



### **State SLEEP Conference**

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

# **Mild Sleep-Disordered Breathing**



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# Wednesday, September 18, 2019 @ 2-3 pm

## The Anlyan Center, TAC S-447

### Moderator: Lauren Tobias, MD

There is no corporate support for this activity This course will fulfill the licensure requirement set forth by the State of Connecticut

#### **ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

#### NEEDS ASSESSMENT

Up to 35 million people in USA can meet criteria for mild OSA and thus understand of the diagnosis and treatment options is important.

#### LEARNING OBJECTIVES

At the conclusion of this talk, individuals will learn to:

- 1. To describe the differences in phenotypes between mild OSA, UARS and prolonged partial flow limitation
- 2. To understand limitations of current scoring criteria
- 3. To understand the cardiovascular and neurocognitive risks of mild OSA

#### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>m</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflicts of interest Karin Johnson, MD – Jazz Pharmaceutical, Baystate Health

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