

## 2025 Medical and Dental Benefits Costs - Monthly

<b>Yale Health Plan (YHP)</b>	<b>Full Cost</b>	<b>Yale Subsidy</b>	<b>Resident Cost</b>
Single	\$1001	\$1,001	0
Single + Child(ren)	\$1,902	\$1,902	0
Single + Spouse	\$2,102	\$2,102	0
Family	\$3,003	\$3,003	0

<b>Aetna Choice POS II</b>	<b>Full Cost</b>	<b>Yale Subsidy</b>	<b>Resident Cost</b>
Single	\$1,343	\$1,001	\$342
Single + Child(ren)	\$2,360	\$1,902	\$458
Single + Spouse	\$2,608	\$2,102	\$506
Family	\$3,726	\$3,003	\$723

<b>Aetna Smart Care Plan</b>	<b>Full Cost</b>	<b>Yale Subsidy</b>	<b>Resident Cost</b>
Single	\$982	\$982	0
Single + Child(ren)	\$1,837	\$1,837	0
Single + Spouse	\$2,019	\$2,019	0
Family	\$2,875	\$2,875	0

<b>Dental Plan</b>	<b>Full Cost</b>	<b>Yale Subsidy</b>	<b>Resident Cost</b>
Single	\$49	0	\$49
2-Person	\$98	0	\$98
Family	\$152	0	\$152

These rates are valid through 12/31/25 and will likely change as of 1/1/26. YHP will remain a no-cost option for residents.