



**RSS (Regularly Scheduled Series)
GRAND ROUNDS**

YaleCME
CONTINUING MEDICAL EDUCATION

**Presented by
Yale School of Medicine
Department of Obstetrics, Gynecology and Reproductive Sciences**



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PhD, CNM, FACNM, FAAN

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Yale School of Nursing

“Undisturbed Birth” – Myths, Mysteries, and Evidence

There is no corporate support for this activity
Course Director/Host: Lubna Pal, MBBS, FRCOG, MS, FACOG

Thursday, October 31, 2019, 4:00PM-5:00PM
Brady Auditorium, 310 Cedar St

LEARNING OBJECTIVES:

At the conclusion of this talk, the attendees will be able to:

1. Review the paradox of “too much too soon” (TMTS) and “too little too late” (TLTL) in maternity care.
2. Examine practices in caring for the childbearing person and infant that optimize or disturb labor and birth physiology.
3. Discuss three research priorities identified by the Quality Maternal and Newborn Care Research Alliance for future interprofessional collaboration.

NEEDS ASSESSMENT:

1. Miller and colleagues proposed a paradoxical model of maternity care constrained by practices deemed “too much too soon” (TMTS), in which we intervene when it is not necessarily appropriate, and “too little too late” (TLTL), where those who need it the most are not well served.
2. These care patterns have short- and long-term implications for the childbearing person and infant, and some of those may be transgenerational.
3. Understanding the connection between care practices and interventions to birth outcomes is critical in addressing the TMTS and TLTL paradox.
4. YNNH has established an interprofessional committee to examine care practices to promote vaginal birth and this presentation will help provide a foundation for future collaboration and research.

TARGET AUDIENCE

ObGyn attending physicians, house staff/fellows, medical students, nurses, PA's, community Ob/Gyn's, residents, midwives, nurses and researchers.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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FACULTY DISCLOSURE:

Lubna Pal, MD:

Flo Health, Consultant
AMAG Advisory Board, Member
GLG, Consultant
Abbott Advisory Board, Member

Holly Powell Kennedy, PhD:

None

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