

# YALE SCHOOL OF MEDICINE Physician Associate Program

## Commencement Ceremony

December 6, 2021

#### **PROGRAM**

WELCOME & INTRODUCTION OF COMMENCEMENT SPEAKER

Alexandria Garino, PhD, PA-C Assistant Professor Program Director

COMMENCEMENT ADDRESS Rita Rienzo, MMSc, PA-C Alumni Engagement Manager Yale Physician Associate Program

REMARKS & CONFERRAL OF DEGREES

Nancy J. Brown, MD
Jean and David W. Wallace Dean
Yale School of Medicine
C.N.H. Long Professor of
Internal Medicine

READING OF NAMES

Elizabeth Roessler, MMSc, PA-C Assistant Professor Director of Didactic Education

PROGRAM AWARD PRESENTATIONS

Courtney Fankhanel, MMSc, PA-C Assistant Professor

Director of Clinical Education

Rosana Gonzalez-Colaso, PharmD, MPH

Assistant Professor

Director of Research Education

STUDENT ADDRESS

Robert Johnston, MA, Class of 2021

STUDENT AWARD PRESENTATIONS

Abner Arias-Olson, Class of 2021 Chunie Johnson, Class of 2021

OATH

Class of 2021

**CLOSING** 

David Brissette, MMSc, PA-C

Assistant Professor

Associate Program Director

## **HONORED GUESTS**

## Nancy J. Brown, MD

Jean and David W. Wallace Dean of the Yale School of Medicine and C.N.H. Long Professor of Internal Medicine

## Jessica Illuzzi, MD, MS

Deputy Dean for Education and Harold W. Jockers
Professor of Medical Education
Professor of Obstetrics, Gynecology and
Reproductive Sciences

Rita Rienzo, MMSC, PA-C

Alumni Engagement Manager Yale Physician Associate Program

#### COMMENCEMENT SPEAKER

## Rita Rienzo, MMSc, PA-C

Alumni Engagement Manager Yale Physician Associate Program

Rita Rienzo is the newly appointed Manager for Alumni Engagement at the Yale Physician Associate Program. Prior to undertaking this new role, she served as the Director of Clinical Education for the Program for 14 years.

Rita holds a Bachelor of Science degree from Fordham University in the Bronx, New York and a Master of Medical Science degree from the Emory University PA Program in Atlanta, Georgia, class of 1994. After graduation, she practiced Primary Care at an urban clinic in Chattanooga, Tennessee. Two years later, she decided to make a specialty change to Surgery and was accepted into the Yale/Norwalk Hospital Postgraduate Residency for PAs.

Upon graduation from the Residency in 1998, Rita joined the General Surgery Service at Yale New Haven Hospital where she practiced as a staff PA for several years and then served as the Manager of the Surgery PAs for several more years. In 2007, she was invited to join the faculty at the Yale Physician Associate Program as a Clinical Coordinator. There she had the opportunity to work closely with the second-year PA students as they navigated their clinical rotations, electives, and job searches. She retired from her position as the Director of Clinical Education in June of this year. It was the best job she could have imagined.

Outside of work, Rita serves as a volunteer with the Food Pantry of North Branford and with Integrated Refugee & Immigrant Services in New Haven. She has also been elected as the incoming Secretary for the Connecticut Physician Assistant Foundation, which provides scholarships to PA students in the state.

In her new role as the Alumni Engagement Manager, Rita is delighted that she will have the opportunity to continue to be in contact with all of her former students.

#### **MASTER OF MEDICAL SCIENCE 2021**

## **Abner Arias-Olson**

Bethel University, Bachelor of Science, Biological Sciences Thesis Title: Drama Therapy as a Quality-of-Life Intervention for Persons with Dementia and Family Caregivers

## Rachel Blumel

Weber State University, Bachelor of Science, Respiratory Therapy Thesis Title: Accuracy of the "Thumb-Palm Test" in the Detection of Ascending Aortic Aneurysm Disease

#### Isabel Burick

University of Maryland, College Park, Bachelor of Science, Biological Sciences

Thesis Title: Computer Aided Diagnosis with Ultrasound to Improve Detection of Triple Negative Breast Cancer

#### Hannah Carson

University of California, Irvine, Bachelor of Science, Public Health

Thesis Title: Equity and Use of Telehealth Modalities Among People Living with HIV During the COVID-19 Pandemic

## Kathy Chen

University of California, Berkeley, Bachelor of Arts, Molecular Biology, Cell Biology & Biochemistry

Thesis Title: Efficacy of Educational Seminars in Increasing Skin Cancer Screening in Asian Americans

