

New Haven Neighborhood Guide

Dear Prospective Yale Residents,

Welcome to New Haven, Connecticut! One of the most difficult aspects of the virtual interview process is imagining what it might be like to live in each of the places you interview. In order to help you make the best decision about what areas best meet your needs, we have created a guide that describes the various neighborhoods of New Haven. Our current residents across a variety of neighborhoods. If you are interested in learning more about any specific neighborhood, let us know and we would love to connect you to residents who live there. We hope that this information is helpful as you consider making New Haven or Connecticut your new home. Please feel free to reach out with any questions!

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★ = Yale New Haven Hospital, Yale Psychiatric Hospital, Connecticut Mental Health Center

Neighborhood	Average Number of Current Residents (2021-2022)
Downtown	15
Chapel West (border of Downtown and Dwight on map)	4
East Rock	6
East Shore	1
Wooster Square	10
Westville	2
Fair Haven	1
Hamden	6
Other suburbs (Branford, Stratford, Stamford, East Haven, etc)	8
New York City	1

Where do current residents live?
Downtown New Haven



The downtown area features three of the four clinical sites, making commuting by foot a great option and often faster than driving! Most of Yale University and many options for shopping, food, and entertainment are located in the heart of the city. Housing options here are mainly city-style complexes with amenities. Rent can vary, but expect to pay more for the prime location, and probably extra for a parking space. The most popular areas tend to be between State St. and Howe St. as well as N. Frontage to Chapel.

College & Crown, 200 College Street, New Haven, CT 06510

<http://www.collegeandcrown.com/>

Pros:

- LOCATION! Walking distance to hospitals, bars, restaurants
- Laundry in-unit
- Free Bike storage
- Amenities include: Doorman to hold packages, resident lounge, gym, and courtyard (pet friendly)

Cons:

- A bit pricey
- Covered Parking available but costs ~120/month and space is limited

Price: Studio start at \$1,635, 1 bedrooms start at \$1,850, 2 bedrooms start at \$2,110



Metro on Crown

<https://metrostarproperties.com/new-haven-ct-apartments/>

Pros:

- LOCATION! Walking distance to hospitals, bars, restaurants
- Brand new, opened last year!
- In unit washer and dryer
- Fitness room
- Rooftop terrace for some units

Cons:

- A cluster of different apartment buildings. Amenities may differ depending on building
- Parking is extra

Price: Studio start at \$1,695, 1-bedrooms start at \$2,395, 2-bedrooms start \$2,695

Residence Court, 900 Chapel Street, New Haven, CT 06510



<http://pmcpropertygroup.com/properties/residence-court>

Pros:

- Walking distance to hospitals, bars, restaurants (Chipotle, Halaal Guys, Rite Aid on site!)
- Doorman to hold packages
- Gym on site
- Free bike storage
- Apartments have their own balcony/deck

Cons:

- Noisier due to central location downtown
- Maze to get to your apartment (which can make moving challenging)
- Parking is extra

Price: 1-bedrooms start at \$1,390, 2-bedrooms start at \$1,695

360 State Street, New Haven, CT 06510

<http://www.360statestreet.com/>

Pros:

- Amenities include 6th floor lawn, outdoor pool, library, gym, and theater
- Local organic grocery store on site (Elm City Market)
- Free bike storage and Zipcars available
- Covered parking on the first few floors for an additional fee (~\$120/month)
- Concierge service, which is nice for packages when you live downtown
- In-unit washer and dryer

Cons:

- Small apartments with limited closet space
- Expensive

Price: Studios starting at \$1,661, 1-bedrooms start at \$1,905, 2-bedrooms start at \$3,402

The Eli, 227 Church Street, New Haven, CT 06510

<http://www.theeli227.com/>

Pros:

- Beautiful building, Art deco inspired
- Well-maintained facilities
- Central location on the northeast corner of the Green
- Great amenities with a gym and roof deck

Cons:

- Pricy, almost as much as 360 State Street



- Parking is expensive, outdoor, and very tight, not recommended for someone with a nice car
- Seriously limited availability; the building is almost always full

