**Norka T. Malberg**

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**Educational Background**

2007 **Doctor in Psychotherapy, Child and Adolescent Psychoanalytic Psychotherapy University**

Dissertation: Analysis of the Impact of a Short Term Mentalization Based Group Intervention for Chronically Ill Adolescents in a Hemodialysis unit on the adherence to medical regime. Supervisor: Peter Fonagy, PhD

University College London, United Kingdom

2005 **Child and Adolescent Psychoanalytic Qualification**

**Four Year-Full Time Training Course**

The Anna Freud Centre, London, United Kingdom

2001 **Master of Science, Developmental Psychoanalytic Psychology**

Thesis: Non Verbal Coding of Story Stems in late adopted children.

Supervisor: Saul Hillman, PhD

University College London, United Kingdom

1993 **Master of Education, Developmental Psychopathology/Risk and Prevention Specialist**

Internship: Therapeutic Day Care, Roxbury, MA

Supervisor: Dr. Catherine Ayoub, PhD

Harvard Graduate School of Education, Cambridge, Massachusetts

1992 **Master of Science, Clinical Mental Health Counseling (Counselor Education)**

Clinical Practicum: Miami Mental Health Center

Supervisor, Dr. Dorita Marina, PhD

Florida International University, Miami, Florida

1990 **Bachelor of Arts, Psychology**

Honors Thesis: Infant Memory

Florida International University, Miami, Florida

**Professional Licenses and Accreditations**

**Accredited,** Psychotherapist, Sociedad Española de Psiquiatría y Psicoterapia del Niño y del Adolescente, Madrid , Spain

**Certification,** Child Psychoanalyst, American Psychoanalytic Association/January, 2012

**Licensed Professional Counselor,** State of Connecticut, Department of Public Health

License # 002074/March,2011

**Accredited Child Psychotherapist**, United Kingdom, Association of Child

Psychotherapists/August , 2005

**Accredited Psychologist**, British Psychological Society, UK/ June, 2001

**Professional Experience**

**Clinical:**

2020-Present **Private Practice**, Children, Adolescents and Adults, Barcelona, Spain

2011-2020 **Private Practice,** Children, Adolescents and Adults, New Haven, CT

2005-2008 **Child Psychotherapist/Psychoanalyst,** The Anna Freud Centre, London, UK

2000-2008 **Private Practice,** Children, Adolescents and Adults, Hampstead, London, UK

2001-2005 **Clinical Candidate**, The Anna Freud Centre, London, UK

2000-2002 **Psychological Testing Coordinator**, The Anna Freud Centre, London, UK

1996-1998 **Coordinator and School Counselor,** School Counseling and Assessment Services, The International Primary School of Zurich, Switzerland

1995-1996 **Clinical** **Director and Psychotherapist**, Private Practice, Children, Adolescents and Adults. MANASI Center for Psychological Services, Santiago, Chile

1990-1992 **Intern /** **Psychotherapist**, Miami Mental Health Center, Miami, Florida

1991-1992 **Intake Coordinator**, Children’s Psychiatric Clinic, Hialeah, Florida

1989-1990 **Community AIDS Educator and Counselor**, Haitian Crisis Center, Coconut Grove, Miami, Florida

**Administrative/Clinical Consultation:**

2020-Present **Clinical Supervisor**, MBT-C Team, Child Mental Health Trust, Belfast, Ireland

2020- Present **Clinical Supervisor**, ECID (Home Visiting for Hard to Reach Adolescent Project) Fundacion Vidal y Barraquer, Barcelona, Spain

2019- 2020 **Clinical Supervisor,** Mental Health Professionals Group, Ying Chang, China

2019- Present **Member**, Organizing Committee, Annual Clinical Colloquium, Anna Freud Center

2019-Present **Clinical Supervisor**, MBT-C Team, Child Mental Health Team, Oslo Norway

