



Pulmonary, Critical Care and Sleep Medicine Grand Rounds

Presented by: Internal Medicine, Section of Pulmonary, Critical Care and Sleep Medicine

Physician Burnout and Depression: One Surgeon's Journey

11/03/2021 3:00 PM – 4:00 PM | Online

On the most recent Physician Wellness Academic Consortium Survey conducted across the Yale New Haven Health system, the incidence of burnout amongst physicians in Yale Medicine was estimated to be close to 40% and was higher in the PCCSM section. The pandemic has dramatically increased the incidence of stress symptoms in our community such as fatigue, anxiety, and irritability dramatically as evidenced by the Yale Stress Survey conducted repeatedly over the course of the pandemic. These results suggest there are a significant number of medical staff who are experiencing a decline in their mental health who would benefit from treatment. Regrettably, there is a need to lower the stigma associated with seeking and receiving treatment for mental health issues. That is the primary goal of this talk.



Michael Ivy, MD

Deputy Chief Medical Officer
Yale-New Haven Health System

Host: Jonathan Siner, MD

Program Goal:

1. Be able to describe the components of the Stanford model of burnout
2. Identify three risk factors for depression
3. Identify three useful interventions to assist with the management of burnout or depression

Target Audience: Critical Care Medicine, Sleep Medicine, Pulmonology Medicine

Financial Disclosure Information:

Richard Matthey, MD, Course Director for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Deborah Lovejoy, coordinator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Jonathan Siner, MD, faculty for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Michael Ivy, MD, faculty for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

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