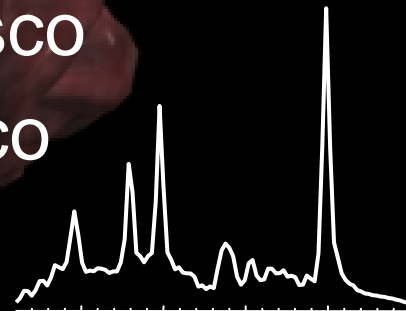


Brain Spectroscopic Imaging,  
Morphometry, and Cognition  
in  
Recovering Alcoholics and  
Active Heavy Drinkers

Dieter J. Meyerhoff, Dr.rer.nat.

Associate Professor of Radiology  
University of California San Francisco  
DVA Medical Center San Francisco



# Outline

- Part 1: Chronic Heavy Drinkers

- Detectable brain injury?
  - MRI, MRSI
  - Neuropsychology
- Functional significance?

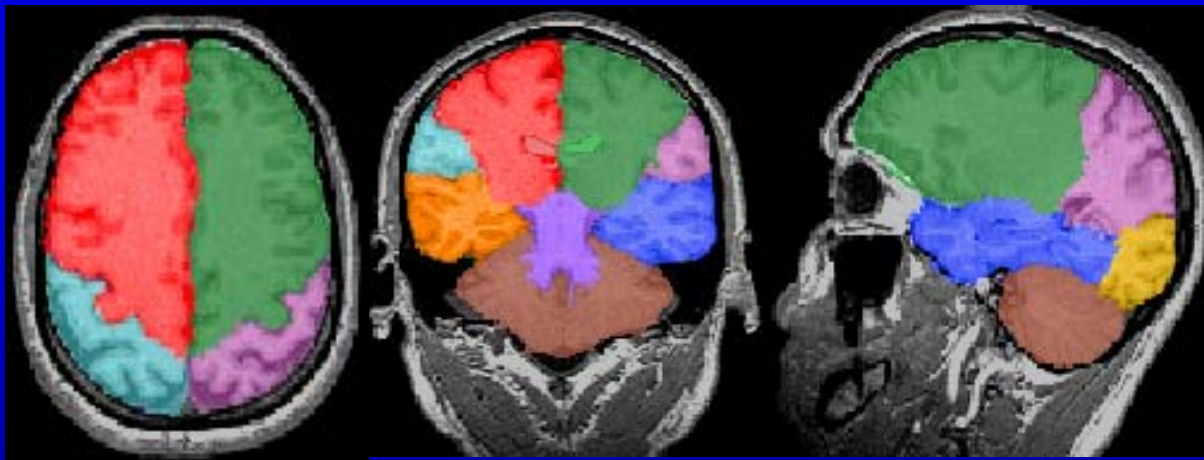


- Part 2: Recovering Alcoholics

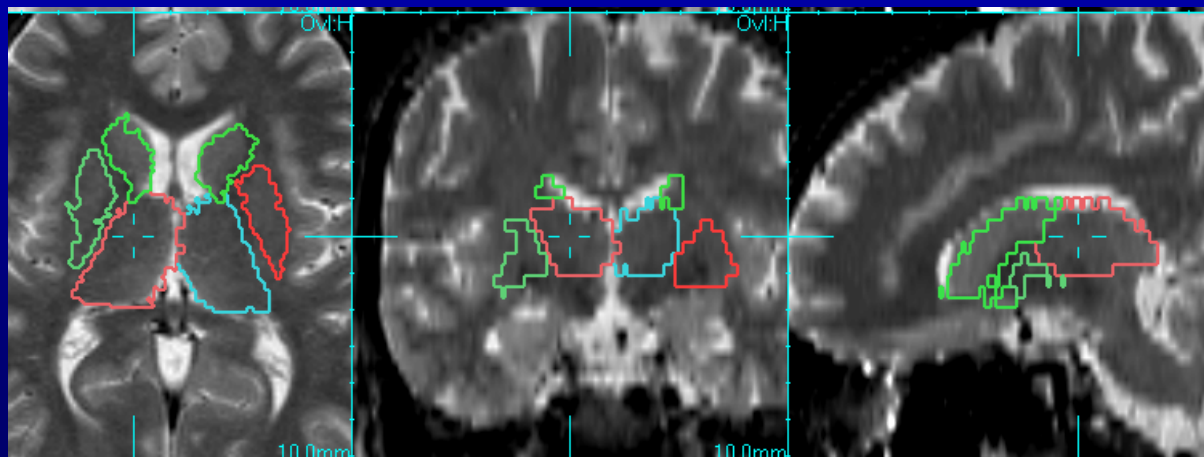
- Brain injury
- Brain changes during abstinence and relapse
  - Functional significance?
  - Time course?

# Automated MR Image Analysis I

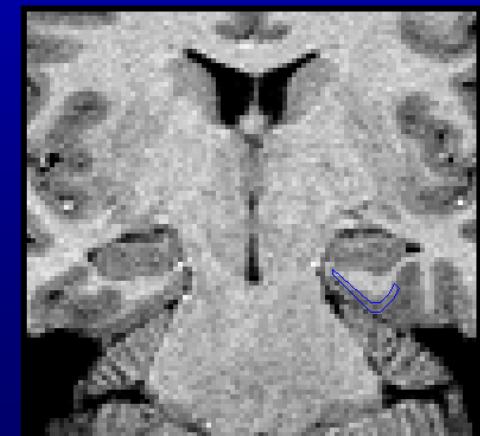
voluming by non-linear warping to reference brain



hippocampal SNT



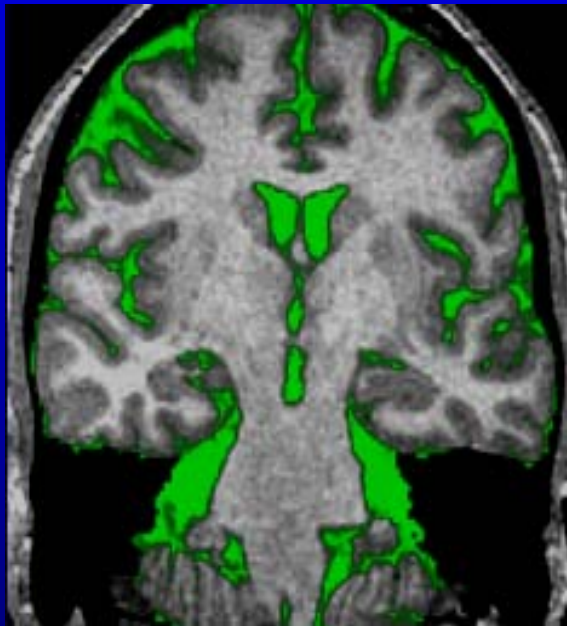
Identification of subcortical nuclei



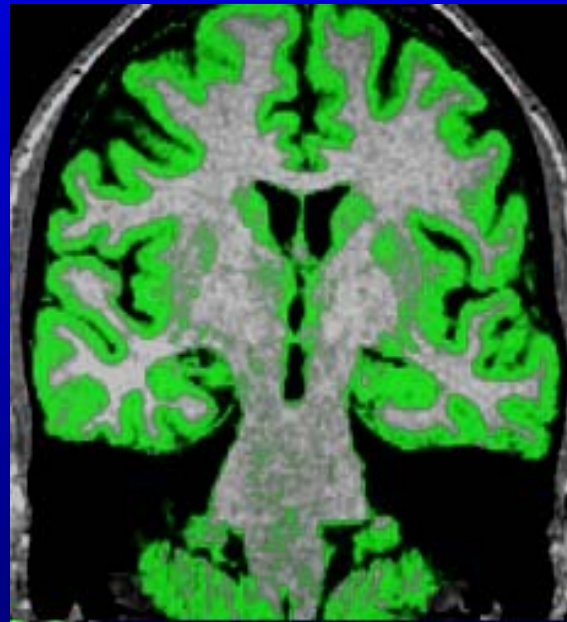
manual ERC

# Automated MR Image Analysis II

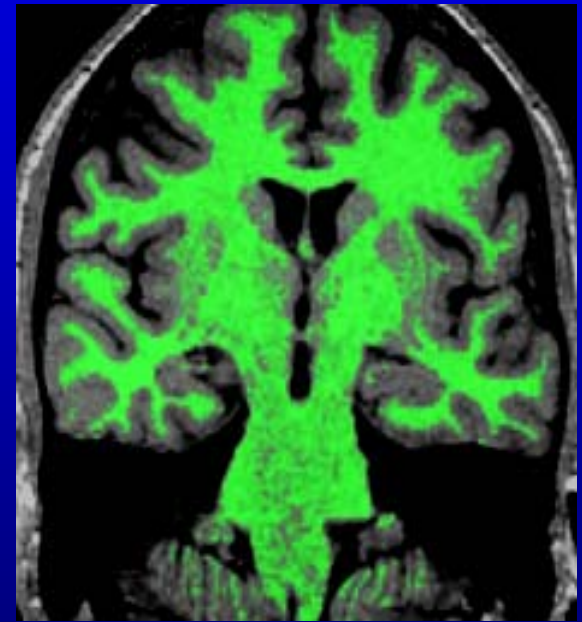
Identification of tissue types by probabilistic image segmentation