2016- Present **Coordinator,** **Anne Marie Sandler Colloquium- Yale Child Study Center**

2014-Present **Clinical Consultant-EDAI, Barcelona, Spain**

Early Childhood Intervention Interdisciplinary Supervision

2013- Present **Clinical Consultant- Cheshire Nursery School, CT**

Staff Training and Consultation

2013-2014 **Senior Clinical Advisor, Child FIRST, CT**

Training, Group and Individual Supervision and Curriculum Development

2009-2014 **Clinical Team Consultant,** MBT Young People’s Service, NHS, Sutton, UK

2012-2013 **Director of Clinical Training and Supervision,** Child FIRST, CT

2011-2012 **Clinical Director/Supervisor**, Child FIRST, Clifford Beers Clinic, New Haven, CT

2008-2010 **Coordinator, Counseling Services and Mentoring Program**, Marco Island Charter Middle School, Marco Island, Florida

2007-2008 **Developer and Coordinator**, Primary Schools Prevention Project, The Anna Freud Centre, London

1996-1998 **Coordinator and School Counselor**, School Counseling and Assessment Services, The International Primary School of Zurich, Switzerland

1993-1994 **Director**, Drop Out Prevention Project, Queensborough Community College

1990-1992 **Director**, Drugs and AIDS Prevention Center, Counseling Center, Florida International University

**Teaching:**

2020-Present **Clinical Faculty**, Masters in Psychodynamic Psychoterapist, Universidad Ramon Llull, Barcelona, Spain.

2017- Present **Master Trainer/Supervisor,** Mentalization Based Therapy for Children, National and International (Europe, Latin America and USA)

2016-Present **Guest Lecturer**, Working with Parents, Integrated Curriculum, Yale Child

Study Center, New Haven, CT

2016-Present **Organizer and Instructor**, Child Psychotherapy Series, Yale Child Study Center, New Haven, CT

2015-Present **Clinical Faculty,** International Psychotherapy Institute, Washington, DC.

Courses on Development and Assessment and Diagnosis

2015-Present **Clinical Faculty**, Massachusetts Institute of Psychoanalysis. Course on Developmental Psychoanalysis

Fall 2013 **Seminar Leader,** Advanced Child Clinical Seminar**,** Institute for Psychoanalytic Training and Research (IPTAR), NYC

2012-Present **Associate Clinical Professor,** Yale Child Study Center

Faculty, International Training School of Infant Mental Health

Seminar Leader, Child Psychiatric Residents, Early Childhood Seminar

2012-Present **Faculty**, Continuing Education Courses, Western New England Society and Institute, New Haven

2012- Present **Seminar Leader**, Developmental Psychoanalysis Courses, Child Program, Contemporary Freudian Society, NYC

2008-Present **Clinical Instructor**, Mentalization Based Family Therapy and Mentalization Based Groups for Adolescents, The Anna Freud Centre, London (Yale/AFC Bridge Project)

2009-2010 **Guest Lecturer**, Department of Psychology. University of Puerto Rico, Rio Piedras.

2007-2008 **Seminar Leader,** Basic Freud Readings, British Association of Psychotherapists (BAP), London, UK

2005-2007 **Seminar Leader**, Mother Infant Seminar, MsC Developmental Psychoanalysis, University College London/Anna Freud Centre

2002-2007 **Assistant Professor**, MSc Developmental Psychoanalysis, University College London, UK

1995-1996 **Assistant Professor,** Department of Psychology, Universidad Diego Portales, Santiago, Chile

**Research:**

2005-2007 **Child Psychotherapist/Researcher,** Great Ormond Street Hospital, Renal Pediatric Unit

2000-2001 **Clinical Researcher**, Adoption Study, The Anna Freud Centre, London

1995-1996 **Principal Investigator**, Sexual Abuse Intervention with teenage girls in Low Income Communities in the Greater Santiago Area (Funded by Ford Foundation)

