

# **Pediatric Grand Rounds** Presented by Yale School of Medicine Department of Pediatrics



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"Embracing the Double Challenge: Mental and Behavioral Health Among Chronically Ill Children. (Who, me? For real?)"

> Wednesday, February 12th, 2020, 12:00 p.m. FITKIN AMPHITHEATRE

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

# TARGET AUDIENCE

Medical Students Residents and Fellows Allied Health Providers

This session will describe the unmet mental and behavioral health (MBH) needs in children with chronic medical conditions and the implications it has on pediatric subspecialty practice. National surveys have demonstrated that pediatric providers (both general pediatricians and subspecialists) feel they lack the training in providing mental health care to children1, and they subsequently infrequently inquire about and treat MBH issues.2 Evaluation within our program demonstrates our providers similarly struggle with providing MBH care. Learners will leave the session with a deeper understanding of the importance of addressing MBH issues, as well as a toolkit of resources address those issues

# LEARNING OBJECTIVES:

- At the end of this activity, participants will be able to:

  1. Describe the epidemiology of mental and behavioral health (MBH) issues in children
  - with chronic medical conditions and the stress chronic conditions has on wellbeing. Recognize the negative impacts on the mental, physical, and emotional health of family members of children with chronic conditions
  - Develop strategies for discussing MBH care in patients who present with other
  - Recognize the menu of referral and treatment options for children with MBH issues.

## DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the

### FACULTY DISCLOSURES

Andres Martin, MD: None Paige Lembeck, PhD: None Juliann Reardon, MD: None Pnina Weiss, MD, Grand Rounds Director: None

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