PERSONAL STATEMENT

I am a psychiatrist with fellowship training in child psychiatry and forensic psychiatry on the faculty of Yale’s Division of Law and Psychiatry and the Yale Child Study Center. My clinical and research focus is on Developmental and Learning Disorders, particularly Autism Spectrum Disorder (including Asperger Disorder and Pervasive Developmental Delay), and the assessment and management of problematic behaviors of the type that can lead to legal involvement.

CURRENT POSITIONS

Assistant Professor, Division of Law and Psychiatry, Yale School of Medicine
New Haven, CT 2013–present

Assistant Professor (secondary), Yale Child Study Center, Yale School of Medicine
New Haven, CT 2013–present

Consulting Forensic Psychiatrist, CT DMHAS Forensic Services Division
Middletown, CT 2014–present

Consulting Forensic Psychiatrist, Connecticut Psychiatric Security Review Board
Middletown, CT 2014–present

Director of Psychiatry, Benhaven Agency
New Haven, CT 2016–present

PREVIOUS POSITIONS

Consulting Psychiatrist, Raeger Autism Institute
Amsterdam, NL 2016–2018

Consultant, Benhaven Agency
New Haven, CT 2012–2016

Medical Director, Yale Academic Skills Clinic
New Haven, CT 2014–2016

Consulting Psychiatrist, Young Adult Services, CT DMHAS
Middletown, CT 2013–2014

Medical Director, Yale University Forensic Drug Diversion Program
New Haven, CT 2013–2014
EDUCATION

Degrees
PhD, Yale Graduate School of Arts and Sciences, Department of Investigative Medicine  
New Haven, CT  
2013

MD, Brown University School of Medicine  
Providence, RI  
2005

BA, Bennington College  
Bennington, VT  
1998

Residency and Fellowship Training
Forensic Psychiatry Fellowship, Department of Psychiatry, Yale University  
2013

Child Psychiatry Fellowship, Solnit Program, Yale Child Study Center  
2011

Adult Psychiatry Residency, Solnit Program, Department of Psychiatry, Yale University  
2010

Certifications and Courses
PCL-R (Psychopathy Checklist – Revised)  
2016

HCR-20 V3 (Historical Clinical Risk Management-20, Version 3)  
2016

fMRI Visiting Fellowship Course, MGH/MIT/HMS Martinos Center for Biomedical Imaging  
2011

Clinical Gait Analysis Course, Center for Motion Analysis, CT Children’s Medical Center  
2008

ADOS (Autism Diagnostic Observation Schedule)  
2007

Post Baccalaureate Pre-Medical Certification, Columbia University School of General Studies  
2001

Board Certifications

Board Certification in Forensic Psychiatry, American Board of Psychiatry and Neurology

Board Certification in Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology

Board Certification in General Psychiatry, American Board of Psychiatry and Neurology
PUBLICATIONS


PRESENTATIONS

Beyond This Place of Wrath and Tears: Managing Extreme Behaviors in the Community. Grand Rounds. Yale Child Study Center; New Haven, CT. 2018.

Where Do I Go From Yale, Panelist. Yale University, New Haven, CT. 2018.


Sperry L, Loftin R, Westphal A. Sexual Offending and Autism. ARC Center on Criminal Justice and Disability (International webinar); 2015.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. University of New Haven; West Haven, CT; 2015.


Westphal A. Autism Spectrum Disorder and Challenging Behaviors. 14th International Conference on the Care and Treatment of Offenders with an Intellectual or Developmental Disability; Leeds, UK; 2015.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Division of Criminal Justice, CT Judicial Branch; Hartford, CT; 2012.

Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Court Support Services Division, CT Judicial Branch; Wethersfield, CT; 2012.

Westphal A. The Place of Childhood Disintegrative Disorder on the Autism Spectrum. Grand Rounds, University of Connecticut; Farmington, CT; 2012.

Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Benhaven School Teacher’s Association; Wallingford, CT; 2012.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Greenwich Lecture Series, Yale Child Study Center; Greenwich, CT; 2012.


Westphal A. Autism Spectrum Disorders: Treatment and Research Summary. Foundation School Teacher’s Association; Orange, CT; 2009.


**ABSTRACTS/POSTERS**


Westphal A, Koenig K, Volkmar F. The Clinical Validity of Childhood Disintegrative Disorder. International Meeting for Autism Research; Chicago, IL; 112:051; 2009.


TEACHING

Co-Director of the Forensic Child Psychiatry Track, Yale Forensic Psychiatry Fellowship 2016–present

Guest Lecturer, University of New Haven 2015

Supervising Forensic Psychiatrist, Yale School of Medicine, Department of Law and Psychiatry, 2015–present

Didactics Contributor, Yale School of Medicine, Department of Law and Psychiatry Fellowship, 2014–present

Didactics Contributor, Yale School of Medicine, Psychiatry Residency, Forensics Module 2014–present

Didactics Contributor, Yale Child Study Center, Child Psychiatry Fellowship 2013–present

Didactics Contributor, Yale Child Study Center, Autism and Related Disorders: Seminar and Practicum. 2012–present

Medical Student Interview Tutor, Yale School of Medicine 2012–present

FOUNDATION AND GRANT SUPPORT


Simons Foundation 239832 Multimodal Developmental Neurogenetics of SSC Adolescents - Kevin Pelphrey, PhD. Role: Co-Investigator. 2012-2016