CSF

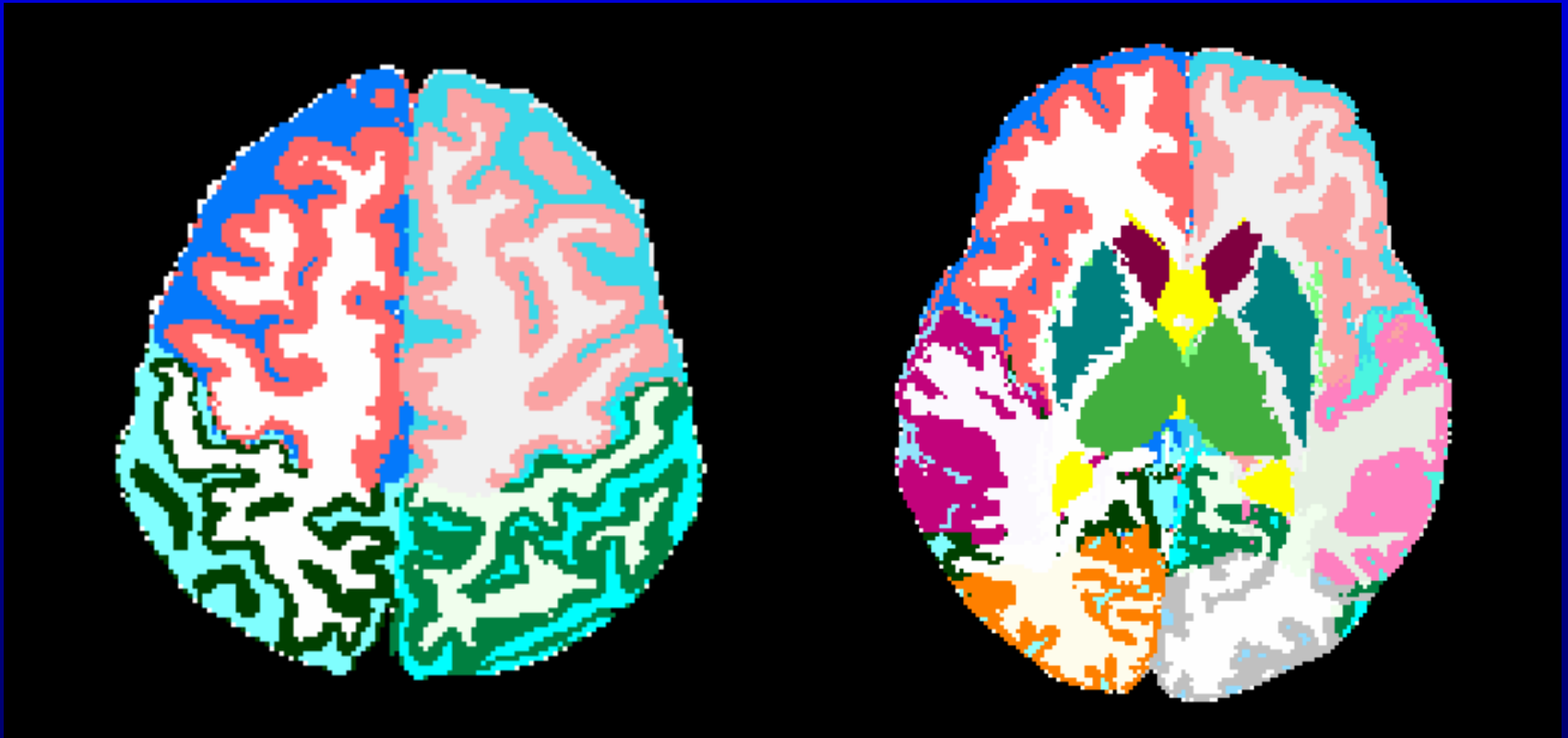


gray matter  
GM



white matter  
WM

# Final Product of Automated Tissue Segmentation

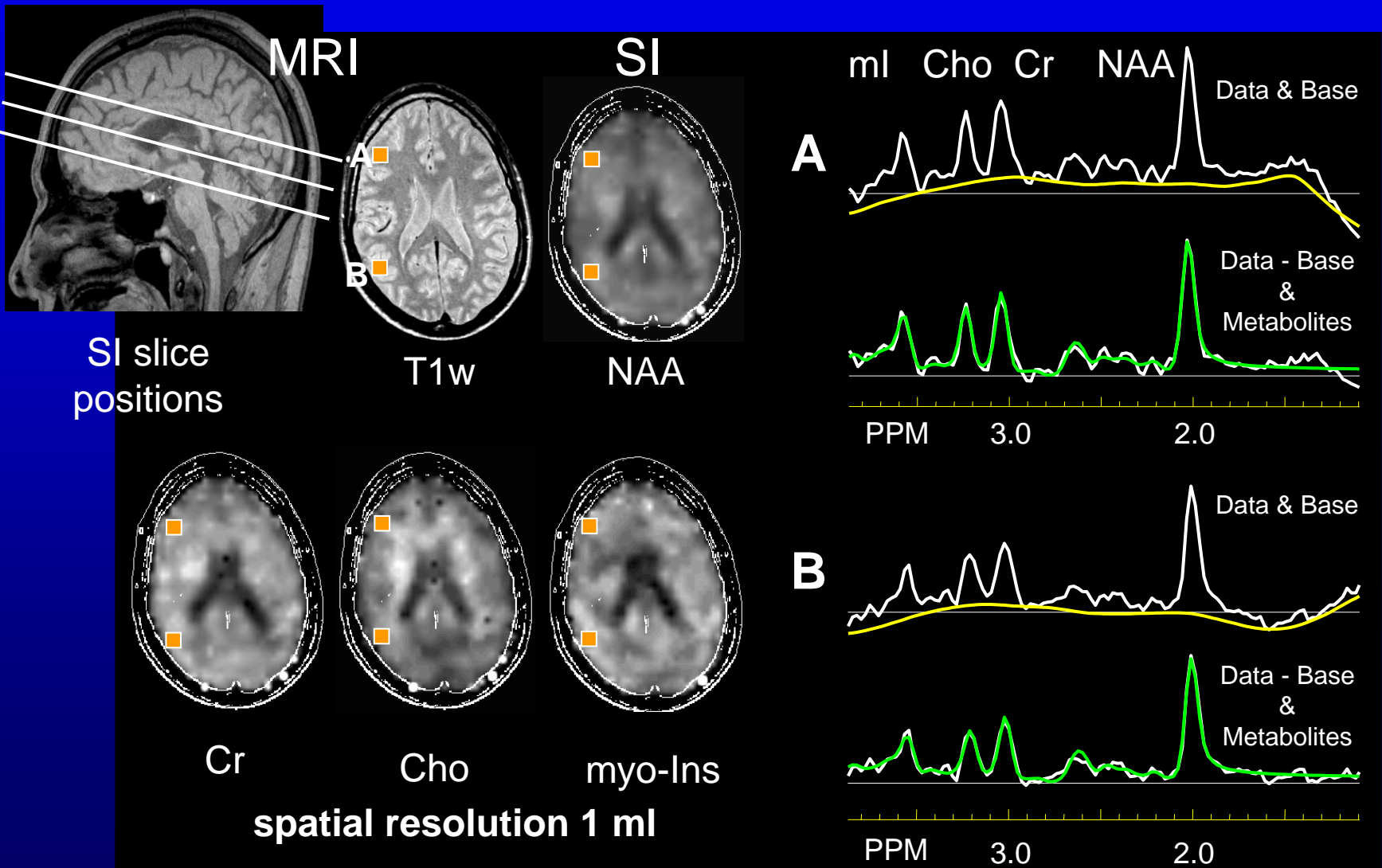


Volumes expressed as % of intracranial volume (ICV)



# $^1\text{H}$ MR Spectroscopic Imaging TE = 25 ms

## Metabolite Distribution and Quantitation



# Demographics 3 Drinking Groups

DEMOGRAPHIC	Light drinkers (LD) n = 27	Heavy drinkers (HD) n = 24	Recovering alcoholics (RA) n = 24
Age [years]	48.2 ± 5.0	48.8 ± 4.4	50.0 ± 7.3
Education [years]	15.8 ± 2.3	14.4 ± 2.3	13.2 ± 2.5
Drinks per month last 3 years	10 ± 11	224 ± 116 *	436 ± 178 *
Drinks per month over lifetime	12 ± 14	191 ± 166	264 ± 139
Lifetime alcohol consumption [kg]	61 ± 49	862 ± 900 *	1436 ± 751 *
Duration heavy drinking [years]	NA	18 ± 9	23.0 ± 8.9
Onset age heavy drinking [years]	NA	25.9 ± 9.6	24.0 ± 9.0
Drinks during 24 hours before MR	0.5 ± 0.7 (n=4)	2.7 ± 3.4 (n=13)	0
Time since last alcohol [hrs]	18 ± 7 (n=4)	14 ± 4 (n=13)	>120
DSM-IV physiol. dependence [%]	0	64	100

\* RA > HD, p<0.01

# Heavy Drinking and Regional Brain Volumes

TISSUE	REGION	Light drinkers (LD) n = 26	Heavy drinkers (HD) n = 23	Difference [%]	p
WM	cerebral	33.1 ± 2.7	33.3 ± 3.0	+1	n.s.
	cortical	34.5 ± 2.7	33.2 ± 2.6 *	-4	0.09
GM *	frontal	14.4 ± 1.3	14.0 ± 1.1 *	-3	n.s.
	parietal	8.1 ± 0.7	7.7 ± 0.7 *	-5	0.04
	temporal	8.9 ± 0.6	8.6 ± 0.7 *	-3	0.08

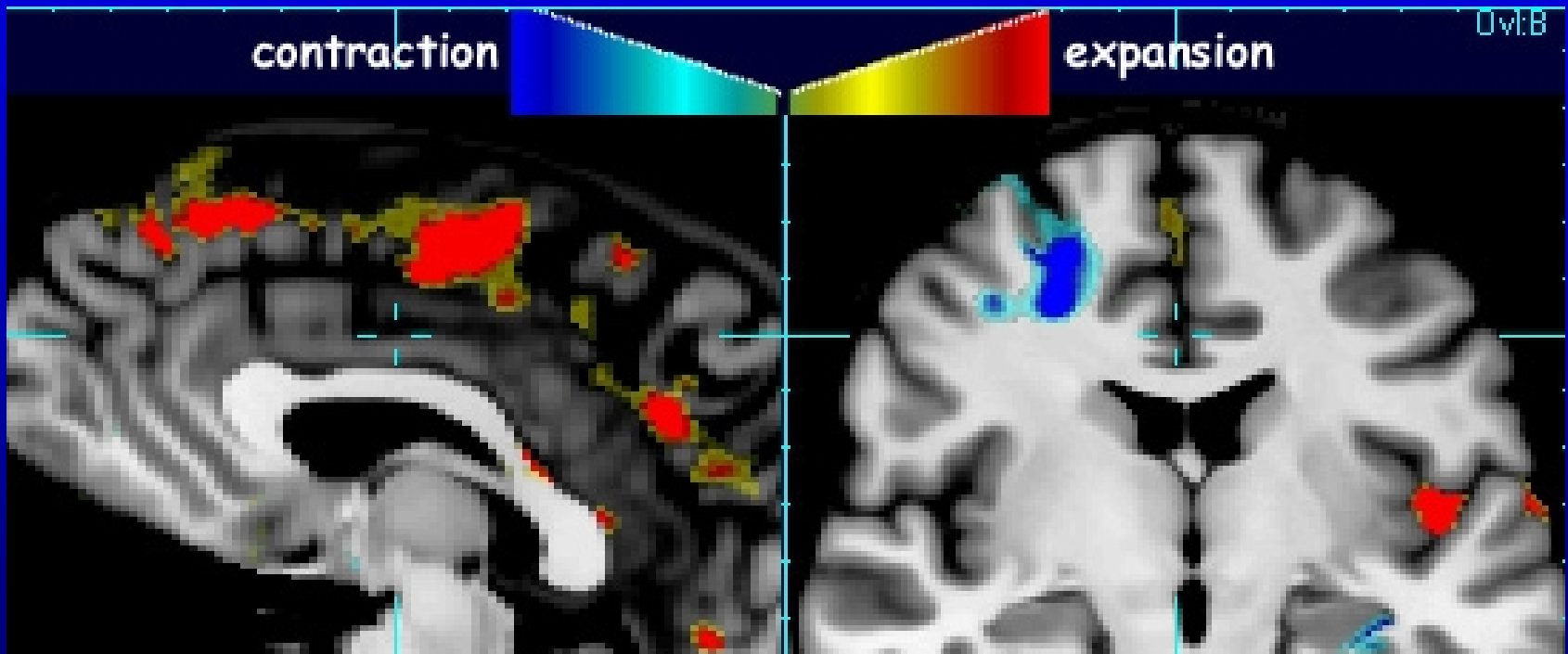
\* Correlates with average monthly drinks over lifetime ( $r < -0.44$ ,  $p < 0.04$ )

**With n = 70 each group: regional GM loss ~4%,  $p < 0.003$**

**regional WM loss ~2%,  $p < 0.05$**



# Deformation Morphometry in Heavy Drinkers - Correlation with WCST errors (n=42)



Significant ( $p < 0.01$ ) contractions (blue) and expansions (red) correlate with WCST total errors; overlaid on the average spatially normalized MRI.

