

Yale School of Medicine

**The Office for Women in
Medicine and Science and
partners invites you to a
special virtual presentation by
Sally Helgesen, Author of
"How Women Rise"**

**Guest
Speaker**



Sally Helgesen

Date: Tuesday October 18, 2022

Time: 12-1:30 PM

To RSVP: [Click here!](#)

Virtual Interactive Presentation Description:

"How Women Rise" by Sally Helgesen

Women's distinctive strengths and behaviors provide them with many advantages. Yet the very habits that help them early in their careers can hold them back as they seek to rise.

In this interactive program, Sally draws on her work with legendary executive coach Marshall Goldsmith to help women identify and address the habits most likely to get in their way as they seek to move to a higher level. This program will focus on 5 habits that impede women's success.

Using vivid real-life examples that resonate and inspire, Sally helps participants:

- Identify how specific habits may hinder them as they move to a higher level
- Initiate simple behavioral changes that can smooth their path going forward
- Hold themselves accountable for changes that can benefit them and their organizations
- Become a more powerful resource for other women seeking to rise

Participants will come away from this program with:

- An enhanced understanding of their individual strengths
- Tips for identifying and addressing behaviors that get in their way
- A proven means for enlisting support
- Tools for enhancing their visibility and connections

Allies who support women and gender equity are encouraged to attend.

This event is co-sponsored by the Committee on the Status of Women (SWIM), Office of the Provost, Yale Women Faculty Forum, Office of Academic and Professional Development, Yale School of Medicine; Department of Pediatrics, Yale School of Medicine; Department of Pediatrics, Bridgeport Hospital.