Price: Similar to 360 State Street, but more room

New Haven Towers, 111 Park Street, New Haven, CT 06511

<http://newhaventowers.com/>

Pros:

- 2 blocks from YNHH, 7min walk to YPH, and a 20min walk to Yale Health Plan (where you'll receive medical care and where some PGY-3s spend their 3rd year)
- Hardwood floors and high ceilings
- Management is very responsive to repair requests

Cons:

- It does get noisy with construction and garbage collection
- More "dorm-style" living with many residents and medical students
- Parking is extra (starts at \$75/month)

Price: Studios start at \$1,275, 1-bedrooms start at \$1,495, 2-bedrooms start at \$2,195

Chapel West

<http://www.chapelwest.com/>

The western extension of downtown, Chapel West, is bound by Whalley Ave on the north, Park street to the east, North Frontage to the south, and Sherman Ave/St. Raphael's Campus to the west. It is a 5-minute walk to St. Raphael's Campus, 10 minute walk to YNHH/CMHM, and a 15 minute walk to YPH. Housing here is close to the University (Yale Art Gallery, Yale Rep), as well as the shopping district on Broadway (J. Crew, Urban Outfitter, Apple Store, Yale bookstore). There is plenty of great food (Mamoun's, Kasbah, House of Naan, Maison Mathis) and happy hour spots (Rudy's, Three Sheets). It's close to downtown, but quieter, with a slightly more neighborhood feel.



Arnold Lehrer Properties

<http://www.apartments4yale.com/2-8-lynwood-place/>

Pros:

- Close proximity to St. Raphael's, YNHH, and YPH with less bustle and noise compared to downtown.
- 2 locations (2-8 Lynwood and 1214 Chapel), both with hardwood floors, high ceilings, large windows
- Incredibly responsible and available landlord that are concerned with tenants' satisfaction and safety.
- Quiet building as only graduate students or those affiliated with Yale reside here.
- Cat friendly.
- Rent includes heat and water.



Cons:

- Some people are less comfortable west of Howe Street at night
- No elevator or central air. No doorman, but either owner or building manager is in the office M-F during business hours. Laundry units are coin-operated and shared (in the basement).
- Off street parking is extra (\$80/mo)

Price: Studios, 1 bedroom, and 2 bedroom apartments ranging from \$800.00-\$2,050.00.

The Novella

<http://the-novella.com/>

Pros:

- Nearby St. Raphael's, YNHH, and YPH
- Amenities include concierge, indoor lounge, gym, sun terrace, pet friendly.
- In-unit washer and dryer.
- Beautiful hardwood floors and big windows



Cons:

- Some people are less comfortable west of Howe Street at night
- Parking in garage is extra

Price: Studio start at \$1,499, 1 bedrooms start at \$1,799, 2 bedrooms start at \$2,500

East Rock



The East Rock neighborhood is northeast of downtown. The area has a lovely neighborhood feel with cafes, markets, parks, etc. and also offers East Rock Park (great for running, strolling, bird watching, and playground time if you have kids). Housing is typically 2-3 family houses, but there are a few choice apartment complexes as well. Prices vary widely, depending on the upkeep of apartments. Popular areas include St. Ronan to Foster and Cold Spring to Edwards, but also consider places a bit off the map, as the area is growing rapidly. You can walk, bike (10-15 min), drive (10 min or less) or shuttle (20 min) to work, including the VA (add 20 min on shuttle or 15 min on bike). Craigslist and Zillow are good places to start when looking for an apartment in East Rock.

Corsair 1050 State St. New Haven, CT

<http://www.corsairapartments.com/>

Pros:

- Refurbished warehouse with a lot of reclaimed steel and wood
- Rooftop lounge, outdoor movie theater, gym, pool, package concierge, pet friendly
- Lots of other amenities. Complimentary coffee bar and beer tap in the common area
- In-unit washer and dryer.



Cons:

- Farther away from clinical sites (but nearby plenty of great restaurants and things to do!)

