







## BLESSING BAGS & VALENTINES

Tuesday, February 14<sup>th</sup> from 7-8pm Blessing Bag Assembly & Card Making

Wednesday, February 15<sup>th</sup> from 10:45am-1pm
Blessing Bag Distribution & Lunch Serving

Both events at Saint Thomas More (268 Park Street)

Find out more at: www.facebook.com/ayudhCT/events

## "If we have no peace, it is because we have forgotten that we belong to each other." – Mother Teresa

- Assemble Blessing Bags containing essential toiletries and local resource information for the guests of the Saint Thomas More Soup Kitchen
- Write a few kind words or make a valentine to include in the bags
- Distribute the bags, meet the guests, and help serve lunch the next day

Come for as much or as little time as you want!



This event is generously supported by the Graduate and Professional Student Senate, the GPSS Community Service Committee, a grant from the Yale University Office of the Secretary and Vice President for Student Life, the Wellness Project Compassion-in-Action Series – Giving Back, and the Saint Thomas More Catholic Chapel & Center at Yale University. Please find out more about AYUDH Connecticut at <a href="https://www.facebook.com/ayudhCT">www.facebook.com/ayudhCT</a> or email questions to ayudhct@gmail.com.