

Smilow

Shares



Chop & Chat with Max and Nat **Fighting Cancer as a Family**

Wednesday, January 15 at 5:30pm
[Register via Zoom](#)



Chop & Chat with Max and Nat is back with another virtual cooking class, LIVE from the Yale New Haven Health Teaching Kitchen! Watch or cook along from home while we discuss ways to improve the health and reduce cancer risk of the entire family.



Max Goldstein, MS, RDN, CDN, CCMS
Chef, Dietitian



Natalie Smith, MS, RDN, CSO
Certified Specialist, Oncology Nutrition

YaleNewHaven**Health**
Smilow Cancer Hospital

Yale **CANCER CENTER**
A Comprehensive Cancer Center Designated
by the National Cancer Institute