

Breaking the Stigma of Psychosis

Myths

Psychosis is really rare. No one in my life will be impacted by psychosis.



Treatment doesn't work.

Treatment is scary and painful.



Treatment means being in a hospital or psych ward.

Using cannabis is safe.



It's not psychosis. It's their personality, a curse, laziness...



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Facts

Psychosis is more common than you think.

3 in 100 people will experience psychosis

Psychosis does not discriminate. It impacts people of every race, gender, sexual orientation, religion and socioeconomic status.

Treatment is effective.

People with psychosis can go on to live successful and meaningful lives. The sooner someone gets into treatment, the better.



Don't believe what you see in movies.

Treatment is safe.

Treatment typically consists of medications and therapy. Much like treatment for other mental health disorders. Call today for a psychosis screening and rapid referral to care.



Early treatment happens in an office.

Our goal is for every individual experiencing psychosis to get into outpatient treatment for early psychosis before ending up in a crisis situation where they may be sent to a hospital.



Cannabis can increase risk for psychosis.

The earlier (adolescence), heavier (more potent/higher THC), and longer the exposure (cumulative years of use), the greater the risk of developing psychosis.

Psychosis is a treatable brain disorder.

Many individuals and those around them ignore the symptoms and avoid seeking help. While psychosis can provide positive traits such as creativity, it can also make life difficult. Symptoms can be managed with treatment.

