Medical Grand Rounds

*Presented by*

Yale School of Medicine, Department of Internal Medicine,

Section of Pulmonary, Crital Care, and Sleep Medicine

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“The Foundational Importance of Sleep and Circadian Biology to Human Health”

Date: December 8, 2023 Time: 8:30-9:30am

**Location: Fitkin Amphitheater**

Zoom: <https://yale.zoom.us/j/94463525432>

**Texting code for this session: 33310**

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| Program Goal:1. Discuss the foundational importance of sleep and circadian biology to cardiometabolic health, brain health, and health equity
2. Highlight some of the novel tools and methodologies used to investigate sleep and circadian rhythmicity
3. Feature the diversity of sleep and circadian research occurring throughout the Department of Medicine at Yale, particularly among early-stage investigators
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| Target Audience: Internal Medicine |

*Financial Disclosure Information:*

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| Name of individual | Individual's role in activity | Name of Ineligible Company(s) / Nature of Relationship(s) |
| Nancy Kravitz, BS | Activity Administrator | Nothing to disclose - 06/24/2022 |
| Roberta Biceglia | Activity Coordinator | Nothing to disclose - 06/17/2022 |
| Peter Aronson, MD | Co-Director | Honoraria-Janssen (Relationship has ended) - 07/05/2022 |
| Vincent J. Quagliarello, MD | Course Director | Nothing to disclose - 06/16/2022 |
| Klar Yaggi, MD | Faculty | Nothing to disclose - 11/08/2022 |

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*Designation Statement: Yale School of Medicine designates this Live Activity for a maximum of* ***1.00 AMA PRA Category 1 Credit(s)™.*** *Physicians should only claim credit commensurate with the extent of their participation in the activity.*

**For questions, email** **roberta.biceglia@yale.edu**