



## Clinical Neuroscience Grand Rounds

Presented by

# Yale School of Medicine's, Departments of Neurology & Neurosurgery

"Poor Sleep Quality Significantly Contributes to Cognitive Problems and Disability Severity in MS"



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Date: Wednesday, February 8th, 2017, 8:00am Location: Brady Auditorium, Room B131

Course Director/Host: David Greer MD, MA, FCCM, FAHA, FNCS, FAAN

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

### ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### TARGET AUDIENCE

Attending Physisans, Housestaff/Fellows Medical Students, Nurses, PA's

### NEEDS ASSESSMENT

This talk discusses the role of poor sleep quality in daytime fatigue, cognitive difficulties disability ratings among MS patients. It is designed to help the clinician understand the importance of taking into account sleep variables when discussing patient symptoms, and guide areas of clinical research that may improve MS patient quality of life.

### **LEARNING OBJECTIVES**

At the conclusion of this activity, participants will be able to:

- 1. Participants will appreciate the prevalence of sleep disorders among MS patients
- 2. Participants will identify cognitive tests more likely to be impacted by sleep quality than MS presence.
- 3. Participants will better understand the role that cognitive inefficiency with MS disease process, and patient complaints.

### DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### **FACULTY DISCLOSURES**

Franklin Brown PhD, ABPP-EMD Serono

David Greer MD, MA, FCCM, FAHA, FNCS, FAAN-None

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