



### **State SLEEP Conference**

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

# Parasomnias and Sleep-Related Movement Disorders



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### Wednesday, September 25, 2019 @ 2-3 pm

The Anlyan Center, TAC S-447

**Moderator: Lauren Tobias, MD** 

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

#### **ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **TARGET AUDIENCE**

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

#### **NEEDS ASSESSMENT**

Nocturnal events are an important category of sleep problems that physicians are faced with. This talk will address how to approach these patients.

#### **LEARNING OBJECTIVES**

At the conclusion of this talk, individuals will learn to:

- 1. To be able to define parasomnias
- 2. To be knowledgeable in classifying various parasomnias
- 3. To be aware of providing a diagnostic and management strategy for patients with parasomnias

#### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### **FACULTY DISCLOSURES**

Lauren Tobias, MD, Course Director – No conflicts of interest Sanjeev Kothare, MD – No Conflicts of interest

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