

Traveling to CMHC by Car

Updated June 2013

Please note: Route 34, Exit 3 is closed due to the City of New Haven's Downtown Crossing project. Construction may cause delays and affect your regular route to Connecticut Mental Health Center and nearby parking facilities. Please plan accordingly.

For more information, visit <http://downtowncrossingnewhaven.com>

Directions

To CMHC Main Entrance:

From I-95 traveling north or south and I-91 traveling south:

Route 34 west to Exit 2. Follow North Frontage Road and turn left onto Park Street. Go one block. CMHC main entrance is on the right, before Howard Avenue.

To Air Rights Garage:

From I-95 traveling north or south and I-91 traveling south:

Route 34 west to Exit 2. Follow N. Frontage Road and turn left into the Air Rights Garage. If you are a CMHC patient, CMHC will validate your parking ticket (please ask your clinician for information).