MEASUREMENT-BASED CARE

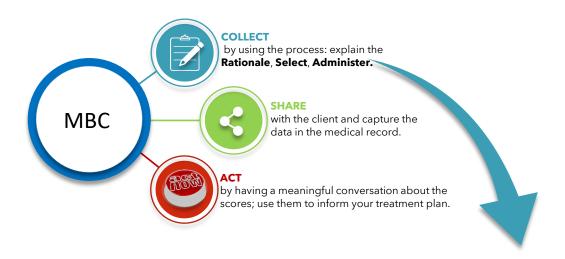








MBC basics SPOTLIGHT ON COLLECT



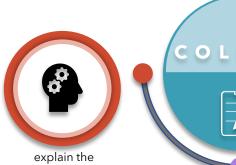


create.

MBC allows you to establish a shared language with the client with which to discuss treatment.

Patient-reported outcome measures help clinicians and clients select treatment targets that align with the client's goals.

Frequent use of measure data can signal when treatment isn't working and help the clinician and client set a plan to get back on track.



RATIONALE

for using measures in your initial session or early on in treatment. Explain how you'll be using the measures together in treatment.

ENGAGING THE CLIENT IN THE MBC PROCESS EARLY ON IS KEY.





SELECT

In addition to measures required by your program (if applicable), consider additional measures you and the client agree are relevant for their treatment, symptom management, and/or functional goals.

LINKING THE MEASURES TO THE CLIENT'S GOALS ENHANCES CARE.



ADMINISTER

the patient-reported outcome measures regularly as a standard part of care.

REPEAT THE MEASURES FREQUENTLY SO THAT THE SCORES CAN GUIDE YOUR PLAN OF CARE OVER TIME.

"It was interesting because it allowed me to see some things that I wasn't quite aware of. It was different; it was something I didn't expect." --Client engaged in MH care