

## Details

### ACCREDITATION STATEMENT

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### FINANCIAL SUPPORT

The Yale School of Medicine, Department of Internal Medicine, Section of Pulmonary, Critical Care & Sleep Medicine is grateful to its supporters. They are acknowledged in all conference materials.

### DISCLOSURE POLICY

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.

### DIRECTIONS

This conference will be held at Yale West Campus Conference Center, 100 West Campus Drive, Building 800, Orange, CT.

#### *Coming from the South:*

If you are coming from the South (New York), take I-95 North and get off at Exit 41 (Marsh Hill Rd). At the end of the ramp, go straight through the light. This is West Campus Drive and the entrance ramp to I-95 Northbound. Stay in the right lane and bear right at the fork. Follow signs to building 800- Conference Center.

#### *Coming from the North:*

If you are coming from the North (Hartford/New Haven/Madison, etc.), take I-95 South. Get off at Exit 41 (Marsh Hill Rd). At the light at the end of the exit ramp take a left onto Marsh Hill Road. At the next traffic light, take a left onto the West Campus Drive/I-95 Northbound entrance ramp. Follow this to the fork, stay in the right lane. Follow signs to building 800- Conference Center.

#### *Coming from the Merritt Parkway:*

Take the Merritt Parkway North to Exit 54 (Milford Connector). Go under the I-95 overpass and exit onto the ramp designated to New Haven (I-95 North). Get off at Exit 41 and continue with the directions above (Coming from the South) to reach West Campus.

#### *GPS Users*

If your GPS mapping software is not up-to-date, please enter 141 Frontage Road, Orange, CT, for directions.

Updated devices can enter the new physical address of the West Campus Welcome Center, 100 West Campus Drive, Orange, CT. 100 West Campus Dr. is the entrance gate/welcome center to West Campus. Once you arrive at the gate, follow signs to Building 800- the Conference Center. If you are taking a shuttle tell the driver Building 800, West Campus.

### PARKING INFORMATION

Complimentary parking is available on-site.

YALE SCHOOL OF MEDICINE  
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CONTINUING MEDICAL EDUCATION

# 2017 Yale Sleep Symposium: *Sleep Disorders in the High Acuity-Setting*



Friday, December 8, 2017

*Location:*  
Yale West Campus Conference Center  
Orange, Connecticut

YaleCME  
WWW.CME.YALE.EDU

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Medical Director,  
Yale Centers for Sleep Medicine  
Yale School of Medicine

**COURSE CO-DIRECTOR**

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Pulmonary, Critical Care  
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Medical Director, VACHCS Sleep Center  
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Andrey Zinchuk MD  
Instructor of Medicine  
Pulmonary, Critical Care and Sleep Medicine

Sleep medicine is an important outpatient service with broad implications for public health as it relates to hypertension, stroke, heart failure, metabolic derangements, depression, and many other medical conditions. Recently, there has been growing acknowledgement that diagnosis and treatment of sleep disorders is also crucial to optimal management of acute illnesses and decompensations of chronic diseases. Sleep disorders may impact perioperative outcomes, stroke morbidity, cancer treatment responses, and respiratory failure outcomes.

This course is designed to help providers recognize and understand the implications of sleep disorders in the high-acuity setting including among inpatients, cancer patients, perioperative patients, and in those with decompensated respiratory failure or cardiovascular disease. The course will provide an overview of up-to-date advances in this novel area of sleep medicine. Information presented will highlight of recent data linking sleep disturbances to these comorbidities as well as advanced clinical strategies for approaching sleep disorders in high-risk patient populations. Providers will learn about the changing landscape of sleep medicine therapies, gain insight about what the future holds for sleep medicine, and understand how these developments relate to their medical practice.

