



Continuing Medical Education  
Yale CME

Presented by: **Obstetrics, Gynecology and Reproductive Sciences**

Weekly Grand Rounds Series (Live Activity and Virtual)

**Texting code for this session: 28599**

## OB/GYN Grand Rounds **The Biology of Human Milk**



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**Department of Pediatrics**  
*Yale School of Medicine*

**December 9, 2021**  
**4:00-5:00PM • Virtual**

ZOOM LOGIN



**Needs:**

Breastfeeding rates in the United States remains below the Healthy People 2030 goal. Additionally, significant racial and socioeconomic disparity persists. To respond to the need to increase breastfeeding rates and to end disparities in lactation, education in human milk biology and identification of methods to improve breastfeeding rates are needed.

**Program Goals:**

1. Identify human milk bioactives and how they relate to maternal and infant health outcomes.
2. Determine disparities in human milk feedings and methods to reduce disparities.
3. Identify evidence-based methods to assist mothers in achieving their infant feeding goal.

**Target Audience: Ob/Gyn**

**Financial Disclosure Information:**

Sarah N. Taylor, MD, MSCR, faculty for this educational activity, was a consultant for Vermont Oxford Network and invited speaker for Astarte Therapeutics  
**Accreditation Statement:** *Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.*

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**For questions, email [amy.chmiel@yale.edu](mailto:amy.chmiel@yale.edu).**