Traditional Residents Commitment to Change Follow Up: Goals of Care

#### 1. Select your year:

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(	DCV1
	FGII

- O PGY2
- PGY3

#### 2. Enter your NETID

### 3. Please respond to the following statements using the associated scale:

	Very High	High	Neutral	Low	None
Prior to the course, my motivation for integrating goals of care into my practice was:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
At the end of the course, my motivation for integrating goals of care into my practice was:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Today, my motivation for integrating goals of care into my practice is:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
At the end of the goals of care course, my anticipated ability to make changes in my practice as a result of the course was:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Today I would rate my ability to make changes in my practice as a result of the goals of care course as:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Comments:					

4. Thinking about the **frequency** you have implemented changes in your practice <u>as a result of the goals of care course</u>, please rank the following changes by level of importance (**1 = most important**). *Indicate those changes you DID NOT IMPLEMENT as "N/A"*.

I have had more goals of care conversations	N/A
I feel more comfortable leading goals of care discussions	N/A
I use the framework of SPIKES presented in the session	N/A
I have completed advanced directives with patients (or referred patient to social work for completion)	N/A
I have not made changes in my practice as a result of the course because I have not had the opportunity	N/A
I have not made changes in my practice as a result of the course because I feel I need more training on the topic	N/A
Some other change (please describe in comments at end of survey)	N/A

5. Thinking about the **barriers** you have experienced in making changes in your practice <u>as a result of the goals of care course</u>, please rank the following barriers by level of importance **(1 = most important**). *Indicate those barriers you DID NOT EXPERIENCE as "N/A"*.

Time	N/A
Comfort level in leading difficult discussions	N/A
Knowledge of planning for complex patients	□ N/A
Lack of opportunity	□ N/A
I did not experience any barriers	□ N/A
Some other barrier (please describe in comments at end of survey)	□ N/A

6. Thinking about the **facilitators** you have experienced in making changes in your practice <u>as a result of the goals of care course</u>, please rank the following facilitators by level of importance (**1 = most important**). *Indicate those facilitators you DID NOT EXPERIENCE as "N/A*".

Supportive supervising residents and/or faculty	N/A
Evidence provided during session	N/A
I did not experience any facilitators to implementing goals of care	N/A
Some other facilitator (please describe in comments at end of survey)	N/A

7. Thinking about practice change(s) that you did not originally anticipate making but implemented as a result of the goals of care course, please rank the following changes by level of importance (1 = most important). Indicate those changes you DID NOT IMPLEMENT as "N/A".

Improved relationships with patients and families	N/A
I did not experience any practice changes that I did not anticipate	N/A
Some other change (please describe in comments at end of survey)	N/A

8. Please rank your **current level of motivation** to make <u>future changes</u> to your practice as a result of the goals of care course:

Very High	High	Neutral	Low	None
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

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You indicated your motivation to make additional practice changes as a result of the goals of care course as "Very High or High". Please respond to the following two questions.

# 9. Other **change(s)** I would like to make in my practice are (select all that apply):

Complete advanced directives with patients or refer to social work to do so

I have not identified other changes to make in my practice

Other (please specify)

### 10. I anticipate barrier(s) to these additional practice changes to be (select all that apply):

Time Lack of opportunity Other (please specify)

## 11. I anticipate facilitator(s) to these additional practice changes to be (select all that apply):

Supportive supervising residents and/or faculty

Evidence provided during session

I do not anticipate any facilitators

Other (please specify)

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#### 12. Please provide any additional comments or feedback here: