MENTAL HEALTH AND COVID-19
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OLDER ADULTS

Older adults are particularly at risk for loneliness and social isolation as they are:

- More likely to live alone
- Less likely to have internet

Strategies to address this risk

SUBSTANCE USE

Social isolation is a trigger for substance use

Need for alternative opioid treatment programs

Need for virtual individual therapy and group therapy

POTENTIAL PSYCHIATRIC OUTCOMES OF COVID19 SURVIVORS

Up to 25% of patients who had ARDS suffer from PTSD & other mood disorders after hospitalization for acute lung injury

Hospitalized COVID19 survivors are at an increased risk for:
- Anxiety
- Chronic Fatigue

Mental Health Support should be provided to both front-line and non-frontline healthcare workers.

Potential mental health interventions for healthcare workers:

- Schwartz Rounds for Moral Injury
- Battle Buddies
- WHO self-help plus

Citations

6. SIMHSA. OTP Guidance for Patients Quarantined at Home with the Coronavirus. 2020.