



JUNE SEMINAR NOTICE

Presented by

Yale School of Medicine's, Department of Therapeutic Radiology

“Oncology Rehabilitation and Exercise Recommendations for Cancer Survivors”

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Date: Thursday, June 18, 2020, 9:00AM

Location: Zoom Meeting

Course Director/Host: Henry S. Park, MD, MPH

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending Physicians; Housestaff/Fellows; Medical Students; Nurses; PA's; Other

NEEDS ASSESSMENT

Cancer survivors experience a variety of physical limitations following radiation therapy. Cancer related fatigue, limitations in range of motion and strength, and long-term integrity of the musculoskeletal system are several potential side effects from radiation therapy. Physical therapy intervention prior to, during, and following radiation therapy can address these side effects, yet referrals to an oncology rehabilitation specialist are lacking. This presentation will address the physical needs of cancer survivors receiving radiation therapy and provide a team approach to increasing referrals to rehabilitation.

- Campbell, K et al. Exercise guidelines for cancer survivors: consensus statement from international multidisciplinary roundtable. *Med Sci Sports Exer.* 2019 Nov;51 (11):2375-2390.
- Schmitz, KH et al. Exercise is medicine in oncology: engaging clinicians to help patients move through cancer. *Ca Cancer J Clin* 2019; 69:468-484.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

1. Identify common physical side effects from radiation therapy.
2. Describe different assessments, treatments and goal setting for patients through rehabilitation interventions.
3. Provide a framework for increased referrals to oncology rehabilitation to mitigate the short and long-term side effects of radiation therapy.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Scott J. Capozza, PT, MSPT – None; Henry S. Park, MD, MPH – RadOncQuestions, LLC, Honorarium, Editor

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