

ALCOHOL USE DISORDERS IDENTIFICATION TEST (AUDIT)

Total

AUDIT

For the following questions about drinking, please keep in mind that for our purposes, one drink equals: one 12 oz. beer, or one 5 oz. glass of wine, or one 12 oz. wine cooler, or one 1 ½ oz. shot of liquor or one mixed drink containing 1 shot of liquor

1. How often do you have a drink containing alcohol?

- ...Never [0]
- ...Monthly or less [1]
- ...Two to four times a month [2]
- ...Two to three times a week [3]
- ...Four or more times a week [4]

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

[Code number of standard drinks]

- ...1 or 2 [0]
- ...3 or 4 [1]
- ...5 or 6 [2]
- ...7 to 9 [3]
- ...10 or more [4]

3. How often do you have six or more drinks on one occasion?

- ...Never [0]
- ...Less than monthly [1]
- ...Monthly [2]
- ...Weekly [3]
- ...Daily or almost daily [4]

4. How often during the last year have you found that you were not able to stop drinking once you had started?

- ...Never [0]
- ...Less than monthly [1]
- ...Monthly [2]
- ...Weekly [3]
- ...Daily or almost daily [4]

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5. How often during the last year have you failed to do what was normally expected from you because of drinking?
- ...Never [0]
 - ...Less than monthly [1]
 - ...Monthly [2]
 - ...Weekly [3]
 - ...Daily or almost daily [4]
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
- ...Never [0]
 - ...Less than monthly [1]
 - ...Monthly [2]
 - ...Weekly [3]
 - ...Daily or almost daily [4]
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
- ...Never [0]
 - ...Less than monthly [1]
 - ...Monthly [2]
 - ...Weekly [3]
 - ...Daily or almost daily [4]
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
- ...Never [0]
 - ...Less than monthly [1]
 - ...Monthly [2]
 - ...Weekly [3]
 - ...Daily or almost daily [4]
9. Have you or someone else been injured as a result of your drinking?
- ...No [0]
 - ...Yes, but not in the last year [2]
 - ...Yes, during the last year [4]
10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?
- ...No [0]
 - ...Yes, but not in the last year [2]
 - ...Yes, during the last year [4]

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