Eid-ul-Fitr is the most important days for Muslims, the "festival of breaking the fast."

Families and friends gather to mark the end of the fasting month of Ramadan

Eid-ul-Fitr doesn't have any historical links; instead, the celebrations focus on the community and family, and a spirit of generosity is encouraged. Ramadan is a month-long fast, which marks the month Muslims believe their Holy Book, the Quran, was revealed to the Prophet Mohammed.

During this time, Muslims refrain from eating and drinking from sunrise to sunset. Ramadan is one of the five Pillars of Islam, requiring prayer five times a day and generally encouraging a more reflective behavior. A typical fasting day in CT this year starts at around 3:40 am at the start of the first prayer of the day and ends at sunset around 8:20 pm at the time of the evening prayers, almost 16 + hours of fasting.

Most of the Muslim in CT would kick off celebrations on June 4, 2019, but because the holiday is set by Islam's lunar calendar and depends on the sighting of the new moon, some countries celebrate it a day later. Ramadan and Eid do not fall on the same date each year for the same reason. Time-zones also impact when Eid begins.

During the day, Muslims gather in large open spaces or mosques for special prayers, called Salat al-Eid, usually followed by a small breakfast, their first daytime meal in a month. Gifts are usually exchanged, and charity-giving is also a common practice. Another custom involves donning new clothes for the new day, which marks a spiritual renewal.

[Food is an important part](http://edition.cnn.com/2016/07/04/health/gallery/perfect-feast-celebrate-eid-al-fitr/)of Eid-ul-Fitr, as feasting takes the place of fasting. After a month of the latter, delicacies and party style foods highlight the Eid tables in all households.

Typical greetings of Eid that Muslims exchange is saying Eid Mubarak or Happy Eid to everyone and usually hugging friends and family three times as greetings are exchanged.