- On the pricier side

Price: Studios start at \$1,915, 1 bedrooms start at \$2,045, 2 bedrooms start at \$2,725, 3 bedrooms available \$3,650

Wooster Square



East of downtown with a historic city neighborhood feel, Wooster Square is New Haven's "Little Italy" with great pizza (Pepe's vs. Sally's) and the best farmer's market in town. Here you can find brownstones and multi-family houses. It is a short commute to downtown via bike or shuttle and a 20 min walk to YNHH. Wooster Square is also very pet-friendly! The annual Cherry Blossom Festival held every April is truly a sight to see!

Like East Rock, you're likely to find a lovely apartment on craigslist.com or zillow.com.

Strouse Adler ("The Smoothie Building"), 78 Olive St, New Haven CT 06510

Website: <http://pmcpropertygroup.com/properties/strouse-adler>

Pros:

- Good location on the edge of Downtown and Wooster Square
- Great social environment
- Gym, rec room with pool table, ping pong, and foosball
- Close proximity to train station
- Modern industrial feel
- Pet friendly

Cons:

- Thin walls, so noise travels



Price: 1 bedrooms start at \$1,200, 2 bedrooms start at \$1,600

Westville

Westville is a bit further than Wooster Square and in the other direction (i.e. West). It is described as feeling less urban than Wooster Square. Westville has a growing number of cute shops and eateries including some killer brunch spots like Bella's and Lena's. Advantages include cheap rent, easy access to both Edgewood Park and West Rock Ridge Park, and biking distance to YNHH, the VA, and St. Raphael's Campus. Great place to buy a single or 2-family house if you're into that kind of thing!



Westville Village Apartments, 400 Blake Street, New Haven, CT 06515

Website: <https://www.eaglerockmanagement.com/apartments/connecticut/new-haven/westville-village-apartments-06515>

Pros:

- Gated community with covered parking
- Fitness center on site
- In-unit washer and dryer
- Pet-friendly

Cons:

- Can hear neighbors
- One of the furthest neighborhoods from YNHH/YPH

Price: 1-bedrooms starting at \$1,395, 2-bedrooms starting at \$1,475



Fair Haven Heights (Quinnipiac Ave)

Fair Haven Heights is a residential neighborhood in the eastern most part of New Haven. The neighborhood is bound on the west by Quinnipiac River, on the north by Route 80, on the east by East Haven, and South by Ferry Street/Warwich Ave. The neighborhood is a collection of subdivisions on quiet roads with beautiful river views. It is located farther away from the hospitals and doesn't have a supermarket or retail shops within walking distance, so a car would make this neighborhood more convenient. However, this distance from the city (20-minute drive to YNHH) does make it an affordable option for those seeking a more small town feel.

Hamden



Hamden, nicknamed “The Land for the Sleeping Giant,” is the town north of New Haven, just past East Rock. The first neighborhood is called Whitneyville and the second is called Spring Glen. Both neighborhoods have a safe, family feel to them. Hamden is a mix of apartment/condo complexes and single-family homes on quiet streets with green space. Residents have rented and bought homes in Hamden. The area includes the Farmington Canal Trail, a paved trail that runs from New Haven to Massachusetts, as well as the state park that lends itself to this suburb’s nickname.



Branford

Branford is a suburb east of New Haven on the shoreline. It features a cute Town Green surrounded by shops, restaurants, and coffeehouses. It is the home to a lovely shoreline community that gathers yearly for road races, parades, and The Branford Festival in the summer. It has a train station, making it simple to commute into New Haven if you’re into public transit. There is plenty to do in Branford with its two beaches, hiking trails, lakes, ponds, and access to the Shoreline Greenway Trail. Residents have been known to purchase homes (with yards for their dogs!) in this classic New England small town.



Alternative Options

Connecticut is a beautiful state with many diverse settings to explore. Some residents live outside of New Haven to facilitate partner commutes to New York (e.g. Stamford) or Hartford (e.g. Middletown). Others live in more rural areas with lots of land and natural beauty, but can still get to work in ~30 minutes.