1992-1993 **Research Coordinator**, Longitudinal Pathways of Maltreatment, Harvard School of Education, Cambridge, MA

1990-1991 **Research Assistant,** Infant Memory Study, Florida International University, Miami, Florida

**Professional Presentations**

2019 Presentación a INTRESS: Introducción al trabajo con padres y niños durante la primera infancia desde una perspectiva del apego en el contexto de trauma y riesgo psico-social. Barcelona, Spain (Noviembre, 2019)

2019 Presentation: From diagnosis to Treatment : a dimensional view .Anna Freud National Centre for Children and Families .Annual Colloquium . UK (November,2019)

2019 Introductory Course to Mentalization, Yale Child Study Center, New Haven , CT (October ,2019)

2019 MBT-C Course (three days), Sociedad Española de Terapia basada en la Mentalización, Hospital Clínico San Carlos, Madrid (Septiembre, 2019)

2019 One week course sponsored for mental health teams by the International Psychoanalytic Association, Yi-Chang, China : Course on Anna Freud Diagnostic Profile and Group Supervisions (August, 2019)

2019 Presentation: The feminine in the mind of the Child, International Psychoanalytic Association, London (July, 2019)

2019 INTRESS: Curso de Introducción a la Mentalizacion para Niños y Familias

Barcelona (Junio , 2019)

2019 MBT-C (Three day Course) Institute for Mentalization, Oslo, Norway (May, 2019)

2019 Plenary: When Peter Pan lurks in the Shadows: Development, Psychoanalysis and the Catastrophic Longitudinal Effect of Childism American Psychological Association, Division of Psychoanalytic Psychology, Philadelphia, US (March,2019)

2019 Oklahoma, Outreach Keynote: Play and its Developmental Value

Oklahoma City Pediatric Hospital, Oklahoma Association of Psychoanalytic Psychology (March, 2019)

2019 Plenary: Aplicaciones Sistémicas e Individuales de la Teoria de la Mentalización en la labor con jovenes en el entorno clinico y educacional . IV Jornadas de Proteccion a la Infancia y Adolescencia, Fundacion Xilema, Pamplona, Spain (March, 2019)

2019 Paper: Working with Children in the Consulting room in the Digital Era. Annual American Psychoanalytic Winter Meeting (February, 2019)

2019 Plenary: Un nuevo enfoque en la intervención con jovenes en riesgo: aportaciones al proceso diagnóstico y al tratamiento social y comunitario. Jornada Jovenes y Salud Mental, Federación Salud Mental Cataluya , Palao Macaya , Barcelona (Noviembre, 2019)

2019 Presentación: Introducción a la Terapia Basada en la Mentalización. CSMA de L’Hospitalet del Llobregat, Barcelona (Noviembre, 2019)

2019 Presentación : Activando la Mentalización en Padres: Un marco Integrador.

GAP (Grupo Asamblea Psicoanalitica), Barcelona (Noviembre, 2019)

2018 Keynote Speaker, Attachment and Therapeutic Action, Conference of the Connecticut Attachment Network, Gateway Community College

2018 Trainer, Attachment and Forensic Assessment, National Organization for the Protection of Children, San José, Costa Rica

2018 Speaker, Play and Development, Fundación Relaciones Sanas, Panamá City, Panamá

2018 Keynote Speaker, European Association for the Study of Mentalization, Madrid, Spain

2018 Keynote Speaker, Edith Jackson Nursery School Annual Conference: On Children and Death, New Haven, CT

2018 Presenter, Annual Symposium Western New England Psychoanalytic, New Haven, CT

2017 Presenter, Panel on Advances on Mentalization Interventions, European

Society for Child and Adolescent Psychiatry (ESCAP), Geneva, Switzerland

2017 Coordinator and Moderator, Anne Marie Sandler Colloquium, Yale Child Study Center and Western New England Psychoanalytic Society, New Haven , CT