# Heavy Drinking and Metabolites

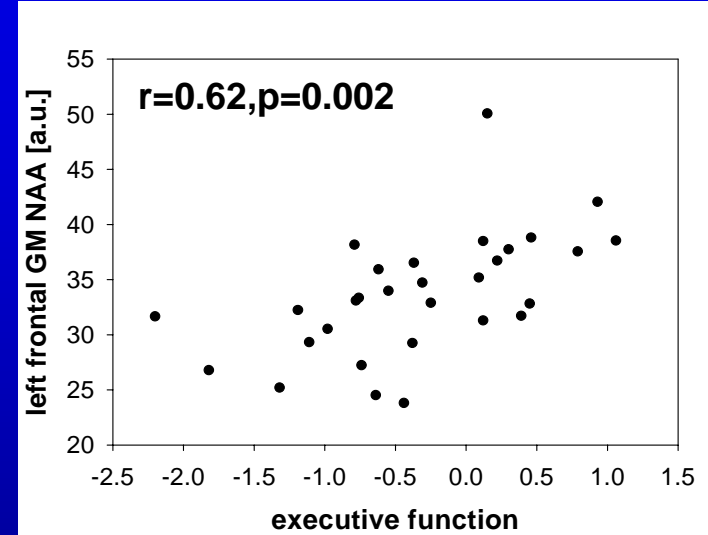
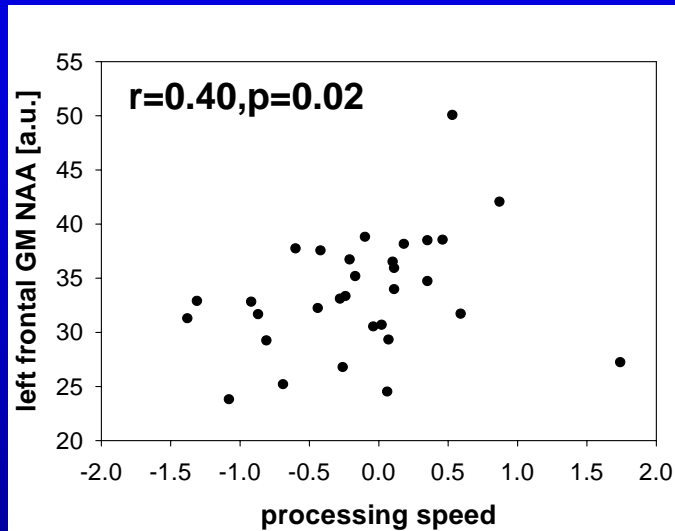
METAB	TISSUE	REGION	Light drinkers (LD) n = 27	Heavy drinkers (HD) n = 24	Difference [%]	p
NAA	WM	frontal <sup>a</sup>	31.4 ± 3.8	29.6 ± 3.1	-6	0.07
Cr	GM	parietal <sup>b</sup>	20.2 ± 2.3	21.9 ± 3.3	+8	0.03
		temporal	22.0 ± 2.7	24.2 ± 3.2	+10	0.01
ml	GM	parietal <sup>b</sup>	17.8 ± 2.7	20.0 ± 3.7	+12	0.01
		temporal	17.8 ± 3.1	20.0 ± 3.9	+12	0.04
	WM	occipital	17.2 ± 2.2	18.9 ± 2.8	+10	0.02

<sup>a</sup> 7 female HD vs. 17 female LD: -13%, p=0.06

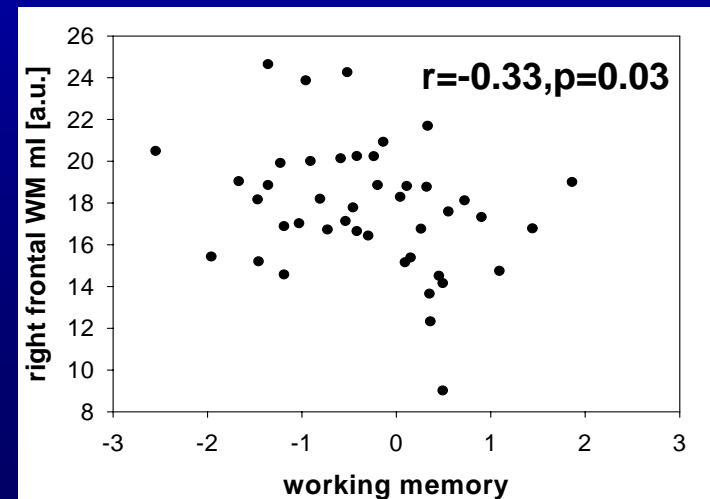
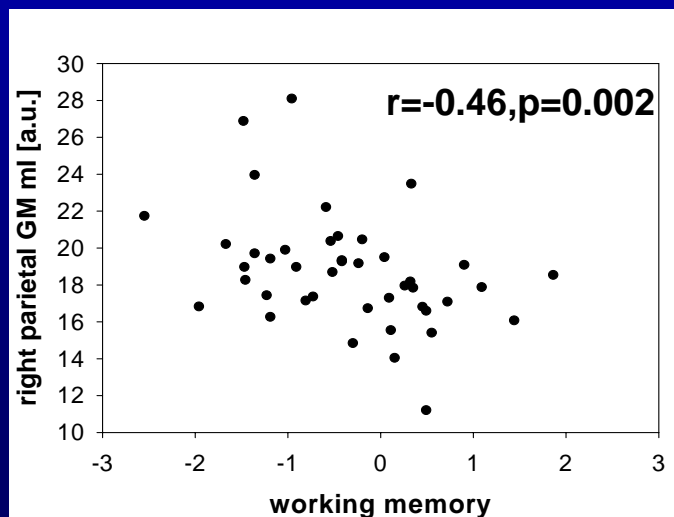
<sup>b</sup> increases with greater current and lifetime drinking quantities

# Metabolite Levels vs. Cognition in HD (Spearman)

frontal  
GM NAA  
vs.  
z-scores for  
proc speed,  
executive



mIno  
vs.  
z-scores for  
working  
memory



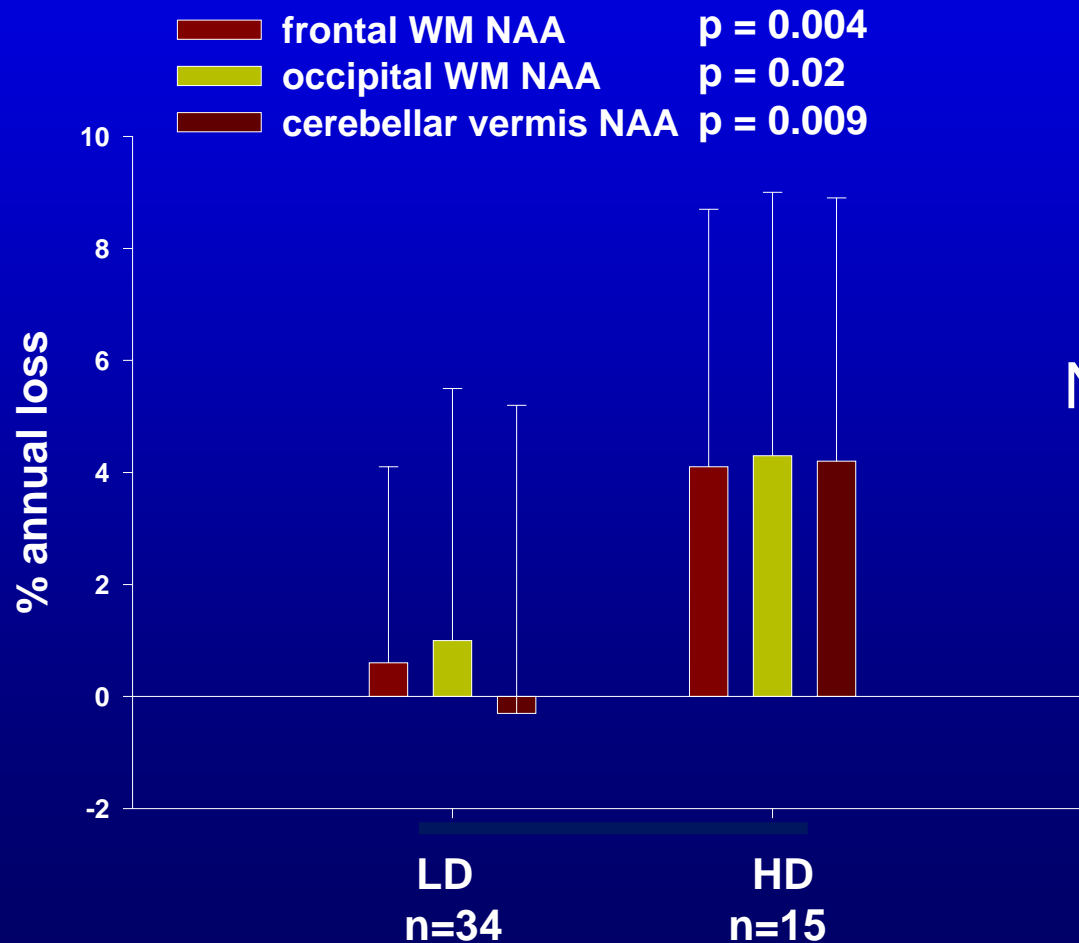
# Annual Brain Volume Loss in HD over 2 Years (from difference MRI = BSI)

MEASURE	HD n = 16	LD n = 30	p
Annual rate of whole brain tissue loss (absolute volume)	0.28 ± 0.40 (4 ± 5 ml)	0.08 ± 0.26 (1 ± 3 ml)	0.04
Annual rate of ventricular volume gain (absolute volume)	0.06 ± 0.08 (1 ± 2 ml)	0.03 ± 0.07	n.s.
Annual rate of sulcal volume gain (absolute volume)	0.22 ± 0.36 (3 ± 5 ml)	0.05 ± 0.22	0.04

as % of intracranial volume

No significant regional volume loss over 2 years.

