PQ-B Rachel Loewy, PhD and Tyrone D. Cannon, PhD ©University of California May 2010

Please indicate whether you have had the following thoughts, feelings and experiences in the past month by checking "yes" or "no" for each item. Do not include experiences that occur only while under the influence of alcohol, drugs or medications that were not prescribed to you. If you answer "YES" to an item, also indicate how distressing that experience has been for you.

1. Do familiar surroundings sometimes seem strange, confusing, threatening or unreal to you?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

Have you heard unusual sounds like banging, clicking, hissing, clapping or ringing in your ears?
 YES INO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

□ Strongly disagree □ disagree □ neutral □ agree □ strongly agree

3. Do things that you see appear different from the way they usually do (brighter or duller, larger or smaller, or changed in some other way)?
 YES INO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

□ Strongly disagree □ disagree □ neutral □ agree □ strongly agree

Have you had experiences with telepathy, psychic forces, or fortune telling?
 YES INO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
 Strongly disagree I disagree I neutral agree strongly agree

5. Have you felt that you are not in control of your own ideas or thoughts?

 □ YES
 □ NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

- 6. Do you have difficulty getting your point across, because you ramble or go off the track a lot when you talk?
   YES NO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
   Strongly disagree I disagree I neutral I agree I strongly agree
- 7. Do you have strong feelings or beliefs about being unusually gifted or talented in some way?
   YES NO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
   Strongly disagree I disagree I neutral I agree I strongly agree
- 8. Do you feel that other people are watching you or talking about you?
   YES INO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
   Strongly disagree I disagree I neutral I agree I strongly agree
- 9. Do you sometimes get strange feelings on or just beneath your skin, like bugs crawling?
   YES INO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
   Strongly disagree I disagree I neutral I agree I strongly agree
- 10. Do you sometimes feel suddenly distracted by distant sounds that you are not normally aware of?

   Image: YES
   NO
   If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

   Image: I

## 11. Have you had the sense that some person or force is around you, although you couldn't see anyone?

□ YES □ NO If YES: When this happens, I feel frightened, concerned, or it causes problems for me: □ Strongly disagree □ disagree □ neutral □ agree □ strongly agree

## 12. Do you worry at times that something may be wrong with your mind?

 □ YES
 □ NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

13. Have you ever felt that you don't exist, the world does not exist, or that you are dead?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

- 14. Have you been confused at times whether something you experienced was real or imaginary?

   □ YES □ NO
   If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

   □ Strongly disagree □ disagree □ neutral □ agree □ strongly agree
- 15. Do you hold beliefs that other people would find unusual or bizarre?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

16. Do you feel that parts of your body have changed in some way, or that parts of your body are working differently?

 □ YES
 □ NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

17. Are your thoughts sometimes so strong that you can almost hear them?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

18. Do you find yourself feeling mistrustful or suspicious of other people?
 □ YES □ NO If YES: When this happens, I feel frightened, concerned, or it causes problems for me:
 □ Strongly disagree □ disagree □ neutral □ agree □ strongly agree

19. Have you seen unusual things like flashes, flames, blinding light, or geometric figures?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

## 20. Have you seen things that other people can't see or don't seem to see?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree

21. Do people sometimes find it hard to understand what you are saying?

 □ YES
 NO
 If YES: When this happens, I feel frightened, concerned, or it causes problems for me:

 □ Strongly disagree
 □ disagree
 □ neutral
 □ agree
 □ strongly agree