2017 Coordinator and Presenter, Lines of Development Conference, International Psychotherapy Institute, Washington DC

2017 Clinical Discussant, Two Day- Child Psychoanalytic Workshop-American Psychoanalytic Association Winter Meeting, New York, New York

2017 Clinical Applications of Attachment to Teaching and Parenting, Oklahoma Psychoanalytic Psychology Association, Oklahoma City. Presentation to the Community at Oklahoma City Children’s Hospital

2016 Attachment, Play and Sexuality: What play looks like. The Hyman H. Fingert, MD, Memorial Lecture Series. St. Louis Psychoanalytic Society and the St. Louis Psychoanalytic Institute, Missouri

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2016 Two Hour Presentation: Applications of MBT when Working with Adolescents and Families. Connecticut Society for Psychoanalytic Psychology, New Haven , CT

2016 How Contemporary Psychoanalysis Can Expand the Reach of Health Psychology Mentalizing the System: Applications of Attachment Research and Theory to Working in Pediatric Hospital Settings. Society for Psychotherapy Integration (SEPI) Annual Meeting, Ireland.

2016 Keynote: Clinical Applications of Attachment Theory to working with children under five in the community. EDAI, Barcelona , Spain.

2016 Working with Parents Panel: On working with gay couples as parents . Winter Meeting of the American Psychoanalytic Association, New York.

2016 Clinical Paper: And three made one: analysis of a young child conceived via assisted reproductive technology” Winter Meeting of the American Psychoanalytic Association, New York.

2015 Clinical Applications of Attachment Theory to working with parents and children. International Object Relations Institute, Panama

2015 Marginalization and Trauma in the Psyche: Working with Parents and Children of Color. Division 39, Psychoanalytic Psychology, American Psychological Association, Spring Meeting, San Francisco.

2015 On Mentalization Based Applications to working with children and adolescents in outreach settings. International Mentalization Based Treatment Conference, The Hague, Holland.

2014 Clinical Presentation on Assisted Reproductive Technology, The Anna Freud Centre, London, UK

2014 On being recognized: The developmental journey of a young boy. Clinical Reflections on the application of Fairbairn’s theory. International Fairbairn Conference. Freud Museum, London, UK, March, 2014

2014 The Conflicting role of the juvenile and welfare systems in caring for the most vulnerable amongst us. Division 39, Psychoanalytic psychology, Spring Meeting , Panel, New York. April, 2014

2014 How modern psychoanalysis can expand the reach of health psychology: Mentalizing the Pediatric Unit. Summer Convention, Panel, Washington, DC. August, 2014

2014 American Psychological Association. All Wired up: Social , Emotional Cognitive Development in a Digital Age Angry Birds in the Consulting Room: Challenges and New Frontiers facing the child psychotherapeutic framework and technique. Summer Convention, Panel , Washington DC

2014 Two Day Clinical Course on Principles of Developmental Psychoanalysis. International Object Realtions Institute, Panama.

2014 American Psychoanalytic Association, Summer Meeting. Child and Adolescent Two-Day Clinical Workshop. Presentation of Psychoanalytic

Work with a 12 year old boy presenting with Reactive Attachment Disorder

2013 Philadelphia Declaration of Play Conference, Presentation: On Working with young children and their parents from a psychodynamic perspective

2013 Again: Multiple Perspectives on a Psychotherapy Case, Philadelphia Society for Psychoanalytic Psychology (PSPP) Key Note Speaker

2013 Clinical Applications of Attachment Theory, Connecticut Psychological Association, Annual Conference, CT

2012 Healing the Generations Conference, Clifford Beers Clinic, CT

Workshop on Clinical Applications of Attachment Research

2012 and 2013 Clinical Trainer, Two Day Course in Mentalization Based Therapy with Families, Yale Child Study Center

2012 Division 39/Spring Meeting, Santa Fe. Paper: A Caged Life: A girl’s discovery of freedom through the co- creation of her life’s narrative

2011 Division 39/Spring Meeting, NYC. Paper: A Mentalization Based Intervention with Adolescent Renal Patients

2010 Joint Conference between Section 2/division 39 and JICAP, NYC. Paper: From Blood Elf to Angry Young Man: An atypical analysis or simply the use of a new facilitating object?

