



Yale Sleep Medicine Seminar

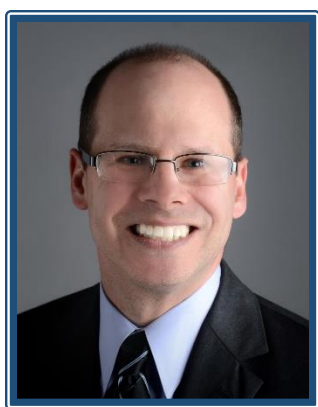
YaleCME
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Joint Yale-Harvard Sleep Conference

Wearable Wars: Evolution in Sleep Assessment?



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Wednesday, February 10, 2021 @ 2pm EST

Moderator: Lawrence Epstein, MD

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 from 1:45pm-3:15pm day of session.

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

The world of sleep medicine has been evolving over the last several years. Increasing use of consumer sleep technology (CST) to track sleep has occurred, impacting clinical interactions with Sleep patients. Understanding the types of technology and the data obtained will help clinicians discuss this information accurately and effectively with our patients.

LEARNING OBJECTIVES

At the conclusion of this talk, participants will learn

1. Understand the evolution of consumer sleep technology over the last several years
2. Identify types of currently used consumer sleep technology
3. Increase the ability to comprehend the basic underpinnings of current consumer sleep technology

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest
Douglas Kirsch, MD – No conflict of interest

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