

Yale Sleep Medicine Seminar



Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Sleep disorders in the military; PTSD and OSA



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Wednesday, January 27, 2021 @ 2pm EST

Moderator: Lauren Tobias, MD

REMOTE ATTENDANCE ONLY - NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/93569756530

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530 CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 from 1:45pm-3:15pm day of session.

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TÁRGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Build awareness for the relevance of Sleep disorders to the health of veterans, particularly those suffering from PTSD and TBI.

LEARNING OBJECTIVES

At the conclusion of this talk, participants will learn

- I. Understanding the culture of sleep deprivation in the military
- 2. Describe the common sleep disorders in the military and barriers to diagnosis and treatment
- 3. Delineate Sleep disorders specifically in PTSD and TBI

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for I AMA PRA Category I $Credit(s)^{TM}$. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest

Jacob F Collen, MD – No conflict of interest

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