



November Seminar State Sleep Conference

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Aging and Developmental Influences on Sleep and Cognition



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Wednesday, November 15, 2017, 2-3 pm

The Anlyan Center, TAC S-447

Host: Meir Kryger, M.D.

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

- Need to understand changes in normal sleep and sleep function across the lifespan
- Need to fill the clinical gap in developmental sleep training, including napping and nap function
- Need for awareness on the relation between sleep and emotion processing

LEARNING OBJECTIVES

At the conclusion of this activity, participants will learn to:

1. To understand how sleep contributes to cognitive processes and how this changes across the lifespan
2. To understand the function of naps in early childhood

3. To understand sleep's role in emotion processing in typically developing populations and how this changes in atypical populations

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflicts of interest
Rebecca Spencer, PhD – No conflicts of interest

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