



## The Connecticut Society for Psychoanalytic Psychology

Presents a Clinical Conference

**Suzanne Iasenza, PhD**

### Let's Talk About Sex: Developing Clinical Comfort & Competence Working with Sexual Issues in Psychotherapy

**Summary:** Sexuality issues can feel challenging in psychotherapy. Some psychotherapists feel unprepared to delve into the issues because they haven't had sufficient training in human sexuality. Others feel challenged by the complexities and mysteries of common presenting problems such as the effects of trauma on sexuality or the influence of desire on couple sexuality. This presentation will provide expansive models of sexual response and new approaches to standard sex therapy techniques. Case material will illustrate integration of systems, psychodynamic, and cognitive behavioral thinking as well as working across same and mixed sex couples.

**Suzanne Iasenza, PhD** is on the faculties of the Institute for Contemporary Psychotherapy and Psychoanalysis (ICP) and the Adelphi University Derner Institute's Postgraduate Program in Psychoanalysis and Psychotherapy. She also teaches in the workshop series at the Ackerman Institute for the Family. She is co-editor of the books *Lesbians and Psychoanalysis: Revolutions in Theory and Practice* (1995) and *Lesbians, Feminism, and Psychoanalysis: The Second Wave* (2004) and maintains a private practice in psychotherapy and sex therapy in New York City. Her most recent paper, "What's Queer About Sex: Expanding Sexual Frames in Theory and Practice" (2010) was published in the journal *Family Process*.

#### **Location**

The New Haven Lawn Club  
193 Whitney Ave, New Haven

#### **Conference Schedule**

10:00 – 10:30 Registration and Continental Breakfast  
10:30 – 12:30 Presentation

### **Educational Objectives**

- Participants will be able to identify and explain the significance of various models of sexual response.
- Participants will be able to identify contemporary sex therapy techniques.
- Participants will be able to discuss how to integrate psychodynamic, systems, and cognitive behavioral approaches in working with sexual concerns.

### **Recommended Readings**

lasenza, S. (2010). What is queer about sex?: Expanding sexual frames in theory and practice. *Family Process*, 49 (3), 291-308.

lasenza, S. (2006). Low sexual desire in gay, lesbian, and heterosexual peer marriages. In JS Scharff & DE Scharff (Eds), *New paradigms for treating relationships*. NY: Jason Aronson.

Mitchell, S. A. (2002). *Can love last?: The loss of romance over time*. NY: W.W. Norton & Co.

### **Lunch**

Following the presentation a small group of members has lunch with the presenter. If you would like to join us please email Ellen Nasper, Ph.D. [enasper@aol.com](mailto:enasper@aol.com) by Monday, September 14, 2015.

### **Participants**

The conference is appropriate for professionals interested in the practice of psychoanalysis and psychoanalytic psychotherapy. The instructional level of this conference is intermediate

### **Continuing Education**

This conference has been approved for 2 continuing education hours (NASW & Div. 39)

*Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Participants are asked to be aware of needs for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them.* Please address questions, concerns and any complaints to Ellen Nasper, Ph.D., at [enasper@aol.com](mailto:enasper@aol.com).

# Conference Registration

We welcome **online registration** for our conferences at [cspponline.org](http://cspponline.org) or you may mail in the form below.

## Mail in Registration Form

Please print and complete this form and return by regular mail with check to: Carrie Christensen, LCSW, 441 Orange Street #5, New Haven, CT 06511

**Please make checks payable to CSPP.**

### Conference FEES

Members Early Registration \$40.00 \_\_\_\_

(Postmarked by 9/12/15)

Members Registration \$50.00 \_\_\_\_

Non-Members of CSPP Early Registration \$50.00 \_\_\_\_

(Postmarked by 9/12/15)

Non-Members Registration \$60.00 \_\_\_\_

Early Career Members (within 7 years of degree) \$25.00 \_\_\_\_

Retired Members \$25.00 \_\_\_\_

Student — Members of CSPP \$10.00 \_\_\_\_

Student — Non-Members \$15.00 \_\_\_\_

APA Certificate \$3.00 \_\_\_\_

NASW-CT Certificate \$3.00 \_\_\_\_

TOTAL \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Professional Degree \_\_\_\_\_

Email Address \_\_\_\_\_

How did you learn about this conference?

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**Need to update your contact information?** Please login to your profile at [cspponline.org](http://cspponline.org) and make any changes. You can also contact Douglas Rau, PhD (Corresponding Secretary) at [douglas.rau@yale.edu](mailto:douglas.rau@yale.edu).

**Refunds** will be given in full if the Conference Registrar, Carrie Christensen, LCSW, is contacted by Monday May 11, 2015.

**Directions to the New Haven Lawn Club at 193 Whitney Ave, New Haven.** From either north or south bound directions, take Exit 3 from I-91 and go straight 2 blocks on Trumbull and turn right on Whitney. The New Haven Lawn Club is 2-1/2 blocks on right just across from the Peabody Museum.

## About the Connecticut Society for Psychoanalytic Psychology (CSPP)

CSPP is a local chapter of the Division of Psychoanalysis (39) of the American Psychological Association. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. 2 continuing education (CE) credits are available for this program. Division 39 maintains responsibility for this program and its content. Social workers can receive continuing education credit through NASW/CT. If CE credit is desired, please mark the appropriate box on the registration form and include the \$3.00 fee as indicated. In addition, 100% attendance and a completed evaluation form is required to receive CE credit.

This program has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT and meets the continuing education criteria for Social Work Licensure renewal.

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**CSPP Membership:** Membership is open to all mental health professionals (\$85 annual dues); early career (less than 7 years since degree, \$50 annual dues); retirees (\$30 annual dues); and graduate students (\$20 annual dues). For further information on membership in CSPP please visit our website at [www.CSPPonline.org](http://www.CSPPonline.org)