

**Over 2,850,000 viewings of her TED TALK!**

**An Evening with  
Dr. Eleanor Longden:**

# **The voices in my head**

**Who is this event for?**

**TED TALK Fans**  
**Voice Hearers**  
**Students**  
**Public**  
**Family Members**  
**Clinicians**

To all appearances, Eleanor Longden was just like every other student in the UK, heading to college full of promise and without a care in the world. That was until the voices in her head started talking. Initially innocuous, these internal narrators became increasingly antagonistic and dictatorial, turning her life into a living nightmare. Diagnosed with schizophrenia, hospitalized, heavily medicated, Longden was discarded by a system that didn't know how to help her. Longden tells the moving tale of her years-long journey back to mental health, and makes the case that it was through learning to listen to her voices that she was able to survive.

**No Registration  
Needed!**

**TUESDAY, APRIL 14**

**7:00 pm - 9:00 pm**

**Anlyan Center for**

**Medical Research (TAC)**

**300 Cedar St., New Haven, CT**

**FREE  
Event!**

Arrive early - Park in the Howard Avenue or the Air Rights Garage

For More Information Call 1-855-810-5924 (toll free)

View Eleanor's TED TALK here: [http://www.ted.com/talks/eleanor\\_longden\\_the\\_voices\\_in\\_my\\_head](http://www.ted.com/talks/eleanor_longden_the_voices_in_my_head)

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**CT**

**Hearing Voices Network**

for people who hear voices, see visions  
and have other unusual perceptions

**We are grateful for support from the Yale Program for Recovery and Community Health.**