

Date: _____

Study ID: _____

1. YOUR DRINKING

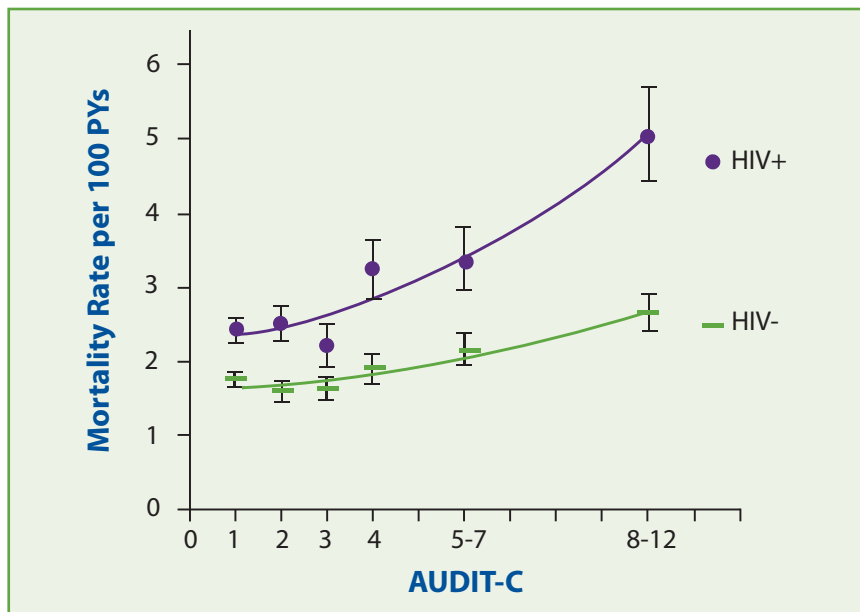
Number of standard “drinks” per week: _____ drinks

Total number of heavy drinking days over the past 3 weeks: _____ days

This means that you drink more than _____% of men/women in your age bracket

Recent alcohol consumption: AUDIT-C Score _____

The lower your score, the lower your likelihood of mortality.



2. BLOOD TESTS

Liver related Health Status

AST: _____

Normal range: 10-42 IU/L

ALT: _____

Normal range: 7-55 IU/L

Hepatitis C Serology: positive/negative

Normal: negative

Hepatitis C Viral Load: _____

Normal: undetectable

FIB-4 Score: _____

Normal <1.45

HIV Health Status

CD4 Count: _____

Normal: 500-1,000 cells/mm³

HIV-1 Viral Load: _____

Goal: undetectable

Overall Health Status

VACS Index: _____

Range: 0-100 (lower is better)