NIH/NIMH Ro1 MH100028 Autism Center of Excellence Network: Multimodal Developmental Neurogenetics of Females with ASD - Kevin Pelphrey, PhD.Role: Co-Investigator. 2012-2016

Alan B. Slifka Foundation 239832 Childhood Disintegrative Disorder: Functional Brain
Characteristics. Role: Principal Investigator 2012

Simons Foundation 206929 Investigation of the Etiology of Childhood Disintegrative Disorder - Kevin Pelphrey, PhD. Role: Co-Investigator 2011 – 2013

NIH/NIMH T32 MH018268 Training Program in Childhood Neuropsychiatric Disorders - James Leckman, MD. Role: Trainee 7/1/07 - 6/30/10


AWARDS

Yale University, Division of Law and Psychiatry, Teaching Award 2018
Melvin Lewis Award for Excellence in Medical Student Education, Yale Child Study Center 2011
NIH Pediatric Research Loan Repayment Program 2007–2013
AACAP Outstanding Child and Adolescent Psychiatry Award 2009
Excellence in Service Award, Child Psychiatry Unit, Yale New Haven Hospital, CT 2007
Christopher Benedick Prize in Child Psychiatry, Bradley Hospital, RI 2005
Community and International Health Institute Film Award, Brown University, RI 2005
Brown University Department of Community Health, Research Award, RI 2004
Brown Medical School Summer Research Assistantship Award 2003

EDITORIAL BOARDS

- Journal of Autism and Developmental Delays
- Journal of Intellectual Disability – Diagnosis and Treatment

AD HOC REVIEWER

- Adolescent Psychiatry
- Autism
- Journal of Autism and Developmental Delays
- Journal of Intellectual Disability – Diagnosis and Treatment
- Journal of Mental Health Research in Intellectual Disabilities
- Journal of Psychiatry & Mental Health
- Journal of the American Academy of Psychiatry and the Law
- Journal of Child and Adolescent Psychopharmacology
- Journal of the American Academy of Child and Adolescent Psychiatry
- Australasian Journal of Philosophy
- Clinical Neuropharmacology
- Oxford University Press
- The Harvard Review of Psychiatry
SERVICE

Member, CT DDS Office of the Commissioner Institutional Review Board, Hartford, CT
2018–present

Advisor, Yale University Human Investigations Committee, New Haven, CT
2018–present

Undergraduate Advisor, Berkeley College, Yale University
2017–present

Delegate, Association of Yale Alumni
2017–present

Board Member, Yale University Graduate School of Arts and Sciences, Alumni Association
2017–present

Co-Executive Fellow, Berkeley College, Yale University
2017–present

Member, Advisory Committee on Resources for Students and Employees with Disabilities, Yale University
2016–present

Member, Service Subcommittee of the Advisory Committee on Resources for Students and Employees with Disabilities, Yale University
2016–present

Beekeeper, New Haven Land Trust, Springside Community Garden
2016–present

Member, American Academy of Child and Adolescent Psychiatry, Juveniles and Law Committee
2015–present

Member, CT DSS, Pharmaceutical and Therapeutics Committee (Governor Appointed)
2015–present

Member, Connecticut Valley Hospital, Forensic Risk Committee
2014–present

Member, History and Arts Committee, Group for the Advancement of Psychiatry
2013–present

Undergraduate Advisor, Trumbull College, Yale University
2014–present

Grant Reviewer, American Academy of Psychiatry and the Law Institute for Education and Research,
2013–present

Member, American Academy of Psychiatry and the Law, Research Committee
2013–present

Member, American Academy of Psychiatry and the Law, Developmental Disabilities Committee
2011–present

Board of Directors, Member, Benhaven Network, North Haven, CT
2011–present

Medical Student Interview Tutor, Yale School of Medicine, New Haven CT
2010–present
Member, Yale Child Study Center, Web and Social Media Committee
2015–2017

Examiner, Yale Psychiatry Residency Oral Examination
2013–2017

Chair, American Academy of Psychiatry and the Law, Chair, Developmental Disabilities Committee
2013–2017

Member, Department of Developmental Services, Autism Advisory Council, Services Subcommittee
2013–2015

Fellow, Trumbull College, Yale University, New Haven, CT
2010–2016

Graduate Affiliate, Trumbull College, Yale University, New Haven, CT
2010–2012

International House Ambassador, New York, NY
2007–2009

Solnit Integrated Adult and Child Psychiatry Program, Admissions Committee, New Haven, CT
2007–2013

Research Assistant, Brown Medical School, Department of Psychiatry
2004–2005

Brown Medical School Admissions Committee
2003–2005

Coordinator, Family Advocacy Program of Rhode Island, Providence, RI
2002–2003

Volunteer, Butler Hospital, Psychiatric Assessment Services, Providence, RI
2003–2005

Volunteer, New York Hospital – Cornell, Burn Unit, New York, NY
2000–2001

Tutor, International House Harlem Tutorial Program, New York, NY
1999–2001

Volunteer, New York Hospital – Columbia, Emergency Room, New York, NY
1999–2000

**CURRENT PROFESSIONAL MEMBERSHIPS**

- International Society for Autism Research
- American Academy of Psychiatry and the Law
- American Academy of Child and Adolescent Psychiatry
- Group for the Advancement of Psychiatry
- International Society of Exposure Science
- International Society for Developmental Origins of Health and Disease

CV current June 23, 2018