Yale Sleep Medicine Seminar
Presented by
Yale School of Medicine’s Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Racial Disparities in Sleep Health: Epidemiology, Potential Mechanisms, and Implications

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Wednesday, September 16, 2020 @ 2pm EDT

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE
Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/93569756530
Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530
CME credit for live event only.
To record your attendance, text the ID# provided at the session to 203-442-9435 from 1:45pm-3:15pm on September 9, 2020
There is no corporate support for this activity.

ACCREDITATION
The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE
Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT
This talk will address patterns of disparities in sleep health and the implications for broader health and wellbeing disparities.

LEARNING OBJECTIVES
At the conclusion of this talk, individuals will:
1. The attendee will learn about the social patterning of sleep health by race/ethnicity among both adults and children
2. The attendee will learn about possible mechanisms for these disparities
3. The attendee will consider the implications for health, well-being, and policy

DESIGNATION STATEMENT
The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES
Lauren Tobias, MD, Course Director – No conflict of interest
Lauren Hale, PhD – National Sleep Foundation; Willis Towers Watson
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