RHEUMATOLOGY GRAND ROUNDS

*Presented by*

Yale School of Medicine’s, Department of Internal Medicine,

Section of Rheumatology

**“Treat to Target in SLE”**

**Vaidehi Chowdhary, MBBS, MD**

Clinical Chief, Section of Rheumatology

**Date: Wednesday, November 20, 2019**

**Location: 300 Cedar St., TAC Building Room N-203**

**Time: 8:00-9:00 am**

**Course Director/Host: Fotios Koumpouras, MD**

***There is no corporate support for this activity***

This course will fulfill the licensure requirement set forth by the State of Connecticut

**ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**TARGET AUDIENCE**

Department faculty, attending physicians, subspecialty fellows, community physicians, resident house staff, physician assistants and medical students.

**NEEDS ASSESSMENT**

Systemic lupus erythematosus (SLE) is a disease with clinical heterogeneity and unpredictable course making the therapeutic approach highly variable and often guided by the predominant disease manifestations including both patient symptoms and organ involvement. The treat-to-target (T2T) approach has been utilized in other diseases such as rheumatoid arthritis, however it has been difficult to apply to SLE given lack of validated targets. Definitions of low disease activity and remission are still being refined. Other targets include reduction of damage accrual, minimization of glucocorticoid therapy, assessment and treatment of comorbidities, and acquiring good quality of life. Vaidehi Chowdhary, MD will review the current T2T recommendations, will identify the challenges associated with the T2T approach, and will examine achieving low disease activity as an alternative to T2T.

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants will be able to:

1. Review treat to target recommendations

2. Identify challenges associated with treat to target approach

3. Examine achieving low disease activity as an alternative to T2T

**DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**FACULTY DISCLOSURES**

*Speaker:* Vaidehi Chowdhary,MD – NONE

*Course Director:* Fotios Koumpouras, MD- Celgene (honorarium), Aurora (research grant), EMD, ULB, GSK (research grant)

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