## Jaime Conway

Northeastern University, Bachelor of Science, Chemistry Thesis Title: Tucked In: Weighted Blankets to Improve Sleep in Intensive Care Unit Patients

## **Alecia Cunniff**

Villanova University, Bachelor of Science, Biology Thesis Title: Recorded Maternal Song to Reduce Crying Duration in Neonatal Abstinence Syndrome

#### Maria Dalzell

Seattle University, Bachelor of Arts, Biology

Thesis Title: Cost of Treatment Conversations Between Primary

Care Clinicians and Patients Living with Diabetes

## **Kyle Deaver**

University of Vermont, Bachelor of Science, Environmental Studies

Thesis Title: The Clinical Role and Activity of Advanced Clinicians in the Out-of-Hospital Environment

## **Brenden Feingerts**

University of California, Santa Barbara, Bachelor of Arts, History

Thesis Title: Efficacy of QuikClot Combat Gauze When Used by Immediate Responders in a Simulated Gunshot Wound

## Tyler Godek

University of Massachusetts Amherst, Bachelor of Science, Psychology/Public Health

Thesis Title: Effects of Dialectical Behavior Therapy on Body Modification in Borderline Personality Disorder

## Leanne Gonzalez

Hunter College of the City University of New York, Bachelor of Arts, Human Biology

Thesis Title: Culturally-Adapted Cognitive Behavioral Therapy for Bilingual Latinx with Depressive Symptoms

## Veronica Guirguis

Northeastern University, Bachelor of Science, Neuroscience Thesis Title: *Vitamin E Alpha-Tocopherols to Prevent Recurrent Stroke in Patients with a Minor Neurovascular Event* 

## **Brittney Gunneson**

Sacred Heart University, Bachelor of Science, Biology Thesis Title: Behavioral and Emotional Changes Across COVID-19 School Experiences in Children and Adolescents

#### Linda Guo

Pennsylvania State University, Bachelor of Science, Biology Thesis Title: Association Between Parity and Restless Legs Syndrome in a Population of US Women

## **Ashley Harris**

University of Dayton, Bachelor of Science, Biology Thesis Title: Effect of Aerobic Exercise on Seizure Frequency in Children with Comorbid Epilepsy and Migraine

## Ariana Hartoonian

California Baptist University, Bachelor of Science, Biology Thesis Title: Diet and Strength Training Interventions to Decrease Insulin Resistance in Polycystic Ovary Syndrome

#### Dao Ho

University of Missouri-Kansas City, Bachelor of Arts, Chemistry Thesis Title: *Understanding Palliative Care Delivery in a Ugandan Emergency Department and United States Emergency Department* 

## Katrina Jimenez

Florida International University, Bachelor of Science, Biological Sciences

Thesis Title: Preventing Postpartum Preeclampsia with Low-Dose Aspirin: A Randomized Controlled Trial

## Chunie Johnson

Brigham Young University, Bachelor of Applied Science, Exercise Science

Thesis Title: A Descriptive Cross-Sectional Study of Visual Perceptions of Acral Lentiginous Melanoma

## Robert Johnston★

Central Washington University, Bachelor of Arts, Anthropology San Jose State University, Master of Arts, Anthropology

Thesis Title: Healthy Aging in Rural Guangdong Province, China

## Carina Leggio

Trinity College, Bachelor of Science, Biology

Thesis Title: Efficacy of Rimegepant Plus Calcitonin Gene-Related

Peptide Monoclonal Antibody for Migraine

## Jasmine Li

Northeastern University, Bachelor of Science, Health Science Thesis Title: Impact of Social Isolation on Depressive Symptoms in Perinatal Women During the Coronavirus Pandemic

## Megan McCauley

Saint Michael's Collage, Bachelor of Science, Biology Thesis Title: Coronary Angiogram Plus Invasive Physiologic Tests in Women with Nonobstructive Coronary Dysfunction

## Allison Miller

University of Notre Dame, Bachelor of Science, Neuroscience Thesis Title: Complications of Bone Morphogenetic Protein-2 Use in Open Transforaminal Lumbar Interbody Fusion

## Jenna Moscarelli

Boston College, Bachelor of Science, Psychology Thesis Title: Guidelines for Influenza Vaccination Uptake in Pregnant Women: A Cluster-Randomized Controlled Trial

## Kevin Mugno

Creighton University, Bachelor of Science, Exercise Science Thesis Title: Metformin and Statin's Effect on Prostate Cancer Risk in Diabetics with Benign Prostatic Hyperplasia

## **David Seth Murphy**

University of Nevada, Reno, Bachelor of Science, Immunology Thesis Title: Back to Basics: The Effects of Buffered Crystalloids on Mortality in the Setting of Severe Trauma

