

Digestive Diseases Research Seminar  
*Presented by Yale School of Medicine,  
Department of Internal Medicine, and Section of Digestive Diseases*

# Constipation Management in 2021

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5:00 - 6:00 pm

<https://zoom.us/j/97275905280?pwd=aUpodkR1bjd6TDJFdVI0Z2swZmJSdz09>

Host: Loren Laine, MD

Course Directors: Yasuko Iwakiri, PhD and Joseph Lim, MD

To record your attendance to this activity, text the Activity Code (29424) to 203-442-9435.

**There is no corporate support for this activity. Accreditation:** The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Target Audience:** YSM faculty, fellows, nurses, residents, medical students, staff, and other health care providers. **Designation Statement:** The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity. **Needs assessment:** Chronic constipation is a prevalent and burdensome condition that is multifactorial (slow transit constipation, defecatory disorders, IBS-C, medication-induced, etc) and associated with treatment failure and patient dissatisfaction. In the past 10 years new therapeutics have been introduced and new evidence has emerged for non-pharmacologic therapies including behavioral interventions and pelvic floor physical therapy in the case of dyssynergic defecation. In addition, recognition of the importance of the biopsychosocial model of disease has provided a framework for providers to recognize the importance of quality of life and patient reported outcomes. **Objectives:** Recognize symptoms and etiologies of chronic constipation; Understand techniques that behavioral psychologists and pelvic floor physical therapists may use respectively to treat underlying issues associated with constipation; Understand the recommendations for over the counter and prescription therapy for chronic constipation. **Faculty Disclosures:** Faculty for this educational activity have no relevant financial relationship with ineligible companies to disclose. It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs. **This course will fulfill the licensure requirement set forth by the State of Connecticut.**