# 2025 Medical and Dental Benefits Costs - Monthly

**Yale Health Plan (YHP) Full Cost Yale Subsidy Resident Cost**

|  |  |  |  |
| --- | --- | --- | --- |
| Single | $1001 | $1,001 | 0 |
| Single + Child(ren) | $1,902 | $1,902 | 0 |
| Single + Spouse | $2,102 | $2,102 | 0 |
| Family | $3,003 | $3,003 | 0 |

**Aetna Choice POS II Full Cost Yale Subsidy Resident Cost**

|  |  |  |  |
| --- | --- | --- | --- |
| Single | $1,343 | $1,001 | $342 |
| Single + Child(ren) | $2,360 | $1,902 | $458 |
| Single + Spouse | $2,608 | $2,102 | $506 |
| Family | $3,726 | $3,003 | $723 |

**Aetna Smart Care Plan Full Cost Yale Subsidy Resident Cost**

|  |  |  |  |
| --- | --- | --- | --- |
| Single | $982 | $982 | 0 |
| Single + Child(ren) | $1,837 | $1,837 | 0 |
| Single + Spouse | $2,019 | $2,019 | 0 |
| Family | $2,875 | $2,875 | 0 |

**Dental Plan Full Cost Yale Subsidy Resident Cost**

|  |  |  |  |
| --- | --- | --- | --- |
| Single | $49 | 0 | $49 |
| 2-Person | $98 | 0 | $98 |
| Family | $152 | 0 | $152 |

These rates are valid through 12/31/25 and will likely change as of 1/1/26. YHP will remain a no-cost option for residents.