



State SLEEP Conference

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Joint Yale-Harvard Sleep Conference: Pharmacotherapy for Obstructive Sleep Apnea



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Wednesday, September 11, 2019 @ 2-3 pm

The Anlyan Center, TAC S-447

Moderator: Andrey Zinchuk, MD

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

There is a need for alternative treatments for sleep apnea due to the poor adherence rate with CPAP therapy.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will learn to:

1. To understand the neurobiological causes of pharyngeal muscle relaxation during sleep.
2. To identify the brainstem areas responsible for activating pharyngeal muscles during sleep.
3. Review medications that could target these neurobiological circuits to treat sleep apnea.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflicts of interest
Andrew Wellman, MD – Apnimed, Nox, Inspire, Somnifix, Sanofi
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