



October Seminar Notice State Sleep Conference

Presented by
Yale University School of Medicine's
Section of Pulmonary, Critical Care & Sleep Medicine

Restless Legs Syndrome: The Good, The Bad & The Ugly



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Wednesday, October 7, 2015, 2:00 pm
TAC S447, Anylan Center

Host: Lauren Tobias, M.D.

There is no corporate support for this activity
This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

NEEDS ASSESSMENT

Restless legs syndrome (RLS) is under appreciated in clinical settings. The consequences of RLS are not well understood by clinicians, and short and long-term treatment approaches to RLS are not well recognized.

1. Mackie SE, Winkelman JW. Long-term treatment of RLS: An approach to management of worsening symptoms, loss of efficacy, and augmentation. *CNS Drugs* 2015;29:351-7.
2. [Garcia-Borreguero D](#), [Allen R](#), [Kohnen R](#), [Benes H](#), [Winkelman J](#), [Högl B](#), [Ferini-Strambi L](#), [Zucconi M](#), [Trenkwalder C](#). Loss of response during long-term treatment of restless legs syndrome: guidelines approved by the International Restless Legs Syndrome Study Group for use in clinical trials. *Sleep Med* 2010;11:956-957

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

1. Understand the prevalence and associations of RLS.
2. Identify the most effective short-term treatments.
3. Identify the issues with short-term treatments and approaches, which address treatment complications.

FACULTY DISCLOSURES

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