



## Yale Sleep Medicine Seminar

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

**YaleCME**  
CONTINUING MEDICAL EDUCATION

# Joint Yale-Harvard-Baystate Sleep Conference: Impact of COVID-19 on Sleep Centers and Mitigation Strategies



**Indira Gurubhagavatula, MD, MPH**

Associate Professor of Medicine  
Division of Sleep Medicine

Perelman School of Medicine, University of Pennsylvania  
Program Director and Chair, AASM COVID-19 Task Force

**Wednesday, September 9, 2020 @ 2pm EDT**

**Moderator: Andrey Zinchuk, MD**

### REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 from 2:45pm-4:15pm on September 9, 2020

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

### ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

### NEEDS ASSESSMENT

The COVID-19 pandemic has required a transformation in the way healthcare is delivered in the field of sleep medicine, demanding the adoption of strategies to reduce the spread of virus. Given a paucity of scientific data during this rapidly-evolving situation, healthcare professionals in sleep medicine are in need of guidance regarding best practices to mitigate the risk of viral transmission in the course of conducting clinical activities in the sleep medicine practice and in the sleep laboratory.

### LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. To understand strategies to mitigate viral transmission in the outpatient setting during the COVID-19 pandemic

2. To understand strategies to mitigate viral transmission in providing sleep medicine diagnostic testing services during the COVID-19 pandemic
3. To understand strategies to mitigate viral transmission in the delivery of positive airway pressure during the COVID-19 pandemic

### DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest  
Indira Gurubhagavatula, MD – No conflict of interest

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.