Maternal Obesity and GDM: Short and Long-Term Effects on the Offspring

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There is no corporate support for this activity.

Course Director/Host: Lubna Pal, MBBS, FRCOG, MS, FACOG

ACCREDITATION:
The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE:
ObGyn attending physicians, house staff/fellows, medical students, nurses, PA’s, community Ob/Gyn’s, residents, midwives, nurses and researchers.

NEEDS ASSESSMENT:
Early pregnancy metabolism is an understudied area in pregnancy; the independent effects of obesity and GDM on childhood adiposity and glucose metabolism; the effect of maternal insulin on placental growth in early gestation.

LEARNING OBJECTIVES:
At the end of this presentation, attendees will be able to:
1. Distinguish the effects of pregnancy on insulin secretion and insulin resistance in lean and obese women with normal glucose metabolism and GDM
2. Understand the post-receptor insulin signaling defects in women with normal glucose tolerance and GDM in pregnancy and postpartum
3. Understand the independent effects of maternal obesity and GDM on childhood body composition and glucose metabolism

DESIGNATION STATEMENT:
The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES:
Course Director: Lubna Pal, MD
Flo Health, Consultant
AMAG Advisory Board, Member
GLG, Consultant
Abbott Advisory Board, Member

Speaker: Patrick Catalano, MD
None

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