2010 Mentalization Conference, Yale University, Child Study Center, New Haven. Paper: Application of MBT to Hard to Reach Adolescent Populations (Working with Adolescents in the Hospital Setting)

2010 Mentalization Based Interventions for Children and their Families,

University College London, Brunei Gallery, London. Paper: The illness is not in your head: Mentalization Based Interventions in the Hospital Setting.

2009 Division 39/Spring Meeting, San Antonio. Paper: What do you think heaven looks like? Exploring the Subjective Meaning of Chronic Illness in a Multicultural Adolescent Renal Unit from a Psychodynamic Perspective.

2009 Mentalization Conference, UCL, London. Paper: Application of MBT to Hard to Reach Adolescent Populations.

2008 University of Puerto Rico, Mental Health Awareness Conference, Rio Piedras, Puerto Rico. Paper: Contributions of Child and Adolescent Psychoanalysis to the needs of those working in the outreach settings.

2007 American Psychological Association, Annual Conference, San Francisco, CA. Division 39. Paper: Refusing to be Excluded: Innovative Psychodynamic Outreach Innovations

2005 European Association of Adolescent Psychiatry, Annual Conference, London, United Kingdom. Paper: Working with Young People in diverse settings: Innovative Psychodynamic Interventions. Paper given with Dr. Mary Target.

2002 Association of Child Psychotherapists Annual Conference, London, United Kingdom. Paper: Refusing to be Excluded: Working in a Pupil Referral Unit

1996 International Congress of International Schools, Geneva, Switzerland

Paper: Development of a Counseling Service in an IB Primary School

1995 Inter American Congress of Psychology, San Juan, Puerto Rico

Paper: Innovative Ways of Preventive Interventions working with Adolescent Girls at Risk

**Professional Publications**

Bate, J. & Malberg, N. (2020) Containing the Anxieties of Children, Parents and Families from a Distance During the Coronavirus Pandemic . Journal of Contemporary Psychotherapy, Spring.

# Malberg, N. (2020) The Baby in the Cave In: Novick, K. et al. (Eds) Parent Work Casebook. IP Books , New York.

# Malberg, N. (2019) From Reaction to Reflection: Mentalizing in early childhood education. In: Charles, M. & Bellinson, J. (Eds.) The Importance of Play in Early Childhood Education: Psychoanalytic, Attachment, and Developmental Perspectives. Routledge, London.

Greenberg, L., Malberg, N. & Tompkins, M. *Working with Emotion in Psychotherapy: Three Approaches*. (2019) American Psychological Association, Washington

Malberg, N. (2018) Psychodynamic Intervention in an Inpatient Medical Setting. In: Ogrodniczuk, J. & Kealy, D. *Contemporary Psychodynamic Psychotherapy*. Elsevier : New York

Malberg, N. (2018) Looking back while moving forward: Integrating developmental psychoanalysis and contemporary clinical practice. In Axelrod, S.D., Naso, R.C & Rosenberg L.M. *Progress in Psychoanalysis: Envisioning the future of the Profession (Philosophy and Psychoanalysis)* Rutledge: New York.

Pretorious, I. & Malberg, N. (2017) Guest Editors. Special Issue on Anna Freud’s Legacy…The Revised Provisional Diagnostic Profile (2016) Historical Backdrop and Contemporary Integration. *Journal of Infant, Child and Adolescent Psychotherapy*, Volume 176, Number 2 April-June, 2017

Malberg, N.T. & Rosenberg, L. (2017) Section Editors, Child Section: Psychodynamic Diagnostic Manual 2 (PDM2) . Guildford Press: New York

Midgley, N., Ensink, K, Linquist, K, Malberg, N & Muller, N. (2017) Time Limited Mentalization Based Treatment for Children. American Psychological Association. Washington, DC

Malberg, NT & Midgley, N. (2016) Mentalization Based Groups for Adolescents. In: Haen, C. & Aronson,S. (eds) Handbook of Child and Adolescent Group Therapy: A Practitioner’s Reference. Routledge.

