



Continuing Medical Education
Yale CME

Yale Sleep Medicine Seminar

Presented by: Department of Internal Medicine, Section of Pulmonary, Critical Care & Sleep Medicine

Making Sleep Health and Medicine Precise, Personalized and Innovative

01/26/2022 2:00 PM – 3:00 PM EST | Online

- The first goal of this webinar is to highlight a wide range of health disparities in the United States (especially sleep health disparities) and to understand multi-level determinants that engender or maintain these disparities. We will provide an innovative definition of what constitutes a disparity. Second, the webinar will then describe how and why efforts to solve and overcome health disparities have yielded modest changes. Specifically, the webinar will highlight how the current value proposition, scientific, healthcare delivery and business model in modern day healthcare is unable to solve challenging health disparities. Lastly, the webinar will describe how a precision and personalized population health approach can better identify, measure, and solve seemingly intractable health disparities.



Azizi Seixas, PhD

Associate Professor
Department of Psychiatry and Behavioral Sciences
Director of The Media and Innovation Lab
Associate Director of TSCS
The University of Miami Miller School of Medicine

Host: Janet Hilbert, MD

Program Goal:

1. Identify and implement innovation strategies and models to assist in groundbreaking discoveries in medicine and science to help solve health inequity.
2. Frameworks for making health precise, personalized, and innovative to solve health inequities
3. Understanding sleep health disparities and solutions to address sleep health disparities

Target Audience: Sleep Medicine

Financial Disclosure Information:

Janet Hilbert, MD, course director for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Debbie Lovejoy, coordinator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Janet Hilbert, MD, moderator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Azizi Seixas, PhD, faculty for this educational activity, received grant or research support-Merck.
All of the relevant financial relationships listed for this individual have been mitigated.

Accreditation Statement: Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation Statement: Yale School of Medicine designates this Live Activity for a maximum of **1.00 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For questions, email deborah.lovejoy@yale.edu

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