Disaster Psychiatry Symposium:
Disaster Mental Health Fundamentals and Training

April 30, 2016
8:00 a.m. - 5:00 p.m.

Jane Ellen Hope Auditorium
Room 110, First Floor
Yale Medical School
333 Cedar Street
New Haven, CT

Sponsored by:
The Connecticut Psychiatric Society
Yale Global Mental Health Program

In collaboration with:
Connecticut State Medical Society
American Red Cross
8:00 A.M. - 8:25 A.M.  Registration/Breakfast

8:25 A.M. - 8:35 A.M.  Introductions  
*Shaukat Khan, M.D., Carla Marienfeld, M.D, Program Co-Chairs*

8:35 A.M. - 8:45 A.M.  Welcome by CPS President, Reena Kapoor, M.D.

8:45 A.M. - 9:00 A.M.  Opening Remarks  
*Robert Rohrbaugh, M.D, Professor of Psychiatry, Director of the Office of International Medical Student Education*

9:00 A.M. - 9:45 A.M.  Medical Approach to Disaster Response  
*Jay McIsaac, M.D.*

9:45 A.M. - 10:30 A.M.  PTSD and Resilience  
*Steven Southwick, M.D.*

10:30 A.M. - 10:45 A.M.  Morning Break

10:45 A.M. - 11:15 A.M.  Disaster Psychiatry History and System Issues  
*Fredrick Stoddard, M.D.*

11:15 A.M. - 11:45 A.M.  Needs Assessment and Acute Phase Intervention  
*Shaukat Khan, M.D.*

11:45 A.M. - 12:15 P.M.  Post-Acute Phase Management Adults, Children and Family  
*Fredrick Stoddard, M.D.*

12:15 P.M. - 1:00 P.M.  Lunch in Beaumont Room, 221A, Sterling Hall of Medicine

1:00 P.M. - 1:30 P.M.  When to Intervene? Ethical Considerations in Disaster Psychiatry  
*Carla Marienfeld, M.D.*

1:30 P.M. - 3:00 P.M.  Disaster Mental Health Fundamentals and Certification  
*Red Cross*

3:00 P.M. - 3:15 P.M.  Afternoon Break

3:15 P.M. - 4:45 P.M.  Disaster Mental Health Fundamentals and Certification (continued)  
*Red Cross*

4:45 P.M. - 5:00 P.M.  Closing Remarks with Drs. Marienfeld and Khan

**LEARNING OBJECTIVES**

At the conclusion of this symposium, participants should be able to:

- Understand the history of disaster psychiatry and its basic tenets.
- Identify the phases of disasters, disaster mental health services, system issues and risk communication.
- Recognize early and late psychological impacts of disasters including distress, grief, PTSD, depression and resilience.
- Identify the basic elements of Psychological First Aid.
- Describe psychiatric roles in readiness, evaluation, and evidence-based treatment.
- Describe the Red Cross mental health role in disaster response and recovery, and how to participate in ARC Disaster Mental Health.
- Understand the range of psychiatric interventions during the different phases after disaster for children, adults, families, and responders.
- Explain the evidence base for psychotherapeutic and psychopharmacological interventions post-disaster.
- Describe self-care for first responders and health care professionals.
- Understand acute medical issues in the aftermath of disaster including identify medical problems, triage and first aid.
- Consider the legal and ethical issues in disaster mental health.