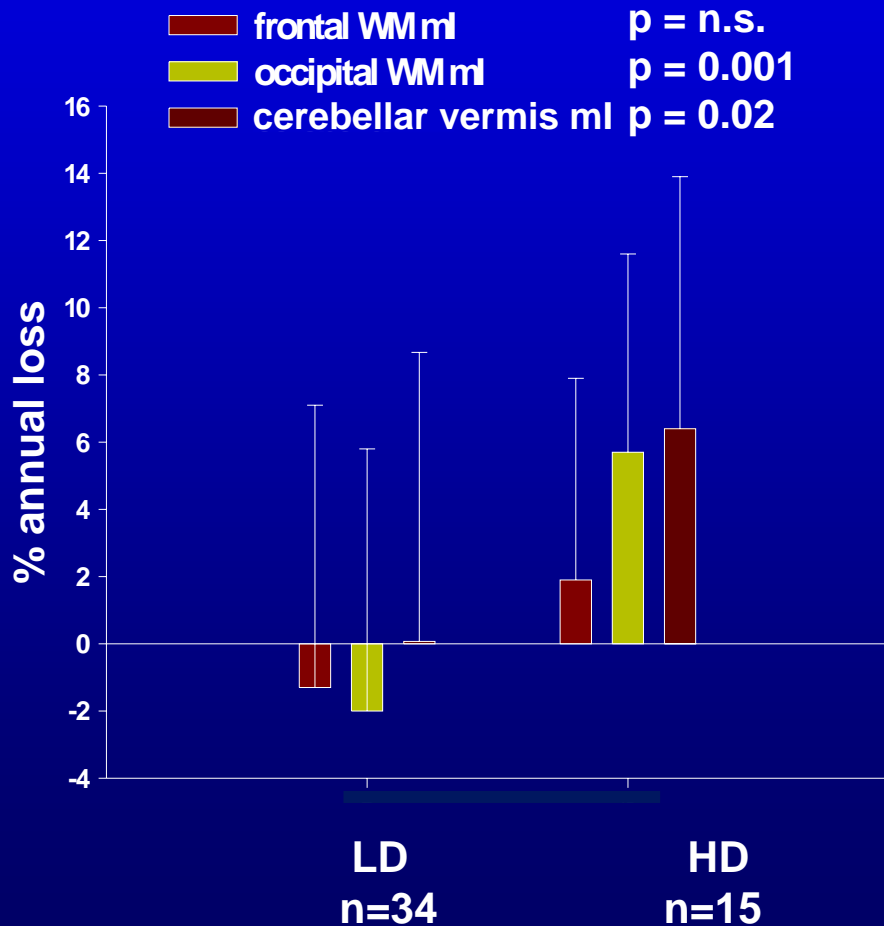
# Annual Rate of NAA Loss in HD over 2 Years



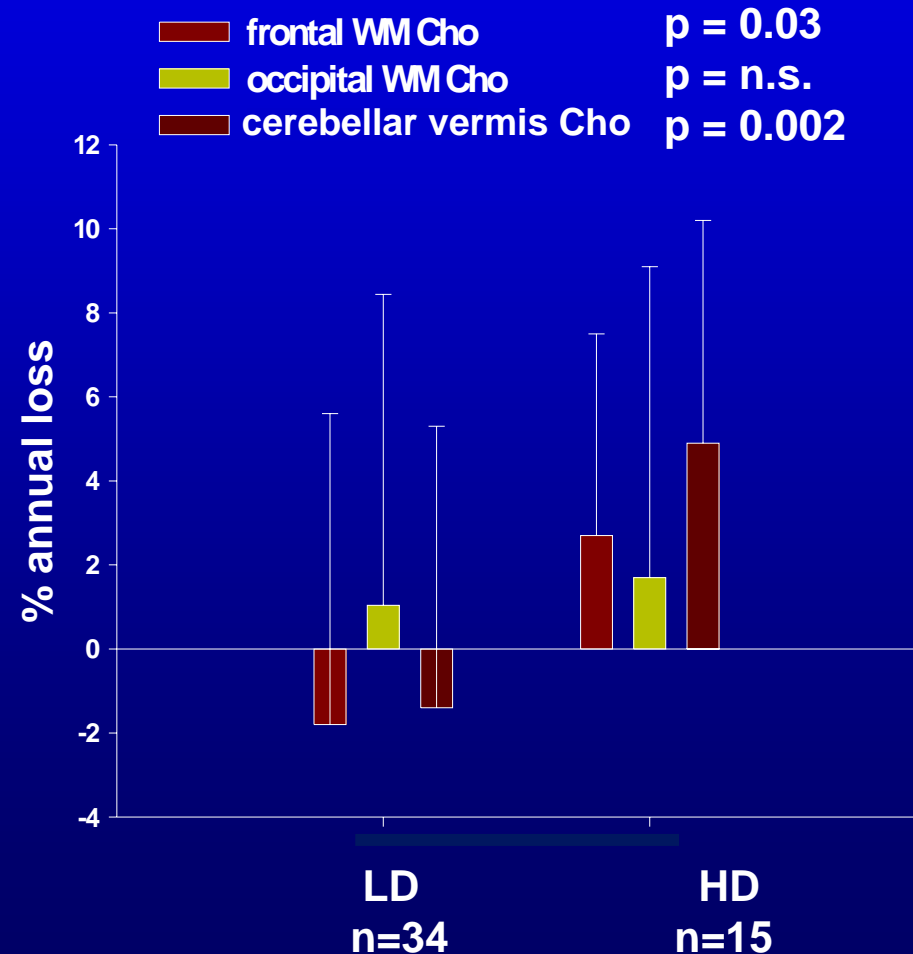
~ 4%  
NAA loss/year!

# Annual Rates of m-Ino and Cho Loss in HD over 2 Years

## m-Ino



## Cho





# ! Chronic active heavy drinking is associated with clinically significant brain injury !

- Cross-sectional studies
  - dose-dependent lobar GM volume loss
  - frontal WM NAA loss, with female HD > male HD
    - ⇒ axonal injury
  - dose-dependent Cr and ml increases in parietal and temporal GM
    - ⇒ osmotic changes? gliosis?
  - metabolite alterations and frontal WM loss correlate with cognitive impairment in HD
- Preliminary longitudinal studies over 2 years
  - ongoing whole brain tissue loss
  - ongoing loss of NAA, Cho and ml, mainly in frontal WM and cerebellar vermis
    - ⇒ active axonal injury, demyelination

# Part 2: Recovering Alcoholics

- Hypotheses
  - Chronic alcohol consumption damages neurons and glia in specific brain regions. Damage associated with neurocognitive impairment.
  - Recovery from alcoholism associated with axonal/dendritic regeneration, glial changes, and cognitive improvements
- Methods, x-sectional and longitudinal
  - Alcoholics in treatment (1 week, 1 mo, 6-9 mo)
  - Structural and metabolic MR at 1.5T
  - Neuropsychological testing

# Demographics

DEMOGRAPHIC	Light drinkers (LD)	Recovering alcoholics (RA)
<b>N</b>	27	24
<b>Age [years]</b>	48.2 ± 5.0	50.0 ± 7.3
<b>Education [years]</b>	15.8 ± 2.3	13.2 ± 2.5
<b>Drinks per month last 3 years</b>	10 ± 11	436 ± 178
<b>Drinks per month over lifetime</b>	12 ± 14	264 ± 139
<b>Lifetime alcohol consumption [kg]</b>	61 ± 49	1436 ± 751
<b>Duration heavy drinking [years]</b>	NA	23.0 ± 8.9
<b>Onset age heavy drinking [years]</b>	NA	24.0 ± 9.0
<b>Time since last alcohol [hrs]</b>	18 ± 7 (n=4)	>120

RA: DSM-IV dependence on alcohol only, no history of significant other drug use, psychiatric, or neurologic disorder

# Brain Tissue Loss [% ICV]

## 1-Week-Abstinent Alcoholics vs. Controls

Tissue type / brain region		Difference [%] 24 RA – 26 LD	p
White Matter	frontal	-6	0.02*
	parietal	-5	0.03*
Gray Matter	frontal	-4	0.05*
	parietal	-8	<0.001*
	temporal	-7	0.003
Thalamus		-6	0.02
Hippocampi (n=11,15)		-12	0.02*
Sulcal CSF	frontal	+20	<0.001*
	parietal	+16	0.003*
	occipital	+22	0.03
	temporal	+14	0.02

\* a priori hx

Compare: In HD, ~4% regional GM loss

# <sup>1</sup>H MRSI Metabolites I

## 1-Week-Abstinent Alcoholics vs. Controls

metabolite	region		difference [%] 25 RA – 20 LD	p
<b>NAA</b>	<b>GM</b>	frontal	-9	0.002*
		parietal	-6	0.02
		temporal	-11	0.007
	<b>WM</b>	frontal	-11	<0.001*
		parietal	-10	0.002
		temporal	-8	0.01
		occipital	-9	0.008
	<b>Thalamus</b>		-8	0.01*
	<b>Caudate</b>		-19	0.02
	<b>Lenticul. Nucl.</b>		-9	0.02
	<b>Brainstem</b>		-7	0.08*
<b>Cerebellum</b>		-6	0.03*	

\* a priori hx

Compare: In HD, 6% frontal WM NAA loss.

