

PRESENTED BY THE LGBTQ+ AFFINITY GROUP



ARE YOU THE ONE?

FINDING THE THERAPIST
OF YOUR DREAMS

An Interactive Workshop on:

• **SEARCHING** • **INTERVIEWING** •
CONSULTING • **SELECTING**

CO-FACILITATED BY:
SELIMA JUMARALI & DANI CHIARAMONTE

DEC. 17, 2020
THURSDAY
6-7PM

ZOOM WORKSHOP
MEETING ID: 999 453 4054
PASSCODE: THERAPY

[HTTPS://ZOOM.US/J/9994534054?](https://zoom.us/j/9994534054?pwd=YW9PETHEENZNOF02BXMVL2ZSV2TYDZ09)
PWD=YW9PETHEENZNOF02BXMVL2ZSV2TYDZ09

Think you might be interested in seeing a therapist? Not sure how to find one or to figure out who is the best fit for you? Join this interactive workshop where we will learn about how to find a therapist and discuss tips on where to look and how to ask the questions that will help you get closer to finding The One.



This workshop will be co-facilitated by Selima Jumarali, a queer woman of color therapist and clinical-community psychology doctoral student committed to supporting queer and trans folks and folks of color in their healing journeys.



And, Dani Chiaramonte, a queer Postdoc at Yale, health equity researcher, and huge proponent of good therapy!

MAIN COMPONENTS:

Searching For a Therapist / Interviewing / Consulting / Selection Q&A

- Participants will also be provided with a worksheet to support them through the therapy search process.