- 8:00 AM Registration and Continental Breakfast
- 8:55 AM Welcome and Introductions  
*Christine Won MD, MS*
- 9:00 AM A Role for Early Intervention in Sleep Apnea for Stroke Prevention  
*Henry K. Yaggi MD, MPH*
- 9:25 AM Sleep in the ICU  
*Melissa Knauert MD, PhD*
- 9:50 AM Peri-Operative Management of The Sleep Patient  
*Vivian Asare MD*
- 10:15 AM Future Model of Care? A Role for Inpatient Sleep Services  
*Christine Won MD, MS and Andrey Zinchuk MD*
- 10:40 AM Refreshment Break
- 11:00 AM Pulmonary Hypertension and Sleep Disorders: Not So Strange Bedfellows  
*Vahid Mohsenin MD*
- 11:25 AM Noninvasive Nocturnal Ventilation for COPD and Other Hypoventilation Syndromes  
*Janet Hilbert MD*
- 11:55 AM Chronotherapy and Cancer: Timing Is Everything  
*Lynelle Schneeberg PsyD and Lauren Tobias MD*
- 12:20 PM Lunch
- 1:20 PM Excessive Daytime Sleepiness is Never Normal: Diagnosing and Managing Hypersomnia  
*Meir Kryger MD*
- 1:45 PM Restless Leg Syndrome: Are there Cardiovascular Consequences?  
*Brian Koo MD*
- 2:10 PM An Update on Upper Airway Stimulation Surgery for Sleep Apnea  
*Mark D'Agostino MD*
- 2:35 PM Improving Cardiovascular and Metabolic Outcomes with Insomnia Therapy  
*Nancy Redeker PhD, RN, FAHA, FAAN*
- 3:00 PM Challenging Cases in Pediatric Sleep Medicine  
*Craig A. Canaperi MD and Pnina G. Weiss MD*
- 3:25 PM Adjourn

**Learning Objectives**

This course will enable participants to:

- ~ Identify sleep breathing disorders that commonly affect stroke patients
- ~ Explore sleep disorders in the ICU and understand the implications for patient prognosis
- ~ Review non-invasive ventilation strategies for treatment of COPD and other nocturnal hypoventilation conditions Describe the relationship between pulmonary hypertension and sleep breathing disorders
- ~ Identify sleep patients at high risk for adverse perioperative outcomes
- ~ Assess and manage hypersomnia
- ~ Describe the benefits of insomnia therapy on cardiovascular and metabolic health

PLEASE NOTE: You must register online. This informational panel is not a registration form.

**2017 Yale Sleep Symposium:  
Sleep Disorders in the High Acuity-Setting**

Friday, December 8, 2017

Register online, at [cme.yale.edu](http://cme.yale.edu)

**ONLINE REGISTRATION INSTRUCTIONS:**

1. Go to “Our Offerings”
2. Click “Live Courses”
3. Scroll down and select “**2017 Yale Sleep Symposium**”
4. Click the “Register” tab in order to proceed

Please note: You will be required to login or create a profile to register

**OR**, Please scan the image at right (QR Code) with your Smartphone or Tablet to be directed to the conference homepage and proceed with Step 4.



**REGISTRATION FEES**

Registration fee\* includes CME credit, continental breakfast, refreshment break, and lunch:

- Physicians – \$125
- Nurses/PAs/Allied Health Professionals – \$75
- Sleep Technologists – \$50
- Non-Yale Residents/Fellows/Students† – \$25
- Yale Residents/Fellows/Students† – complimentary

\*All cancellations must be received in writing (or via e-mail) at least one week prior to the start of the conference to receive a refund. Any requests for refunds received after this date, or by telephone, will **not** be honored.

†A letter of verification from department head must accompany registration. Letter should be sent separately to Yale CME at the below address. You may also e-mail a pdf copy of your verification letter to [cme@yale.edu](mailto:cme@yale.edu).

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★Registration must be completed online. Please see above Online Instructions to complete the registration process.

If you have any questions, please contact Yale CME at [cme@yale.edu](mailto:cme@yale.edu) or 203.785.4578.