Malberg,NT & Mayes, L. (2015) The Developmental Perspective. In Luyten, P., Mayes, L.C., Fonagy, P., Target,M & Blatt, S. (Eds). Handbook of Psychodynamic Approaches to Psychopathology. The Guildford Press.

Malberg, NT (2014) Remembering, Retelling and Rewriting: The Developmental Journey of a Bereaved Adolescent . In: Phyllis Cohen, K. Mark Sossin and Richard Ruth (eds) *Healing after Parent Loss in Childhood and Adolescence: Therapeutic Interventions and Theoretical Considerations.* Rowman & Littlefield Publishers

Malberg, NT (2013) Mentalization Based Group Interventions with Chronically Ill Adolescents: An example of Assimilative Psychodynamic Integration? *Journal of Psychotherapy Integration, Vol. 23, No.1:5-3*

Malberg, NT & Mayes, L. (2013) The Contemporary Psychodynamic Developmental Perspective. *Child and Adolescent Psychiatric Clinics of North America. Vol.22, Number 1*

Malberg, NT (2012) Clinical Commentary: Saving the Treatment. *The Psychoanalytic Study of the Child, Volume 66,* New Haven: Yale Press

Malberg, NT (2012) Creating Security by Exploring the Personal Meaning of Chronic Illness in Adolescent Patients. In: O’Reilly-Landry, Maureen (Ed) *A Psychodynamic understanding of Modern Medicine: Placing the person at the center of care.* Radcliffe Medical Press

Malberg, NT & Raphael-Leff, J (Eds) (2012) *The Anna Freud Tradition: Lines of Development- Evolution of Theory and Practice over the Decades.* Karnac Books

Malberg, NT (2011) From Blood Elf to Angry Young Man: An atypical analysis or simply the use of a new facilitating object. *Journal of Infant, Child and Adolescent Psychotherapy, Volume 10,Number 4, October-December*

Malberg, NT; Fonagy, P. & Mayes, L. (2009) Contemporary Psychoanalysis in a Pediatric Hemodyalisis Unit: Development of a Mentalization-Based Group Intervention for Adolescent patients with End-Stage Renal Disease. *The Annual of Psychoanalysis. Volume XXXVI-XXXVII, 2008-2009,* Mental Health Resources, Catskill, New York

Malberg, N (2008) Refusing to be excluded: finding ways of integrating psychotherapeutic modalities to the emerging needs of a Pupil Referral Unit, *Journal of Child Psychotherapy, Volume, 34, Issue, pages 101-110*

**Editorial Appointments**

Editorial Board, Journal of Infant, Child and Adolescent Psychotherapy (JICAP)

Editorial Board, Psychoanalytic Study of the Child

Reviewer: Journal of Psychotherapy Integration

Reviewer: Routledge Books

Series Editor: Lines of Development Series, Karnac Books

**Professional Affiliations**

**Psychoanalytic Societies**

Member, Contemporary Freudian Society

Corresponding Member, Western New England Society and Institute

Guest Member, Spanish Psychoanalytic Society

Professional Associations

Member, American Psychoanalytic Association

Member, Association for Child Psychoanalysis (Board Councilor 2011-2014)

Member, American Psychological Association

Member, Division 39-Psychoanalytic Psychology (Past President-Section 2 -Children and Adolescents 2012-2014)

Member, British Psychological Society

Member, Association of Child Psychotherapy, UK

**Languages Spoken**: English and Spanish