## Monica Narsolis

Loyola University Chicago, Bachelor of Science, Biology Thesis Title: Video Cognitive Behavioral Therapy to Prevent Depression in Patients with Inflammatory Bowel Disease

#### Nicholas Nielsen

Brigham Young University, Bachelor of Science, Microbiology Thesis Title: Spiritual Direction Practice in Physician Associates

#### Madeline Perez

University of California, Davis, Bachelor of Science, Biological Sciences

Thesis Title: Sexual Function in Women Undergoing Risk Reducing Salpingo-Oophorectomy With or Without Hysterectomy

## Samantha Quinn

University of Maryland, College Park, Bachelor of Science, Public Health

Thesis Title: The Effect of Doula Support on the Rate of Cesarean Section in Low-Risk Pregnant Black Women

## Madeline Sadlowski

University of Connecticut, Bachelor of Science, Pathology Thesis Title: Computerized Cognitive Behavioral Therapy in Adolescents and Young Adults with Substance Use Disorder

## Stephanie Salas

University of Virginia, Charlottesville, Bachelor of Science in Education, Kinesiology

Thesis Title: The Use of Surgical Prehabilitation to Augment Enhanced Recovery Protocols in Gynecologic Oncology

## Peter Stampfel

The State University of New York, Stony Brook, Bachelor of Science, Biology

Thesis Title: The Effect of Plasma Levels of Matrix Metalloproteinase-9 on Intracranial Aneurysm Progression

#### Siena Tice

Northeastern University, Bachelor of Science, Biological Sciences

Thesis Title: Training Pediatricians to Support Families of Lesbian, Gay, Bisexual, Transgender, and Queer Youth

## Elizabeth Togneri

University of California, Los Angeles, Bachelor of Arts, Comparative Literature

Thesis Title: Sudarshan Kriya Yoga and Alteration in Depression Severity and Default Mode Network Connectivity

## Winifred Tung

Rice University, Bachelor of Arts, Biochemistry and Molecular Biology

Thesis Title: The Effects of Yoga Versus Mindfulness on Anxiety in Individuals with Parkinson's Disease

## Thomas Vulaj\*

University of Massachusetts Amherst, Bachelor of Science, Kinesiology

Thesis Title: Early Use of Vaginal Progesterone and Cervical Pessary to Reduce Preterm Birth Rates in Twins

#### Annabelle Wilcox

University of North Carolina, Chapel Hill, Bachelor of Arts, Biology

Thesis Titles: Navigating Barriers to Affording and Obtaining Insulin and Diabetes Supplies

Racial Disparities in Diabetes Distress and Technology Use in Adolescents with Type 1 Diabetes

★ Pending the completion of all requirements

#### STUDENT ACHIEVEMENT AWARDS

(Selected by Yale PA Program Faculty)

Dr. John P. Hayslett Award for Overall Academic Excellence \$1,000 monetary award

This award was established in memory of the Physician Associate Program's former Medical Director. Dr. John Hayslett was the founding chief of the Section of Nephrology, a prolific scholar, educator, and champion of the PA profession. This award is presented to a student who achieved academic excellence through all phases of the curriculum, embraced extracurricular opportunities, and whose performance exemplified dedication to patient care.

## Yale Physician Associate Program Leadership Award

\$1,000 monetary award

The mission of the Yale Physician Associate Program is to educate individuals to become outstanding clinicians and to foster leaders who will serve their communities and advance the PA profession. We recognize that leadership can take many forms, including service to others and scholarship. This award is presented to the student who went beyond the academic requirements to motivate and inspire others.

#### **AWARDS**

(Selected by the Class of 2021)

## **OUTSTANDING DIDACTIC COURSE AWARD**

for dedication and excellence in the classroom

William Stewart, PhD

Professor of Surgery, Section Chief of Gross Anatomy

## **OUTSTANDING PRECEPTOR AWARD**

for dedication and excellence in clinical education

Joy Reyes, MD

Assistant Professor of Psychiatry

## **OUTSTANDING CLINICAL SITE AWARD**

clinical rotation site that provides exemplary clinical teaching

St. Mary's Primary Care

## **JACK COLE SOCIETY AWARD**

for significant contributions in support of the PA profession

Maria Dalzell, Class of 2021

#### **CLASS OF 2021 AWARD**

for support and dedication to the Yale PA Program and the Class of 2021

Rosana Gonzalez-Colaso, PharmD, MPH

Assistant Professor, Director of Research Education

## HONORS THESIS PROJECT RECIPIENTS

## Kathy Chen

Efficacy of Educational Seminars in Increasing Skin Cancer Screening in Asian Americans

