym, and theater (Psych & Cinema!)

- -local organic grocery store (Elm City Market) on the bottom floor
- -free bike storage and Zipcars available
- -covered parking on the first few floors for an additional fee (~\$120/month)
- -concierge service, which is nice for packages when you live downtown
- -in-unit washer and dryer

Cons: -apartments are very small with limited closet space

- -overpriced (starting at \$1300/\$1400 for a studio) but with tons of amenities
- -not the nicest neighborhood, but still walking distance to work

Cost of a 1-bedroom: \$1900

Contacts: -Yasmeen Abdul-Karim, PGY-1, yasmeen.abdul-karim@yale.edu

- -Youngsun Cho, PGY-2, youngsun.cho@yale.edu
- -Isaiah Chase, PGY-4, Isaiah.chase@yale.edu

The Eli, 227 Church Street, New Haven, CT 06510

Website: http://www.theeli227.com/

Pros: -beautiful building

- -well-maintained facilities
- -central location on the northeast corner of the Green
- -great amenities with a gym and roof deck

Cons: -pricey, almost as much as 360 State Street

- -parking is expensive, outdoor, and very tight lot
- -not recommended for someone with a nice car
- -seriously limited availability- the building is almost always full

Cost of a 1-bedroom: Similar to 360 State Street, but more room

Contacts: -Rachel Katz, PGY-2, Rachel.katz@yale.edu

-Noah Capurso, PGY-4, noah.capurso@yale.edu

Madison Towers, 111 Park Street, New Haven, CT 06511

Website: http://newhaventowers.com/

Pros: -just 2 blocks from YNHH, 7min walk to YPH, and a 15-20min walk to Yale Health Plan

- -hardwood floors and high ceilings
- -management is very responsive get anything fixed within a few hours

Cons: -it does get noisy with construction and garbage collection

-more "dorm-style" living with many residents and med students living here

Cost of a 1-bedroom: \$1295

Contacts: Anna Fiskin, PGY-4, anna.fiskin@yale.edu

Chapel West



The area noted as "Dwight" in the above map, this area is in close proximity to St. Raphael's Campus, about a 10-minute walk to YNHH and CMHC, and a 15-minute walk to YPH. Closer to the Yale campus with plenty of grad students and fun restaurants including Miya's Sushi (sake bombs!), Mamoun's Falafel and Rudy's. New shopping area on Broadway complete with J.Crew, Urban Outfitters, the Apple Store, and the Yale Bookstore. Also walking distance to Yale Art Gallery, Yale Repertory Theater, and Yale School of Drama.

Apartments:

2-8 Lynwood Place, New Haven, CT 06511

Website: http://www.apartments4yale.com/

Pros: -very central location with close proximity to St. Raphael's, YNHH, and YPH

- -hardwood floors in a well-maintained 1920's brick building
- -extremely responsible and available landlord
- -quiet building as only grad students or those affiliated with Yale reside here
- -2 blocks from Payne Whitney Gymnasium (Yale Gym)

Cons: -can get sketchy west of Howe Street

-no elevator, no doorman

Cost of a 1-bedroom: \$1290

Contacts: Neil Bruce, PGY-2, neil.bruce@yale.edu

1214 Chapel Street, New Haven, CT 06511

Website: http://www.apartments4yale.com/

Pros: -across the street from Rudy's (best fries and dipping sauce in town!)

-same landlord as 8 Lynwood Place, very responsible

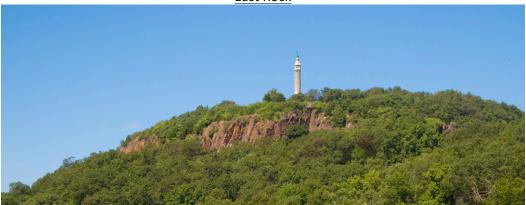
-mostly grad students (Yale Law, School of Drama)

Cons: -Chapel Street can be busy and noisy

-Howe Street can get sketchy at night

Cost of a 1-bedroom: -similar to 2-8 Lynwood place

East Rock



A couple miles northeast of downtown, still walking distance (25-45 minutes) from the main hospitals. The plusses include amazing Yale shuttle transportation and all-night (yes, all-night!) cars covering the shuttle territory; a lovely neighborhood feel with cafes, markets, parks, etc.; and proximity to East Rock Park (great running, strolling, bird watching, and playground time if you have kids) and other parks and schools nearby. Great for the young, single, hitched and parentalized alike. Housing is typically 2-3 family houses but there are a few choice complexes as well. Prices vary widely, depending on the upkeep of apartments. Look especially from St. Ronan to Foster, Cold Spring to Edwards, but also consider places a bit off the map, as the area is growing rapidly. You can walk, bike (10-15 min), drive (10 min or less) or shuttle (20 min) to work, including the VA (add 20 min on shuttle or 15 min on bike).

Residents who live or recently lived here:

- -Chad Lane, PGY-1, chadrick.lane@yale.edu
- -Roberto Montenegro, PGY-2, Roberto.montenegro@yale.edu
- -Al Powers, PGY-3, albert.powers@yale.edu
- -Ryan Blum, PGY-3, ryan.blum@yale.edu
- -Gerrit Van Schalkwyk, PGY-3, gerrit.vanschalkwyk@yale.edu



East of downtown with a city neighborhood feel, Wooster Square is New Haven's "Little Italy" with great pizza (Pepe's vs. Sally's) and the best farmer's market in town. Brownstones and multifamily houses. Short commute to downtown with the Red Line shuttle stopping through. Awesome place to be a bike commuter. Great area to own a dog complete with a new dog park, doggy daycare, and many dog owners walking their pups in Wooster Square Park. The annual Cherry Blossom Festival held every April is truly a sight to see!