# <sup>1</sup>H MRSI Metabolites II

## 1-Week-Abstinent Alcoholics vs. Controls

metabolite	region		difference [%] 25 RA – 20 LD	p
Cho	GM	frontal	-7	0.07*
		parietal	-8	0.02
	WM	frontal	-12	0.004*
		parietal	-9	0.02
		occipital	-9	0.01
	Thalamus		-13	0.01*

\* a priori hx

Compare: In HD, no Cho changes, ~10% GM ml and Cr increases



# Neuropsychology

## 1-Week-Abstinent Alcoholics

- Very limited testing (BVMT, Digit Span + Symbol)
- Mildly impaired visuospatial learning
- Impaired cognition correlates stronger with regional NAA losses than regional brain tissue volume losses

# Chronic Alcohol-Induced Brain Injury in 1-Week-Abstinent Alcoholics - Conclusions

- Brain shrinkage and metabolite abnormalities widespread and dose-related
  - Neuronal/axonal injury, demyelination (lipid abnormalities), consistent with neuropath lit
  - Impaired cognition, associated with abnormal brain MR measures, primarily NAA
- ⇒ Objective MRS measures as surrogates for CNS injury
- Compared to active HD, RA had greater alcoholism severity, more atrophy, more widespread metabolite damage, more and greater cognitive impairments

# Longitudinal Studies in Recovering Alcoholics

1 week

4 weeks

6-9 months



short-term

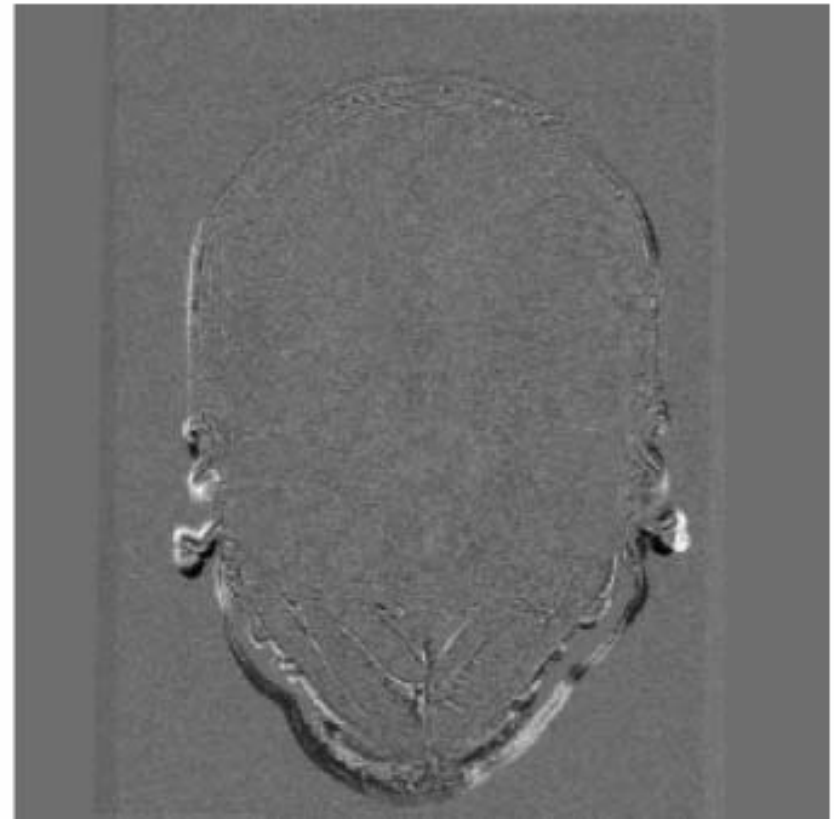
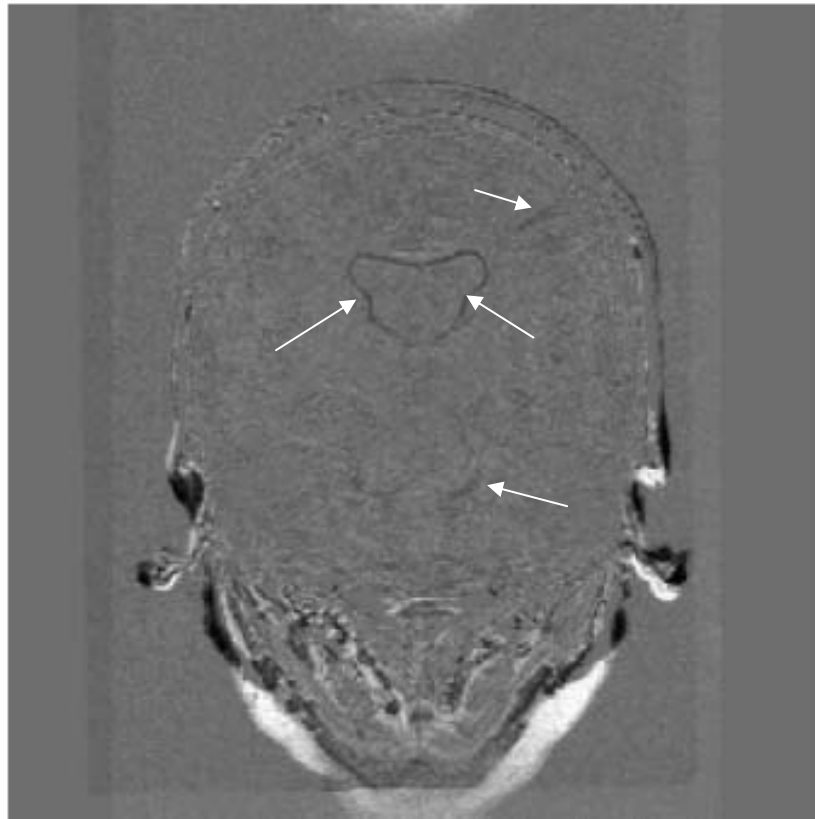


long-term

# Short-Term Neurostructural Recovery (Boundary Shift Integral BSI)

**Recovering alcoholic 3 weeks**  
ventricular volume decrease

**Light social drinker 2 years**



# Whole Brain Volume Recovery over 3 Weeks of Sobriety (from BSI)

	Recovering Alcoholics N = 20	Light Drinkers (over 2 years) N = 10	p
monthly rate of whole brain tissue gain (absolute volume)	+1.1 ± 0.8 (+12 ± 10 ml)	-0.01 ± 0.01	0.0001
monthly rate of ventricular volume loss (absolute volume)	0.2 ± 0.2 (2 ± 2 ml)	0.00 ± 0.00	0.002
monthly rate of sulcal volume loss (absolute volume)	0.9 ± 0.6 (10 ± 8 ml)	0.01 ± 0.01	0.0001

as % of intracranial volume

*see also poster presentation*

# Regional Brain Volume Recovery in Short-Term Abstinent Alcoholics - Lobes (n=22)

Tissue/Brain Region		gain [%] 4 weeks – 1 week	p
Gray Matter	cortical	1.5 ± 5.3	0.14
	frontal	1.4 ± 4.1	0.09*
	temporal	1.8 ± 5.4	0.09
White Matter	cerebral	<b>1.4 ± 3.4</b>	<b>0.04*</b>
	frontal	<b>1.8 ± 3.4</b>	<b>0.01*</b>
	occipital	<b>2.0 ± 3.2</b>	<b>0.007</b>
CSF	sulcal	-2.2 ± 9.3	0.03*
	frontal	-1.7 ± 8.9	0.03*
	parietal	-1.6 ± 9.4	0.06
	temporal	-2.4 ± 12.4	0.06
	occipital	-3.1 ± 16.1	0.08
	ventricular	-5.8 ± 6.3	0.0002*

\* a priori hx



# Regional Brain Volume Recovery in Short-Term Abstinent Alcoholics – non-lobar (n=22)

<b>Brain Region</b>	<b>gain [%] 4 weeks – 1 week</b>	<b>p</b>
<b>Thalamus</b>	0.7 ± 1.0	0.004
<b>Caudate</b>	1.8 ± 1.8	<0.001
<b>Brainstem</b>	0.9 ± 2.1	0.04
<b>Cerebellum</b>	0.8 ± 2.0	0.04*
<b>right hippocampus (n=11)</b>	4.0	0.03*
<b>l + r entorhinal cortices (n=4)</b>	3.0	0.04

\* a priori hx

# Functional Relevance of Brain Volumes

- **4-weeks-abstinent alcoholics (n=26)**
  - Parietal, temporal, total WM volumes correlate with  
visuospatial learning  $r > 0.46, p < 0.02$
  - Frontal CSF volumes inversely correlate with  
executive skills  
general intelligence  
visuospatial learning  
visuospatial skills  $r < -0.38, p > 0.05$

# Brain Metabolite Recovery in Short-Term Abstinent Alcoholics (n=20)

Metabolite	Region	Tissue	gain [%] 4 weeks – 1 week	p
NAA	frontal	GM	+2	0.06
		WM	<b>+5</b>	<b>0.02*</b>
Cho	frontal	GM	+8	0.02
		WM	<b>+15</b>	<b>0.001*</b>
	parietal	GM	+10	0.03
m-Ino	frontal	GM	+5	0.08
		WM	<b>+10</b>	<b>0.008*</b>
	cerebellar vermis		-7	0.02

\* a priori hx

# Neuropsychological Recovery in Short-Term Abstinent Alcoholics (n=28)

measure	1 week	4 weeks	p	score type
Visuospatial learning <sup>a</sup>	38.1 ± 13.0	47.5 ± 11.2	<0.0001	T
Aural attention/ concentration <sup>b</sup>	9.0 ± 3.0	10.3 ± 3.5	0.0008	scale
Visuomotor scanning speed, incidental learning <sup>c</sup>	7.6 ± 2.5	9.0 ± 2.8	0.001	scale
BDI (depressive symptoms)	17.5 ± 10.8	9.4 ± 8.4	<0.0001	raw
STAI-Trait	48.4 ± 14.4	43.9 ± 10.6	0.002	raw
CIWA (withdrawal symptoms)	3.5 ± 4.6	0.32 ± 0.95	0.0003	raw

<sup>a</sup> BVMT-R    <sup>b</sup> Digit Span    <sup>c</sup> Digit Symbol

# Functional Relevance of Metabolite Levels

- **In 4-weeks-abstinent alcoholics (n=22)**
  - Higher parietal WM NAA correlated with auditory verbal memory  $r = 0.58, p = 0.03$
  - Higher cerebellar vermis NAA correlated with visuomotor scanning speed incidental learning  $r > 0.52, p < 0.04$
  - Cho and myo-Ino in multiple brain regions inversely correlated with
    - auditory-verbal learning
    - visuospatial abilities
    - general intelligence $r < -0.42, p < 0.04$

# Functional Relevance of Short-Term Brain Metabolite Recovery

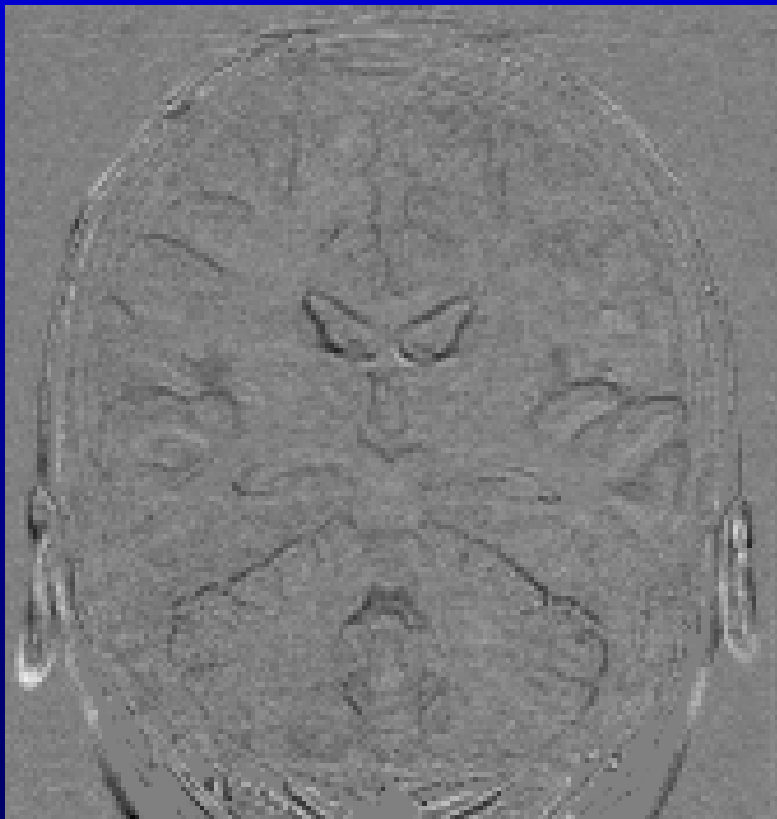
- **Over 4 weeks of sobriety (n=13)**
  - increases of cerebellar vermis NAA correlated with improvement of visuospatial learning and memory

