Updates on Chronic Hypertension: Criteria, Racial Disparities, Pregnancy Outcomes and Management

Alan Thevenet N. Tita, MD, PhD

John C. Hauth, MD Endowed Professor with Tenure
Vice Chairman for Research, Obstetrics & Gynecology
Director, Center for Women’s Reproductive Health
The University of Alabama at Birmingham

February 11, 2021 • 4:00-5:00 pm
Dial-In: 203.432.9666; Meeting ID: 201.194.039; https://zoom.us/j/201194039

There is no corporate support for this activity.
Course Director/Host: Lubna Pal, MBBS, FRCOG, MS, FACOG

ACCREDITATION:
The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE:
ObGyn attending physicians, house staff/fellows, medical students, nurses, PA’s, community Ob/Gyn’s, residents, midwives, nurses and researchers.

NEEDS ASSESSMENT:
Guidelines for diagnosis and management of chronic hypertension have recently changed but the implications for pregnancy remain undefined. Chronic hypertension is a major cause of morbidity in pregnancy but the role of anti-hypertensive therapy remains uncertain. Data on racial disparities in the outcomes of hypertension in pregnancy are needed to target intervention.

LEARNING OBJECTIVES:
At the end of this presentation, attendees will be able to:
1. Outline and Contrast ACOG, JNC 8 and AHA criteria for hypertension and treatment guidelines and describe racial differences;
2. Describe short- and long-term maternal and offspring outcomes of HTN in pregnancy and racial differences; and
3. Discuss emerging concepts for anti-hypertensive therapy in pregnancy.

DESIGNATION STATEMENT
The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

DISCLOSURES:
Course Director: Lubna Pal, MD
Flo Health, Consultant
Speaker: Alan Thevenet N. Tita, MD, PhD
Pfizer RSV Study, PI

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.