

August 2023



*Featuring department updates, news you can use, community spotlights, events, and more from the Yale Child Study Center.*

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## Chair's Message



*I do hope you have all found time to enjoy these summer months. Though it is a historically quieter time in academia, as you'll see through the features in this month's newsletter, it has been a busy summer here at the center.*

*Among other good news to share, a new Viola Bernard Fellowship was announced in June. Led by Tara Davila, the focus is on social justice and health equity in clinical training programs – and three wonderful trainees have already stepped into this new role.*

*I am also pleased to share the latest informational webinar recorded last month, on eating disorder prevalence and care, as well as a new leadership lecture series planned for launch this Fall – and more.*

*I look forward to the start of another academic year, grateful as always to be working with and supported by such a vibrant, caring community.*

Linda Mayes, MD

*Arnold Gesell Professor of Child Psychiatry, Pediatrics, and Psychology; Chair, Yale Child Study Center*

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## Departmental News & Updates

### Integrated Business Operations & Administration Staff Spotlight Series Yale Department of Psychiatry & Child Study Center



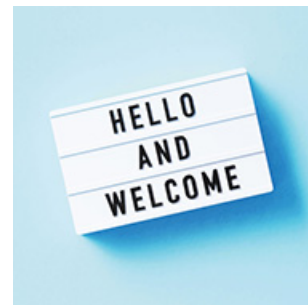
In the latest Q&A of a spotlight series launched in February to feature integrated business operations (IBO) staff at the YCSC and Department of Psychiatry, **meet Zsofia Leranth-Nagy**. She's been at Yale for 18 years, and transitioned from the Department of OBGYN to the YCSC in 2008. A world traveler outside of work, she's also very proud of her three daughters, ages 19, 16, and 11.

[Read the Q&A](#)

## Welcoming New Community Members

A warm welcome goes out again this month, to a few of the newest YCSC community members: **Hailing Ding**, **Prathyusha Gowri Srinivasan**, and **Bridget Walicki**. Read their bios to learn more about them, and look for more new faces to welcome in September!

[Learn More](#)



## Announcing Inaugural Viola Bernard Fellows



A new fellowship has been developed for existing clinical fellows, focused on social justice and health equity in clinical training. Congratulations to the three inaugural fellows, **Saja Almusawi**, **Amanda Calhoun**, and **Christian Edwards**!

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## More Good News



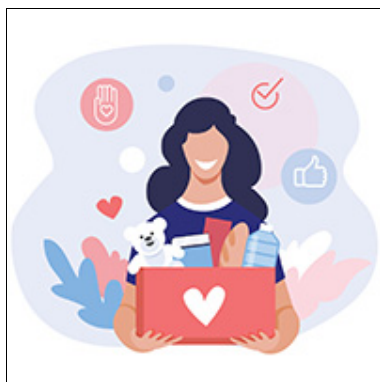
Fall 2023 Grand Rounds speakers announced

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Four open pediatric psychology positions

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Someone Cares Closet: Offering free personal care products for families

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Webinar Series: The Power and Potential of Youth Advocacy to Build Peace

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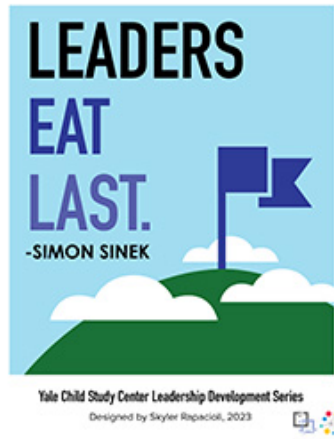
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## News You Can Use

## On Daring Leadership and a New Lecture Series



In the latest “On Leadership” blog post, Assistant Professor Daryn David reflects on “A Conversation on Daring Leadership” held virtually by Tara Davila with Brené Brown in July. A new quarterly Grand Round series, “Exploring and Enhancing Leadership in the Academy” is also announced. The lecture series will showcase individuals at YSM and beyond who are committed to leadership as a form of service.

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Eating disorder prevalence and care: new informational webinar

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Biological factors modulate eating disorder risk in early adolescents

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Yale scientists reveal two paths to autism in the developing brain

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Social emotional learning produces significant benefits for students

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Playbl helps market behavioral change video games to teens

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Grief-sensitive training & resources for health care professionals

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## Upcoming Events

### Mindfulness Meditation

Mondays & Thursdays 7:00-8:00 p.m

Sponsored by New Haven Insight, this is an open, non-denominational meditation group that provides an opportunity for mindfulness practice in-person (in the Cohen Auditorium at 230 South Frontage Road) and [via Zoom](#) on Mondays and Thursdays, year-round. The mindfulness meditation practices include mindfulness of breath, body scan, open awareness, and metta/loving-kindness meditation. Contact [Suman Baddam, MD](#) with questions or for more information.

### [YCSC Grand Rounds](#)

Tuesdays 1:00-2:00 p.m

**September 12, 2023**

Linda Mayes, MD

*Chair, Yale Child Study Center*

**September 19, 2023**

Evdokia Anagnostou, MD

*Vice President of Research and Director of the Bloorview Research Institute*

*Child Neurologist*

*Canada Research Chair in Translational Therapeutics in Autism (Tier II)*

*Dr. Stuart D. Sims Chair in Autism*

**October 3, 2023**

Edith Chen, MD

*John D. and Catherine T. MacArthur Professor*

**October 17, 2023**

Javeed Sukhera, MD, PhD, FRCPC

Chair of Psychiatry

IOL and Hartford Hospital

[Register in Zoom](#)

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## In the Media



New Haven Register: *Yale doctor: Body cameras could address medical racism concerns*

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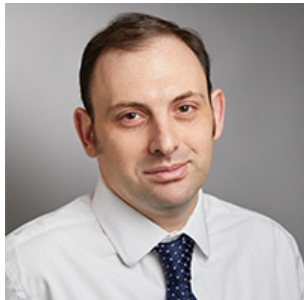
Forbes: *The 5 Fastest Ways To Access Resilience In Difficult Times*

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U.S. News & World Report: *Brain 'Organoid' Study Hints at the Origins of Autism*

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CNN: *Nothing worked for her teenage son's depression, until his doctor suggested ketamine*

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EdSurge: *As Schools Turn to Tech for Mental Health Support, the Best Solution Might Be More Analog*

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CT Public Radio: *New mental health care models in Connecticut offer ER alternative to children in crisis*

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# Job Opportunities



A variety of opportunities for talented individuals seeking to improve the lives of children and families through research, service, and training are currently open at the YCSC Several excellent [benefits and rewards packages](#) are offered for faculty and staff.

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## Recent Publication Reports



May 2023  
Publications

[View Report](#)

June 2023  
Publications

[View Report](#)

July 2023  
Publications

[View Report](#)

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## Giving to the YCSC



The groundbreaking work of the YCSC would not be possible without the gifts and grants that support our research, clinical care, and educational missions. YCSC donors are essential in helping us to serve children and families in need of care. For more information about planned giving, or how to [make a gift](#), please contact Zsuzsanna Somogyi at 203-436-8559 or at [zsuzsanna.somogyi@yale.edu](mailto:zsuzsanna.somogyi@yale.edu). Thank you!

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