



Yale Sleep Medicine Seminar

YaleCME
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

REM Sleep Behavior Disorder: A Window into Dreams



Isabelle Arnulf, MD, PhD

Professor of Neurology
Chief, Department of Sleep Pathologies
National Reference Center for Rare Hypersomnias, Pitié-Salpêtrière University Hospital, Paris, France

Wednesday, November 4, 2020 @ 2pm EDT

Moderator: Lauren Tobias, MD

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 from 1:45pm-3:15pm on September 9, 2020

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

REM sleep behavior disorder (RBD) is a recently identified parasomnia. Clinicians need to know that RBD is a clinical disorder to be treated and a condition prodromal to Parkinson's disease. They need also to realize that the large repertoire of behaviors, vocalizations and facial emotional expressions observed during RBD episodes constitutes a new, open window on motricity, cognition, emotions of REM sleep dreams.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. Know how motricity and behaviors are controlled during RBD
2. Learn about the ethology of gestures, vocalizations and emotional expressions during RBD

3. Open one's mind and think on how these dream-enacting behaviors can be used to test current hypotheses on dream functions (e.g., memory consolidation and emotional regulation) during REM sleep

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest
Isabelle Arnulf, MD, PhD – IDORSIA Pharma

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.