$r = 0.73, p = 0.04$

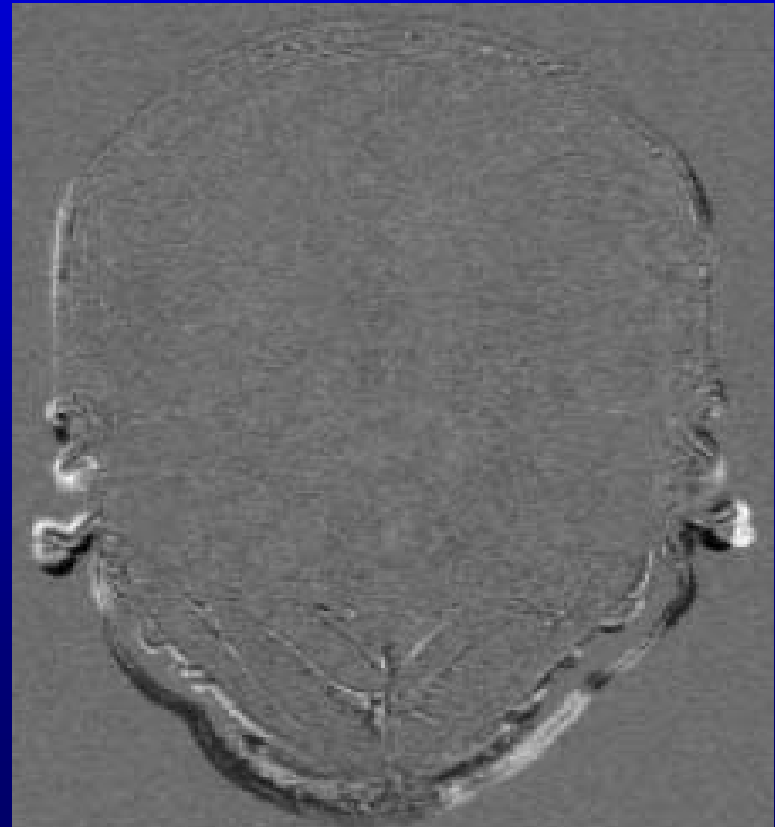


# Long-Term Neurostructural Recovery (Boundary Shift Integral BSI)

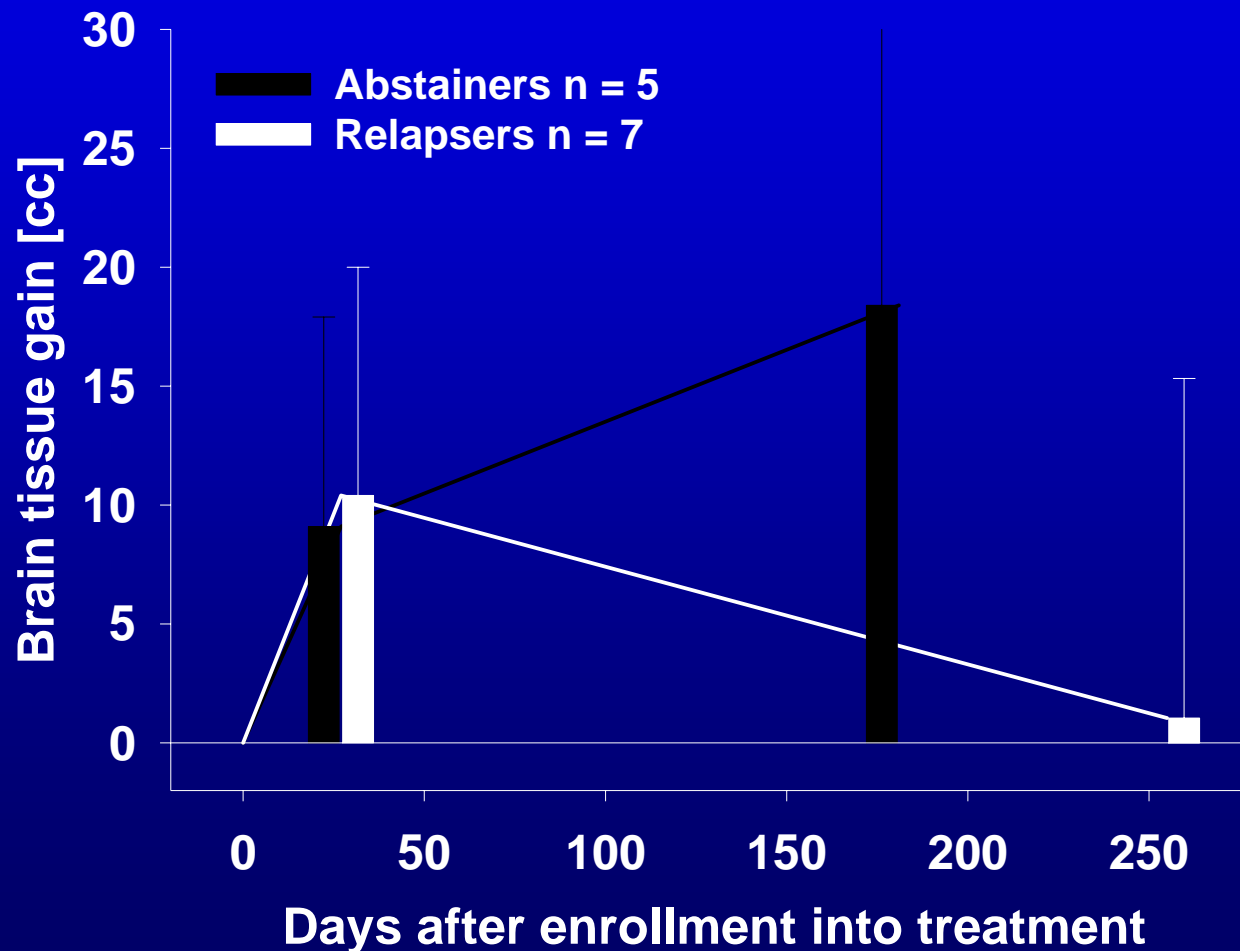
**Recovering alcoholic 8 months**  
ventricular and sulcal volume decreases



**Light social drinker 2 years**



# Long-Term Structural Change in Recovering Alcoholics (whole brain tissue gain from BSI)



# Long-Term Regional Brain Volume Recovery in Abstainers and Relapsers

6-9 Months vs. 1 Month Abstinent Alcoholics

Tissue/Brain Region		Abstainers [% gain] (n = 9 vs. 26)	p Abstainers	Relapsers [% gain] (n=9 vs. 26)	p Relapsers
Gray Matter	cortical	-1.5	n.s.	-0.2	0.04
	frontal	-1.7		-0.1	0.04
	parietal	-1.2		-1.8	0.03
	temporal	-1.0		-0.1	0.04
White Matter	cerebral	<b>+6.0</b>	<b>0.02</b>	-4.6	n.s.
	frontal	<b>+6.0</b>	<b>0.01</b>	-6.2	
	parietal	<b>+4.6</b>	<b>0.01</b>	-3.4	0.05
CSF	sulcal	<b>-6.2</b>	<b>0.03</b>	+3.6	0.01
	frontal	-4.8	n.s.	+7.3	0.01
	parietal	-3.8		-10.0	0.03
	temporal	-9.5		+10.5	0.01
	occipital	-9.0		-10.0	0.03
	ventricular	<b>-10.6</b>		<b>0.0001</b>	-2.9

# Regional Brain Volumes

## Long-term Abstainers vs. Controls [%ICV]

brain region		difference [%] 9 RA – 18 LD	p
<b>Gray Matter</b>	<b>cortical</b>	-4.7	0.06
	<b>parietal</b>	<b>-6.4</b>	<b>0.03</b>
	<b>temporal</b>	-6.4	n.s.
<b>White Matter</b>	<b>cerebral</b>	+0.2	n.s.
	<b>frontal</b>	-1.0	
	<b>parietal</b>	-0.2	
	<b>temporal</b>	+1.0	
<b>CSF</b>	<b>sulcal</b>	<b>+8.9</b>	<b>0.03</b>
	<b>frontal</b>	<b>+13.0</b>	<b>0.02</b>
	<b>parietal</b>	<b>+14.0</b>	<b>0.03</b>
	<b>ventricular</b>	-1.2	n.s.