Apartments:

Strouse Adler ("The Smoothie Building"), 78 Olive Street, New Haven CT 06510

Website: http://pmcpropertygroup.com/properties/strouse-adler Pros: -good location on the edge of Downtown and Wooster Square

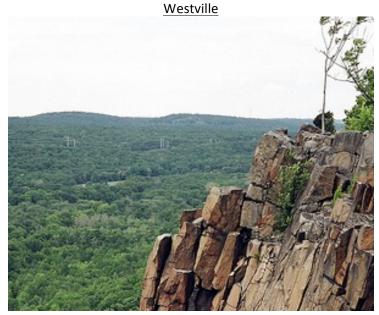
- -great social environment
- -gym in building
- -recreation room with pool table, ping pong, and foosball
- -close proximity to train station (for trips to New York and Boston)
- -fun modern industrial feel
- -pet friendly
- -across the street from Elm City

Cons: -thin walls so noise travels Price of a 1-bedroom: \$1295

Contacts: Stephanie Yarnell, PGY-2, stephanie.yarnell@yale.edu

Other residents who live in Wooster Square:

- -Leisel Martin-Brown, PGY-1, leisel.martin@yale.edu
- -Brandon Kitay, PGY-1, <u>Brandon.kitay@yale.edu</u>
- -Kali Cyrus, PGY-2, kali.cyrus@yale.edu
- -Ayana Jordan, PGY-4, ayana.jordan@yale.edu



A bit further than Wooster square but in the other direction (i.e. West). More neighborhoody and less urban feeling than Wooster Square, Westville has a growing number of cute shops and eateries including some killer brunch spots like Bella's and Lena's. Pluses include cheap rent; easy access to both Edgewood Park and West Rock Ridge Park (pictured above); and biking distance to YNHH, the VA, and St. Raphael's Campus. Great place to buy a single or 2-family house if you're into that kind of thing!

Apartments:

Westville Village Apartments, 400 Blake Street, New Haven, CT 06515

Website: https://www.eaglerockmanagement.com/apartments/connecticut/new-

haven/westville-village-apartments-06515

Pros: -gated community

-covered parking -fitness center

-in-house washer and dryer

-pet-friendly

Cons: -can hear neighbors sometimes

Price of a 1-bedroom: \$1200

Contacts: Tammi-Marie Phillip, PGY-2, tammi-marie.phillip@yale.edu

Other residents who live in Westville:

-Jordan Sloshower, PGY-1, Jordan.sloshower@yale.edu

-Emeric Bojarski, PGY-2, emeric.bojarski@yale.edu

-Zack Engler, PGY-2, Zachary.engler@yale.edu

Hamden



The town directly north of New Haven, just past East Rock. The first neighborhood is called Whitneyville and the second Spring Glen and both are awesome. Single family houses, quiet streets, a few shops on Whitney, but mostly a suburban setting full of Yale folks mixed with natives. Tons of residents and faculty in the area. Outside of East Rock, Spring Glen has the area's most stable housing prices, and a decent elementary school. Very easy to bike commute from Hamden to YNHH.

Apartments:

Town Walk, 100 Town Walk Drive, Hamden, CT 06518

Website: http://www.townwalkhamden.com/

-two-heated swimming pools, fitness center, tennis court, indoor basketball court Pros:

-very responsible maintenance staff

-more space for similar rents in New Haven

-covered parking available

-no full-time undergrads

Cons: -20-25 minute drive to work

Price of a 1-bedroom: \$1049

Contacts: Beth Grunschel, Substance Abuse Fellow, beth.grunschel@yale.edu

Residents who live in Hamden:

- -Katrina Furey, PGY-1, Katrina.furey@yale.edu
- -Phelan Maruca-Sullivan, PGY-2, phelan.maruca@yale.edu
- -Ryan Blum, PGY-3, ryan.blum@yale.edu
- -Shelley Amen, PGY-3, shelley.amen@yale.edu
- -Sam Wilkinson, PGY-3, samuel.wilkinson@yale.edu



Multiple residents live in cities between New Haven and New York, allowing for their partners to commute to NYC. Current residents live in Stamford (Rob Feeley, PGY-3, Robert.feeley@yale.edu), Fairfield (Marilise Hyacinth, PGY-3, marilise.hyacinth@yale.edu), Westport (Pochu Ho, PGY-4, pochu.ho@yale.edu), and Darien (Paola Ayora, PGY-2, paola.ayora@yale.edu). Pricing can vary, and generally goes up as you get closer to the city. Commuting from these cities to New Haven is actually not so bad as you are going opposite of the rush to NYC. Also, Metro North trains run through each city every 30 minutes if you are driving-averse.

Other Useful Websites:

Trumbull Enterprises - http://trumbullenterprises.com

Craigslist -www.craigslist.com

Yale Off-Campus Housing - http://offcampushousing.yale.edu/Login.aspx