## Jaime Conway

Tucked In: Weighted Blankets to Improve Sleep in Intensive Care Unit Patients

## Alecia Cunniff

Recorded Maternal Song to Reduce Crying Duration in Neonatal Abstinence Syndrome

## Maria Dalzell

Coast of Treatment Conversations Between Primary Care Clinicians and Patients Living with Diabetes

## **Brittney Gunneson**

Behavioral and Emotional Changes Across COVID-19 School Experiences in Children and Adolescents

## **Ashley Harris**

Effect of Aerobic Exercise on Seizure Frequency in Children with Comorbid Epilepsy and Migraine

#### Ariana Hartoonian

Diet and Strength Training Interventions to Decrease Insulin Resistance in Polycystic Ovary Syndrome

## HONORS THESIS PROJECT RECIPIENTS

## **Robert Johnston**

Healthy Aging in Rural Guangdong Province, China

## Carina Leggio

Efficacy of Rimegepant Plus Calcitonin Gene-Related Peptide Monoclonal Antibody for Migraine

## Allison Miller

Complications of Bone Morphogenetic Protein-2 Use in Open Transforaminal Lumbar Interbody Fusion

## Monica Narsolis

Video Cognitive Behavioral Therapy to Prevent Depression in Patients with Inflammatory Bowel Disease

## Stephanie Salas

The Use of Surgical Prehabilitation to Augment Enhanced Recovery Protocols in Gynecologic Oncology

## **Annabelle Wilcox**

Navigating Barriers to Affording and Obtaining Insulin and Diabetes Supplies

Racial Disparities in Diabetes Distress and Technology Use in Adolescents with Type 1 Diabetes

## **CLASS OF 2021 OFFICERS**

Class Presidents Abner Arias-Olson

Chunie Johnson

**Diversity and Inclusion Chairs**Leanne Gonzalez

Dao Ho

Class Communicators Abner Arias-Olson

Nicholas Nielsen

Social Chairs Siena Tice

Annabelle Wilcox

AAPA Representatives Samantha Quinn

Megan McCauley

ConnAPA Representatives Veronica Guirguis

Carina Leggio

Volunteer/Community Outreach Monica Narsolis

Ariana Hartoonian

CT PAF Representative Hannah Carson

GPSS Senator Rachel Blumel

Wellness Chair Elizabeth Togneri

Medical School Council Chairs Dao Ho

Jenna Moscarelli

#### PHYSICIAN ASSOCIATE PROGRAM

## **Faculty**

Alexandria Garino, PhD, PA-C Assistant Professor, Program Director

Mark Perazella, MD

Professor of Medicine, Medical Director

David Brissette, MMSc, PA-C

Assistant Professor, Associate Program Director and Director of Admissions

Elisabeth Cuoco, MMSc, PA-C

Assistant Professor, Associate Director of Clinical Education

Courtney Fankhanel, MMSc, PA-C

Assistant Professor, Director of Clinical Education

Rosana Gonzalez-Colaso, PharmD, MPH

Assistant Professor, Director of Research Education

Elizabeth Roessler, MMSc, PA-C

Assistant Professor, Director of Didactic Education

Jonathan Weber, MA, PA-C

Assistant Professor, Associate Director of Didactic Education

#### Administrative Staff

Chaunell Feliciano, MSN, MS, RN

Associate Director of Administration

Wynne Bottomley, BA

Curriculum Coordinator, Didactic Team

Marisol Britt, BA

Clinical Site Manager

Meridith Cayer, MS

Associate Director of Admissions, Registrar

Peg Gallagher, BS

Program Coordinator

Alison Garb, MBA

Program Analyst

Megan Pendagast, BA

Research Program Manager

Rita Rienzo, MMSc, PA-C

Alumni Engagement Manager

# YALE PHYSICIAN ASSOCIATE PROGRAM Professional Oath

I pledge to perform the following duties with honesty and dedication:

- I will hold as my primary responsibility the health, safety, welfare and dignity of all human beings.
- I will uphold the tenets of patient autonomy, beneficence, nonmaleficence and justice.
- I will recognize and promote the value of diversity.
- I will treat equally all persons who seek my care.
- I will hold in confidence the information shared in the course of practicing medicine.
- I will assess my personal capabilities and limitations, striving always to improve my medical practice.
- I will actively seek to expand my knowledge and skills, keeping abreast of advances in medicine.
- I will work with other members of the health care team to provide compassionate and effective care of patients.
- I will use my knowledge and experience to contribute to an improved community.
- I will respect my professional relationship with the physician.
- I will share and expand knowledge within the profession.

These duties are pledged with sincerity and upon my honor.