Yale School of Medicine
Department of Obstetrics, Gynecology & Reproductive Sciences

# Updates on Chronic Hypertension: Criteria, Racial Disparities, Pregnancy Outcomes and Management



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### February 11, 2021 • 4:00-5:00 pm

Dial-In: 203.432.9666; Meeting ID: 201.194.039; https://zoom.us/j/201194039

There is no corporate support for this activity.

Course Director/Host: Lubna Pal, MBBS, FRCOG, MS, FACOG

#### **ACCREDITATION:**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **TARGET AUDIENCE:**

ObGyn attending physicians, house staff/fellows, medical students, nurses, PA's, community Ob/Gyn's, residents, midwives, nurses and researchers.

#### **NEEDS ASSESSMENT:**

Guidelines for diagnosis and management of chronic hypertension have recently changed but the implications for pregnancy remain undefined. Chronic hypertension is a major cause of morbidity in pregnancy but the role of anti-hypertensive therapy remains uncertain. Data on racial disparities in the outcomes of hypertension in pregnancy are needed to target intervention.

#### **LEARNING OBJECTIVES:**

At the end of this presentation, attendees will be able to:

- Outline and Contrast ACOG, JNC 8 and AHA criteria for hypertension and treatment guidelines and describe racial differences;
- 2. Describe short- and long-term maternal and offspring outcomes of HTN in pregnancy and racial differences; and
- Discuss emerging concepts for anti-hypertensive therapy in pregnancy.

#### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### **DISCLOSURES:**

Course Director: Lubna Pal, MD Flo Health, Consultant

Speaker: Alan Thevenet N. Tita, MD, PhD Pfizer RSV Study, PI

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