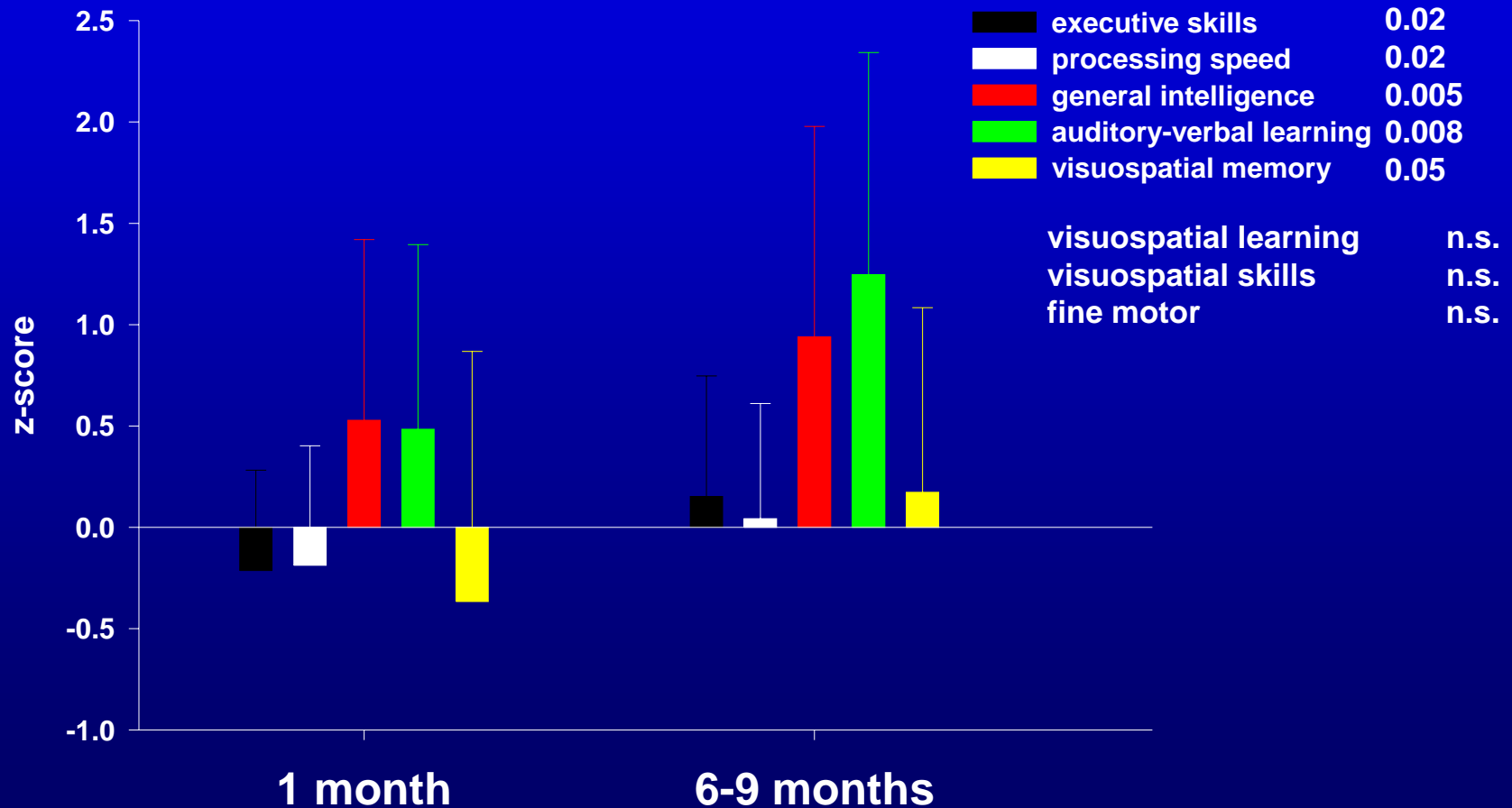
# <sup>1</sup>H MRSI Metabolites

## Long-term Abstainers vs. Controls

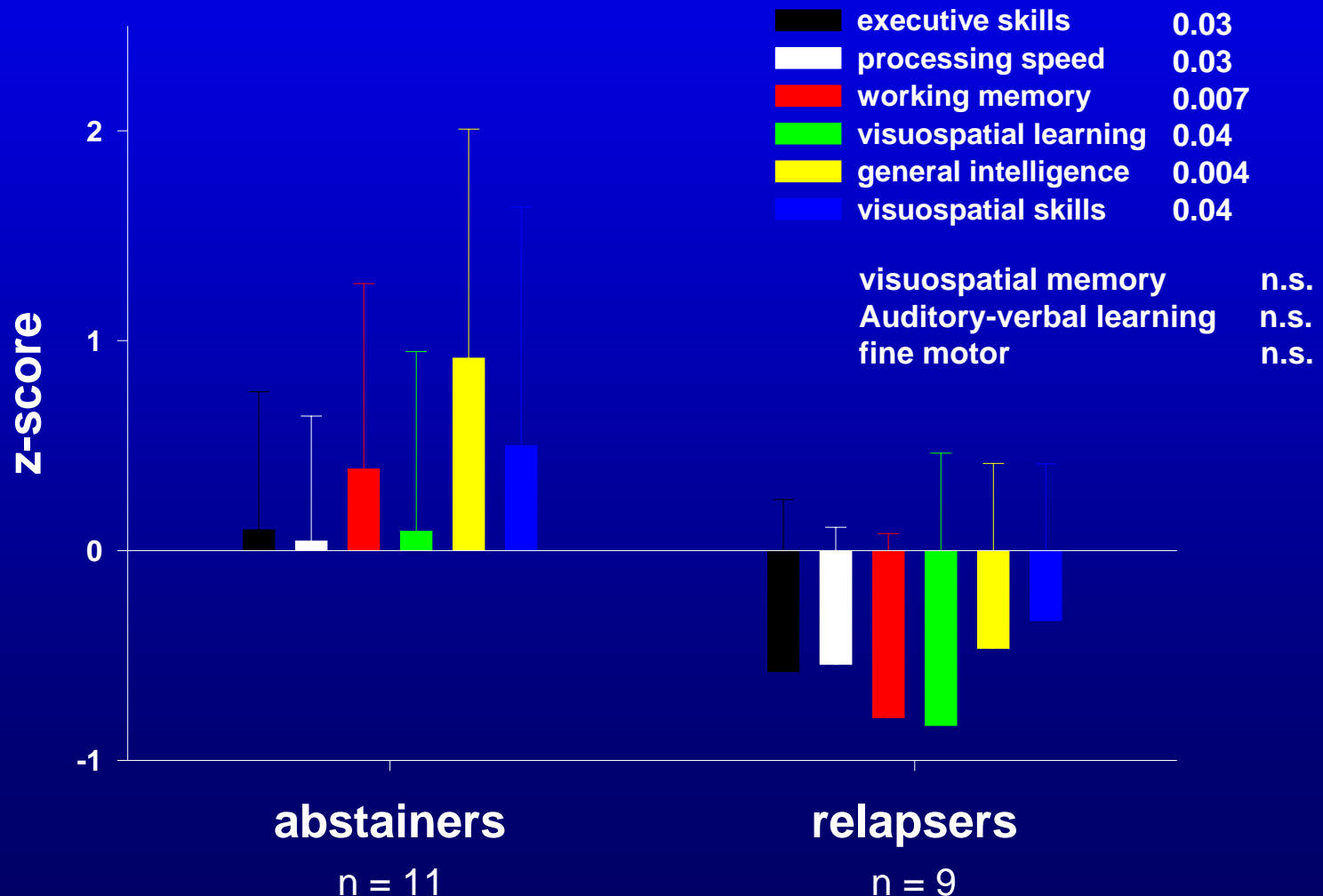
metabolite	region		difference [%] 9 RA – 20 LD	p
NAA	GM	frontal	-8	0.02
		temporal	-9	0.04
	WM	frontal	-11	0.008
		parietal	-9	0.02
		temporal	-14	0.005
		occipital	-7	0.05
	Thalamus		-8	0.03

No significant Cho or ml abnormalities remain after 6-9 months.

# Long-Term Neuropsychological Recovery in Abstainers (n=12)



# Neuropsychological Performance in Long-Term Abstainers vs. Relapsers



# Longitudinal MR Changes in Recovering Alcoholics - Summary

## MRI

- Over 4 weeks:
  - WM ↑
  - sCSF ↓
  - GM ↗
- Over 6-9 months:
  - WM ↑, normal
  - sCSF ↓
  - vCSF ↓, normal
  - GM ↗, low

## MRSI

- Over 4 weeks:
  - Fro WM NAA ↑
  - Fro WM ml ↑
  - Fro Cho ↑
- Over 6-9 months:
  - NAA ↗, low
  - Cho ↑, normal
  - ml ↑, normal



## After only 4 weeks of sobriety, the brain recovers measurably from alcohol-induced brain injury

- MR changes consistent with WM volume recovery, axonal repair, remyelination, and astrogliosis
- Improvements in visuospatial and incidental learning, visuomotor speed, attention/concentration
- Cognitive recovery associated with regional NAA increases, but not with structural improvements.
  
- CT, neuropathology show greater tissue density
  - ➡ remyelination, fiber regeneration (protein synthesis)
  
- Most studies may not capture the full extent of brain injury

**Brain recovery slows down between 1 mo  
and 6-9 mo of sobriety.  
Relapse stops brain improvements.**

- lobar WM volumes continue to recover;  
no significant lobar GM volume recovery
- persistent and widespread lobar and thal NAA deficits;  
Cho and ml normalize
- normalization of executive function, processing speed,  
and auditory-verbal learning;  
residual visuospatial impairment

# Long-Term Recovery from Chronic Alcohol-Induced Brain Injury - Conclusions

- Most recovery during first weeks of sobriety
  - WM tissue recovers faster than GM tissue:  
WM volume increases, remyelination, astrocytosis
  - Persistent GM volume deficits
  - Persistent neuronal/axonal damage
  - Cognition mostly normalized despite persistent structural and neuronal abnormalities.
- ⇒ Importance of astrocytes in brain function!
- ⇒ The brain during long-term abstinence may compensate functionally for persistent biological injury.

# Team Efforts

- **Recruitment, NP, Assessment** Timothy Durazzo, PhD
- **MR studies** Stefan Gazdzinski, PhD
- **MRI analyses** Colin Studholme, PhD  
Valerie Cardenas, PhD  
Enmin Song, PhD  
Frank Ezekiel, BA
- **Clinical support** Peter Banys, MD  
David Pating, MD  
Donald Tusel, MD  
Johannes Rothlind, PhD
- **Participation** SADH and Kaiser Permanente study volunteers

