



JULY SEMINAR NOTICE

Presented by

Yale School of Medicine's, Department of Therapeutic Radiology

“Coping with Compassion Fatigue”

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Department of Social Work, Yale New Haven Hospital**

**Date: Thursday, July 16, 2020, 9:00AM
Location: Zoom Meeting**

Course Director/Host: Henry S. Park, MD, MPH

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending Physicians; Housestaff/Fellows; Medical Students; Nurses; PA's; Other

NEEDS ASSESSMENT

Compassion fatigue impacts medical providers' own health and emotional well-being as well as their ability to provide high quality of care for patients. Providers can learn to recognize signs and symptoms of compassion fatigue, and ways to prevent it.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

1. Define compassion fatigue (aka, vicarious trauma) and it's physical, emotional and cognitive impact on medical caregivers.
2. Recognize symptoms of compassion fatigue.
3. Utilize tools as: “Professional Quality of Life (ProQol)”, “Life Stress” and “Empath” to measure participants' compassion fatigue level and the “PsyCap” to measure characteristics that could reduce compassion fatigue such as self-efficacy, resilience, hope and optimism.
4. Discuss research related to compassion fatigue.
5. Learn coping strategies to prevent compassion fatigue.
6. Discuss Covid-19 as an example of a stressor that could lead to compassion fatigue.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Mary Strauss, LCSW, OSW-C - None; Jennifer Cohen, LCSW- None; Henry S. Park, MD, MPH – RadOncQuestions, LLC, Honorarium-Editor

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