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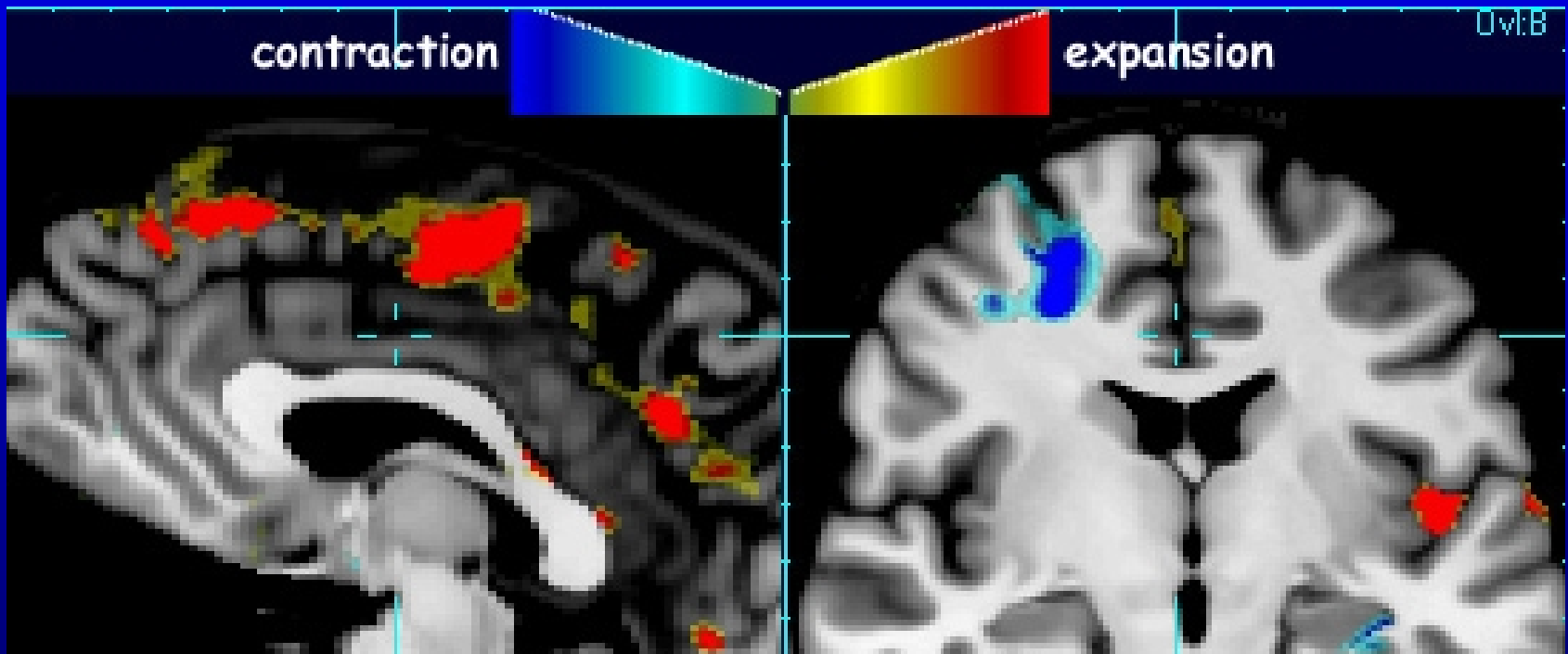
YOU







# Deformation Morphometry in Heavy Drinkers - Correlation with WCST errors (n=42)



Significant ( $p < 0.01$ ) contractions (blue) and expansions (red) correlate with WCST total errors; overlaid on the average spatially normalized MRI.



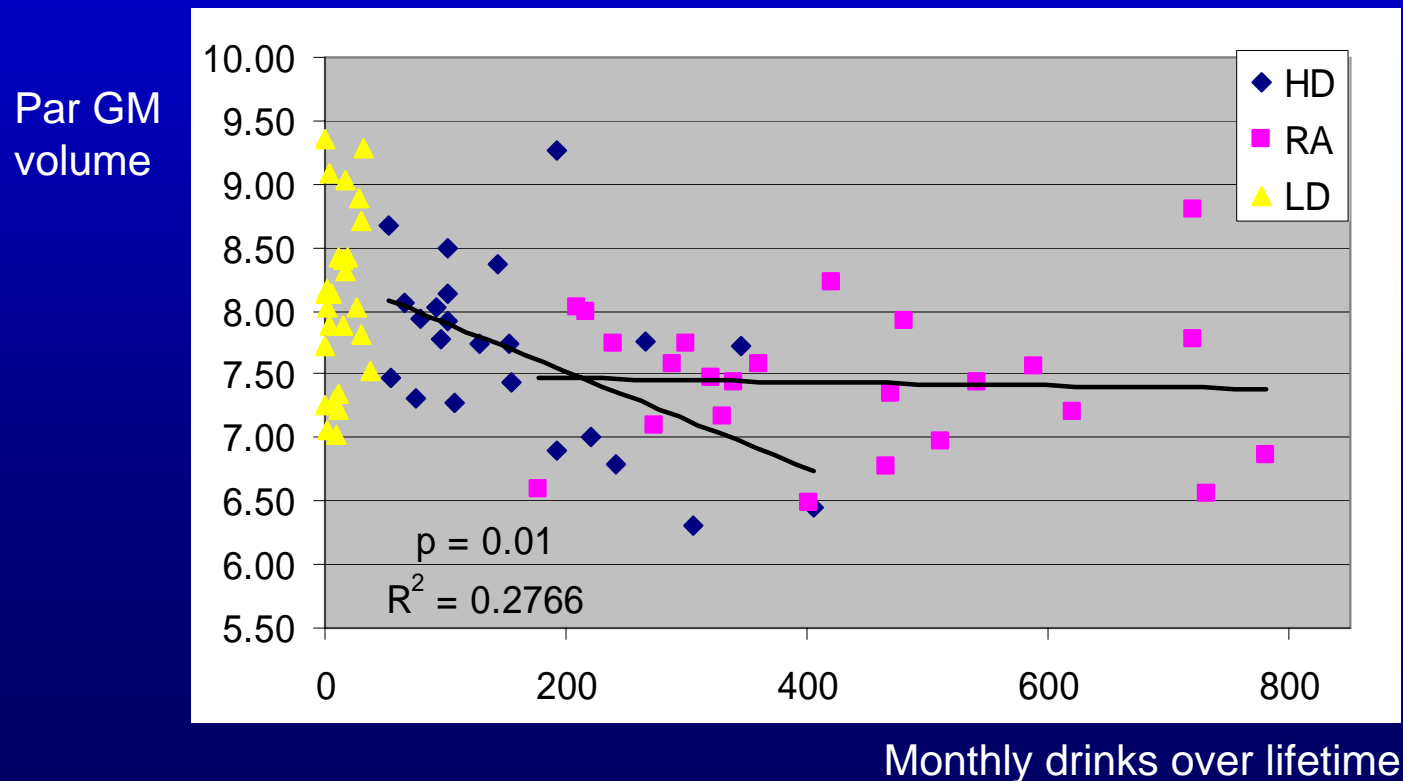
# Demographics 3 Drinking Groups

DEMOGRAPHIC	Light drinkers (LD) n = 27	Heavy drinkers (HD) n = 24	Recovering alcoholics (RA) n = 24
Age [years]	48.2 ± 5.0	48.8 ± 4.4	50.0 ± 7.3
Education [years]	15.8 ± 2.3	14.4 ± 2.3	13.2 ± 2.5
Drinks per month last 3 years	10 ± 11	224 ± 116 *	436 ± 178 *
Drinks per month over lifetime	12 ± 14	191 ± 166	264 ± 139
Lifetime alcohol consumption [kg]	61 ± 49	862 ± 900 *	1436 ± 751 *
Duration heavy drinking [years]	NA	18 ± 9	23.0 ± 8.9
Onset age heavy drinking [years]	NA	25.9 ± 9.6	24.0 ± 9.0
Drinks during 24 hours before MR	0.5 ± 0.7 (n=4)	2.7 ± 3.4 (n=13)	0
Time since last alcohol [hrs]	18 ± 7 (n=4)	14 ± 4 (n=13)	>120
DSM-IV physiol. dependence [%]	0	64	100

\* RA > HD, p<0.01

# Chronic Heavy Drinkers vs. Recovering Alcoholics

- RA have greater alcoholism severity, more atrophy, more widespread metabolite damage, more and greater cognitive impairments



# Alcohol-Induced Brain Injury

## Neuropathology, Histology

- localized loss of neurons and their axons, superior frontal cortex (= gray matter, GM)
- widespread shrinkage of neuronal cell bodies, in frontal, cingulate, and motor cortices
- reduced synaptic branching and dendritic pruning
- loss of white matter, demyelination

Harper, Kril et al. 1992-2001

**Are clinical in-vivo MR methods sensitive to such degeneration or its effects?**


# Alcohol-Induced Brain Injury

## General Structural Neuroimaging Findings

- enlarged ventricles and sulci
- brain tissue loss, especially frontal
- smaller size and other abnormalities of subcortical structures, pons, hippocampus, and cerebellum
- dose-response relationship
- unclear if magnitude of injury similar in men and women
- smaller tissue volumes in older alcoholics

# Alcohol-Induced Brain Injury

## cross-sectional single volume $^1\text{H}$ MRS studies

- less NAA in frontal lobe, cerebellum, basal ganglia, and thalami of recovering alcoholics  
Fein and Meyerhoff, NIAAA 1994; Furuya et al. ISMRM 1994; Fuyimoto et al. ISMRM 1996; Jagannathan et al. MRI 1996; Seitz et al. Alc Clin Exp Res 1999; Schweinsburg et al. Alc Clin Exp Res 2001; Parks et al. Alc Clin Exp Res 2002.
  - higher m-Ino in white matter and thalamus of recovering alcoholics  
Schweinsburg et al. Alc Clin Exp Res 2000
  - less Cho in cerebellum of recovering alcoholics  
Martin et al. Alc Clin Exp Res 1995, Parks et al. Alc Clin Exp Res 2002
-  Weeks to months into abstinence: neuronal/axonal damage, gliosis, altered lipid metabolism

# <sup>1</sup>H MRSI Metabolites

## 1-Week-Abstinent Alcoholics vs. Controls

metabolite	region		LD n=20	RA at 1 week n=25	difference [%]	p
NAA	GM	frontal	33.3 ± 3.3	30.2 ± 3.4	-9	0.002*
		parietal	32.3 ± 3.4	30.5 ± 2.6	-6	0.02
		temporal	27.0 ± 3.2	24.1 ± 3.8	-11	0.007
	WM	frontal	32.5 ± 3.7	29.0 ± 2.9	-11	0.0006*
		parietal	31.4 ± 3.7	28.3 ± 3.1	-10	0.002
		temporal	28.7 ± 3.6	26.4 ± 2.7	-8	0.014
		occipital	32.6 ± 3.8	29.6 ± 3.3	-9	0.008
	Thalamus		37.3 ± 4.2	34.4 ± 4.2	-8	0.01*
	Caudate		32.7 ± 8.9	26.4 ± 4.9	-19	0.02*
	Lenticul. Nucl.		31.8 ± 5.2	28.8 ± 3.7	-9	0.02*
	Brainstem		35.3 ± 5.1	32.8 ± 5.7	-7	0.08*
Cerebellum		36.0 ± 3.0	33.8 ± 3.9	-6	0.03*	
Cho	GM	frontal	6.0 ± 0.7	5.6 ± 0.8	-7	0.07
		parietal	5.0 ± 0.6	4.6 ± 0.5	-8	0.02
	WM	frontal	6.1 ± 0.6	5.4 ± 0.9	-12	0.004
		parietal	5.2 ± 0.5	4.7 ± 0.8	-9	0.02
		occipital	4.6 ± 0.5	4.2 ± 0.6	-9	0.01
	Thalamus		7.2 ± 0.9	6.3 ± 1.1	-13	0.01

No significant ml or Cr group differences. \* a priori hx

# Social Gatherings





# Alcoholism?



So, how many “standard drinks” are this, Charlie?!



